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Sailings of September 11th through October 23rd, 2010  
Norwegian Dawn, Norwegian Jewel & Norwegian Spirit

### NCL's Shore Excursions

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Updated: July 13, 2010

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## Tour Indicators/Symbols

- Level 1: Involves walking over relatively level terrain, possibly some cobblestone, gravel or a few steps. Comfortable shoes are recommended.
- Level 2: Involves a considerable amount of physical activity such as substantial walking over cobblestone streets, climbing stairs or steep terrain. They're not recommended for guests with walking difficulties. Comfortable, sturdy shoes are recommended.
- Level 3: Involves physical exertion for extended periods. The terrain may be uneven or steep. It can also indicate a need for swimming in a light current, biking or horseback riding. Recommended only for physically fit and adventurous travelers.
- Guests with Disabilities: These tours may accommodate guests with limited mobility or in wheelchairs (wheelchair must be collapsible). Please contact the Shore Excursion staff upon boarding to ensure that your needs can be accommodated.
- Meal: Mmmm - these tours include meals. Got a special dietary need? Head to the Shore Excursions Desk and they'll be happy to help you out.
- Age Requirements: These tours have specific age requirements.
- Weight Requirements: These tours have specific weight requirements.
- Ultimate Touring: With NCL's Ultimate Touring, experience custom luxury adventures like yacht charters, VIP tours and small group touring for your family, or tours just for two.
- Debark: At the end of the tour, you'll be transferred to the airport, an NCL program hotel or an assigned central location for your convenience (please reconfirm onboard with the Shorex Desk for locations). While on board, please confirm that your flight departure time will allow you to participate on this tour. Guests are responsible for ensuring their debarkation tours are compatible with their departure flight times. If a tour departs later than scheduled due to unforeseen reasons, please be advised that the tour will still run in its entirety. Guests should ensure they still have enough time to catch their flight despite the delay. Please allow extra time in case of delays. Guests should refer to the details section of their selected tour for more information.

## Bar Harbor, Maine

Tour Code: BHB\_01

Acadia National Park

Approximate Duration: 2 ¼ hours

Level 1

Featuring one of the most scenic drives on the east coast, Acadia is one of the most visited National Parks in the United States. You'll first pass through the quaint town of Bar Harbor to view some of the charming Victorian Mansions built by America's rich and famous at the turn of the century. Entering the National Park, your journey along the 27-mile Park Loop Road will take you along the ocean's edge passing Sand Beach, Schooner Head Overlook, and the High Seas mansion built by a wealthy gentleman whose wife perished on the Titanic. Continue past Otter Cliffs and the Gulf of Maine with beautiful views of the offshore islands. Travel through pine forests and past the Jordon Pond House with a beautiful view of the Penobscot Mountains and Bubbles Hill. Keep your eyes open for birds of prey, black bear and white tail deer as you make your way around the Park Loop Road. Your tour culminates (weather permitting) with a photo stop atop the 1,530-foot Cadillac Mountain, offering a 360-degree panoramic view of granite cliffs, coastal mountains, forests, lakes, and valleys.

**Note:** At Cadillac Mountain, walking is at your discretion. Walking surfaces are paved and partially accessible by wheelchair, but there are some uneven, slippery-when-wet areas and some steps. If weather conditions dictate, Cadillac Mountain will be substituted with a stop at Jordan Pond or the Visitors Center. The order of the stops might be reversed to avoid congestion.



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Tour Code: BHB\_02

Acadia National Park & Lobster Bake

Approximate Duration: 3 ½ hours

Level 1, Meal

This tour combines the highlights of the Acadia National Park tour with a true 'Down East' lobster bake. Your journey takes you along the 27-mile Park Loop Road offering spectacular coastal, mountain and forest scenery. You'll first pass through the quaint town of Bar Harbor to view some of the charming Victorian mansions built by America's rich and famous at the turn of the century. Entering Acadia National Park, your journey on Park Loop Road will take you along the ocean's edge and the spectacular scenery of Maine's rocky coastline. A photo stop will be made at Thunder Hole, where the ocean swells converge against the granite cliffs to create a thunderous roar. Continuing past Otter Cliffs and the Jordon Pond House, you'll make your way (weather permitting) to the 1,530-foot summit of Cadillac Mountain, the highest point on North America's Eastern seaboard. With a 360-degree panoramic view, you'll see how glaciers carved through the granite cliffs to form a beautiful landscape of lush forest, lakes and valleys. You'll then be treated to a true 'Down East' lobster bake in a beautiful setting along the coast. Pulled fresh from ocean water, enjoy typical Maine lobster drizzled with butter as well as all the trimmings.

**Note:** Steak is available for non-lobster eaters. Walking is at your discretion. Most surfaces are paved but there are some uneven, slippery-when-wet areas and some steps. There is a 50 to 100 yard walk with approximately 20 steps to see the actual sea cave at Thunder Hole. Guests are advised to stay on the path and not stray to the rocky area. The stop at Cadillac Mountain will not be made in adverse or foggy weather conditions. A visit to the Acadia National Park Visitors Center or alternative location will be made instead. The order of the stops might be reversed to avoid congestion.

Tour Code: BHB\_03

Acadia National Park & Carriage Ride

Approximate Duration: 3 hours

One man-made aspect of Acadia National Park that never fails to impress and fascinate visitors is the 57 miles of rustic carriage roads, which weave through the park. After a short drive along a portion of the Park Loop Road, travel back in time to the turn of the century as you board your 15-passenger horse-drawn carriage for an approximately one-hour scenic ride along the famous Carriage Trails around Day Mountain. Built by philanthropist John D. Rockefeller, Jr. between 1913 and 1940, the beautifully designed gravel byways afford a unique and close-up view of the Acadia National Park landscape. Made of hand-cut stone and rock, the extensive motor-free trails are enjoyed today by hikers, bicyclists, horse riders and carriages. Weather permitting, continue along the Park Loop Road, making your way to the 1,530-foot Cadillac Mountain, highest point on North America's Eastern Seaboard. With a 360-degree panoramic view, you'll see how glaciers carved through the granite cliffs to form a beautiful landscape of lush forest, lakes and valleys. On foggy days the tour does not visit Cadillac Mountain.

**Note:** Walking is at your discretion. Most surfaces are paved but there are some uneven, slippery-when-wet areas and some steps. The stop at Cadillac Mountain will not be made in adverse or foggy weather conditions; a visit to the Acadia National Park Visitors Center or alternative location will be made.

Tour Code: BHB\_05

Best of Both Worlds

Approximate Duration: 4 hours

Level 1

Encompassing the best that Bar Harbor has to offer, this tour includes not only the beautiful scenery of Acadia National Park and Cadillac Mountain, but you'll also learn about the fascinating world of the lobster fisherman with a visit to the Lobster Oceanarium and journey back in time with a visit to 'Turrets', one of Bar Harbor's beautifully restored cottages. Departing the pier, your scenic drive along the Park Loop Road includes all of the highlights of the Acadia National Park tour. Your journey along Park Loop Road will take you along the ocean's edge passing Otter Cliff and Thunder Hole where the ocean swells converge against the granite cliffs to create a thunderous roar. Depending on traffic and weather conditions, a photo stop will also be made at Thunder Hole. You'll make your way to one of the most scenic spots in all of Acadia National Park: Cadillac Mountain. From this, the highest point on North America's Eastern Seaboard, you'll enjoy the 360-degree panoramic view and see how glaciers carved through the granite cliffs to form a beautiful landscape of lush forest, lakes and valleys. You'll then continue to the Lobster Oceanarium and Museum where visitors of all ages have the opportunity to see and learn about Maine's lobster industry. A licensed Maine lobstermen will explain the life cycle of the lobster, and demonstrate how lobsters are caught, making their way from the ocean to your dinner table. Continuing back to



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Bar Harbor, enjoy the unique ambiance of the Turrets Mansion, one of Bar Harbor's last remaining summer mansions located on the College of the Atlantic campus overlooking Frenchman Bay. The Turrets is on the National Register of Historical Places.

**Note:** At Cadillac Mountain, walking is at your discretion. Walking surfaces are paved and partially accessible by wheelchair, but there are some uneven, slippery-when-wet areas and some steps. If weather conditions dictate, Cadillac Mountain will be substituted with a stop at Jordan Pond or the Visitors Center. The order of the stops might be reversed to avoid congestion.

Tour Code: BHB\_07

Whale Watching

Approximate Duration: 3 ½ hours

Level 1

As whales migrate from the coast of Greenland to the Caribbean Sea, Bar Harbor and the coast of Maine are among the best whale watching sites in the world. Accompanied by an experienced naturalist guide, you'll learn about the history and habits of the largest mammals on earth as well as the variety of other marine life indigenous to the coastal waters of Maine. As you make your way to the feeding grounds you'll pass the lovely Porcupine Islands, Egg Rock Lighthouse and have a spectacular view of Cadillac Mountain. Upon arrival at the feeding grounds watch for finbacks, humpbacks and minke, which are most commonly found off the coast of Bar Harbor. With a little luck, you may also encounter the rare right whale, pilot whale, dolphins and basking sharks. An abundance of other marine life that also make these waters their home include seals, porpoise, and a variety of seabirds such as the storm petrel, shearwater and northern gannet. Be sure to bring your camera and warm clothing for this once-in-a-lifetime adventure.

**Note:** All adult participants must show a valid photo ID to board the whale watch vessel. We recommend that you dress warmly, wear layered clothing, rubber-soled shoes and bring sunglasses and sunscreen. Wildlife sightings are frequent, but not guaranteed.

Tour Code: BHB\_08

Acadia National Park & the Looking Glass

Approximate Duration: 3 hours

Level 1

Travel the 27-mile-long Park Loop Road to Hull's Cove and Cadillac Mountain passing famous sights including Jordan Pond House, Otter Cliffs and Thunder Hole, where ocean swells converge against granite cliffs to create a thunderous roar. Most of the park was donated by the Rockefeller family: winding through the park, you see hand-cut stone bridges and other evidence of the family's elaborate carriage trails. Depending upon weather conditions, stop for a souvenir photo atop Cadillac Mountain, the highest peak on the Atlantic coast north of Rio de Janeiro. The summit offers spectacular views of Bar Harbor and its surrounding islands. After visiting the park, enjoy a typical Maine seasonal dessert accompanied by tea, coffee or a cool beverage at the Looking Glass Restaurant, featuring commanding views of Frenchman Bay. The restaurant is located on the estate formerly owned by Mary Roberts Rinehart, a mystery writer of the late 19th and early 20th centuries. During the tour you'll also pass by some of Bar Harbor's city sights as well as mansions built by some of the country's most prominent citizens. Today, many have been converted to quaint Bed and Breakfast Inns.

**Note:** Walking is at your discretion. Most surfaces are paved but there are some uneven, slippery-when-wet areas and some steps. The photo stop at Cadillac Mountain is paved and partially accessible by wheelchair. However, there is very limited time for unloading with a lift at each stop. In adverse or foggy weather conditions, the Cadillac Mountain stop will be substituted with a visit to the Acadia National Park Visitors Center. The order of the stops might be reversed to avoid congestion.

Tour Code: BHB\_09

Bar Harbor & Cadillac Mountain

Approximate Duration: 1 ½ hours

Level 1

Nestled between the mountains of Acadia National Park and the Atlantic Ocean on Mount Desert Island, Bar Harbor has attracted visitors, naturalists and scientists for decades. Pass the College of the Atlantic, devoted to marine biology with an emphasis on whale management, and learn about Jackson Laboratory, a unique medical research facility working to help solve some of the world's most urgent medical challenges. Catch a glimpse of Bar Harbor's attractions including the Village Green and beautiful 'summer cottages' originally built by wealthy Victorian era residents that survived the Great Fire of 1947 and now operate as Bed and Breakfast Inns. Your guide will share the intimate secrets and tales of a magnificent era when fabulously wealthy residents tried to



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outdo each other with their lavish parties and opulent lifestyles. Pass by the impressive St. Saviour's Church featuring 10 original Tiffany stained glass windows. The backdrop to Bar Harbor is the famous Cadillac Mountain, centerpiece of Acadia National Park. Enjoy a journey to the summit of Cadillac Mountain, the highest point on North America's Eastern Seaboard. With a 360-degree panoramic view, you'll see how glaciers carved through the granite cliffs to form a beautiful landscape of lush forest, lakes and valleys. From this vantage point you'll have magnificent views of Frenchman Bay, the Porcupine Islands, the Atlantic Ocean, Acadia National Park and your cruise ship.

**Note:** Walking is at your discretion. Most surfaces are paved but there are some uneven, slippery-when-wet areas and some steps. The photo stop at Cadillac Mountain is paved and partially accessible by wheelchair. However, there is very limited time for unloading with a lift at each stop. In adverse or foggy weather conditions, the Cadillac Mountain stop will be substituted with a visit to the Acadia National Park Visitors Center. The order of the stops might be reversed to avoid congestion.

Tour Code: BHB\_10

Schooner & Cadillac Mountain

Approximate Duration: 3 ½ hours

Level 1

Take in Bar Harbor's stunning scenery by land and sea on this relaxing half-day excursion. Embark your motorcoach for a scenic drive through Acadia National Park's spectacular coastal, mountain and forest scenery. Pass through the quaint town of Bar Harbor to view some of the charming Victorian Mansions built by America's rich and famous at the turn of the century. Take in the spectacular scenery of the national park and enjoy a photo stop from atop the 1,530-foot Cadillac Mountain, the highest point on North America's Eastern Seaboard. With a 360-degree panoramic view, you'll see how glaciers carved through the granite cliffs to form a beautiful landscape of lush forest, lakes, and valleys. Returning to sea level, you'll embark the 'Margaret Todd', a new 151-foot, four-masted schooner, for an approximately 1 1/2-hour relaxing sail on Frenchman Bay. Your Captain will navigate this magnificent vessel around the Porcupine Islands offering panoramic views of the seaside village of Bar Harbor and Acadia National Park with the imposing Cadillac Mountain as a backdrop. Along the way your Captain provides commentary on the geological points of interest as well as wildlife such as the porpoise, seal, osprey and bald eagle that are often sighted in the area.

**Note:** The schooner may be under both sail and motor power depending on wind conditions and will operate rain or shine so dress in layers and bring along a rain jacket and your binoculars! Walking is at your discretion. Most surfaces are paved but there are some uneven, slippery-when-wet areas and some steps. Margaret Todd is not wheelchair accessible. The stop at Cadillac Mountain will not be made in adverse or foggy weather conditions. A visit to the Acadia National Park Visitors Center will be made instead. The order of the stops might be reversed to avoid congestion.

## Boston, Massachusetts

Tour Code: BOS\_01

Scenic Boston (Ending at the Airport)

Approximate Duration: 2 ½ hours

Level 1, Debarck

Enjoy the highlights of Boston as this panoramic tour takes you past the city's most important and scenic sites. See Copley Square, one of the city's most attractive spots bordered by the architectural wonders of Trinity Church and the Boston Public Library. Along Newbury Street, you'll pass exclusive boutiques, trendy cafes and the Public Garden. In the heart of the city and overlooking the green oasis of Boston Common lies one of the most elegant and wealthiest neighborhoods in the city, Beacon Hill. Passing the gold dome of the Massachusetts State House, you'll see the Old South Meeting House where the Boston Tea Party began. Looking across the Charles River as the patriots did in April of 1775, catch a glimpse of the steeple of Old North Church where Paul Revere ordered two lanterns hung in the steeple to signal that the British Redcoats were on the move.

**Note:** This tour is only available for Norwegian Spirit guests with flights after 2:00 PM or who have an extended stay in Boston. Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. This tour does not necessarily drop off at all NCL program hotels, please check with the Shore Excursion staff onboard as to which hotel drop-offs are available. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.



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Tour Code: BOS\_02

Scenic Boston

Approximate Duration: 2 hours

Level 1

Enjoy the highlights of Boston as this panoramic tour takes you past the city's most important and scenic sites. See Copley Square, one of the city's most attractive spots bordered by the architectural wonders of Trinity Church and the Boston Public Library. Continuing through the upscale residential area of Back Bay and along Newbury Street, you'll pass exclusive boutiques, trendy cafes and the Public Garden. In the heart of the city and overlooking the green oasis of Boston Common lies one of the most elegant and wealthiest neighborhoods in the city, Beacon Hill. Passing the gold dome of the Massachusetts State House, you'll see the Old South Meeting House where the Boston Tea Party began. Looking across the Charles River as the patriots did in April of 1775, catch a glimpse of the steeple of Old North Church where Paul Revere ordered two lanterns hung in the steeple to signal that the British Redcoats were on the move.

**Note:** Tour itinerary may vary due to traffic conditions.

Tour Code: BOS\_03

Historic Boston & Cambridge

Approximate Duration: 3 ½ hours

Level 2

Enjoy all the highlights of the Scenic Boston tour as well as a short walk through the historic North End and a visit to Cambridge. During your scenic tour of Boston you'll pass the highlights of the city including Copley Square, Trinity Church, Boston Public Library, Back Bay, Newbury Street, Public Garden, Boston Common, Beacon Hill and the Massachusetts State House. A visit will be made to the Old North Church where Paul Revere ordered two lanterns hung in the steeple to signal that the British Redcoats were approaching by sea. Continuing across the Charles River to Cambridge, you'll see a number of New England-style red brick buildings, unique cafes and splendid bookstores. Disembarking your coach in Harvard Square, you'll have an opportunity to stroll past the hallowed halls of America's oldest and most prestigious university.

**Note:** Tour itinerary may vary due to traffic conditions. Tour includes a slow 10-minute walk to and from the Old Church on partially hilly terrain and free time in Harvard Yard, walking at guest's discretion.

Tour Code: BOS\_04

Freedom Trail Walk

Approximate Duration: 3 ½ hours

Level 1

Travel back to revolutionary Boston with a walk along the Freedom Trail. Your experienced guide will reveal the sites and scenes of critical events that paved the way for American independence. Highlights include the Massachusetts State House, Park Street Church and the Granary Burying Ground, the final resting place of many famous Americans including John Hancock, Samuel Adams and Paul Revere. You'll see the site of America's first public school and the Old Corner Bookstore where the nation's greatest authors often gathered, including Emerson, Longfellow and Hawthorne. In the heart of Old Boston is the Old South Meeting House, where angry colonists met on the eve of the Boston Tea Party. Near the circle of stones in front of the Old State House, you'll hear the story of the Boston Massacre, the first bloodshed of the Revolution. Passing Faneuil Hall, continue to the North End, Boston's oldest surviving residential neighborhood and home of Paul Revere. Before returning to the pier, a visit will be made to the Old North Church where Paul Revere ordered two lanterns hung in the steeple to signal that the British redcoats were approaching.

**Note:** Total distance covered is about two miles, with approximately three hours of slow walking and standing. Not possible for guests in wheelchairs or with limited mobility.

Tour Code: BOS\_05

Lexington & Concord

Approximate Duration: 4 hours

Level 1

Enjoy a scenic drive to the outskirts of Boston to discover the historic battlefields of Lexington and Concord. Learn how these onetime farming communities played such a pivotal role in the earliest days of the American Revolution. A visit will be made to the Lexington Green, where Paul Revere made his midnight ride to warn the minutemen that the British were coming. Continuing to Concord and the Old North Bridge, you'll see where the British were confronted by 400 minutemen, and the first full battle of the Revolution began as the 'shot heard round the world' was fired. Your guide will also point out the homes of some of America's most renowned authors including Nathaniel Hawthorne, Louisa May Alcott and Ralph Waldo Emerson. On your return via Cambridge,



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stroll past the hallowed halls of America's oldest and most prestigious university, Harvard.

**Note:** Walking is at guest's discretion. Walking distance is approximately 300 yards on hard-packed surface and sidewalks, some hills, no steps. Tour itinerary may vary due to traffic conditions.

Tour Code: BOS\_06

Historic Salem & the Witch Museum

Approximate Duration: 4 ¼ hours

Level 1

The seaside city of Salem is well known for its infamous Witch Hunts three centuries ago and its special nautical heritage dating back to the China Trade. On this tour you'll visit the Salem Witch Museum and experience Salem's historic waterfront. Enjoy a visit to the Salem Witch Museum where a dramatic presentation recounts the tragic events of the Witch Trials of 1692 and a narrated exhibit gives a first hand look into the mysterious life of Pagans, Wiccans, midwives and healers. In addition, you'll visit the Witch Memorial and the Point Burying Ground where one of the 'witch' judges is buried (an ancestor of Nathaniel Hawthorne). Then take in Salem's picturesque Derby Wharf, dating back to the fabled China Trade period after the Revolution when Salem's Yankee Clipper ships sailed around the globe to Canton and the South Seas and Salem was the wealthiest city in the United States. You'll have time to independently explore the historic buildings along the waterfront, snap a photo of 'Friendship,' a replica clipper ship and one of the fastest sailing vessels ever built, or simply relax and browse the unique shops on the wharf. Before your return drive to Boston, enjoy a drive down Chestnut Street, considered by many to be the most beautiful residential streets in America.

**Note:** This tour will require walking and standing for approximately 40 minutes at the Witch Museum. Walking in Salem is at the guests' discretion. There is a gift shop available in the Witch Museum and a variety of shops along Salem's waterfront. Witch Museum is wheelchair accessible however some of the shops in town are not. Tour itinerary may vary due to traffic conditions.

Tour Code: BOS\_07

Boston Highlights & Duck Tour

Approximate Duration: 2 ½ hours

Level 1

Enjoy the highlights of Boston both by land and on the Charles River as this tour combines a panoramic tour of the city's most important and scenic sites via deluxe motorcoach, followed by an exciting journey by water aboard the unique World War II amphibious vehicle called the Boston Duck. During your scenic motorcoach tour, you'll pass through the heart of Boston and along a portion of the Freedom Trail to catch a glimpse of the Old State House, the site of the Boston Massacre, the King's Chapel, Granary Burying Ground, the Park Street Church as well as the expansive green of Boston Common. A brief photo stop will be made at picturesque Copley Square, bordered by the architectural wonders of Trinity Church and the Boston Public Library. Then you'll make your way past the Public Garden with its beautiful formal gardens and whimsical swan boats, the exclusive Beacon Hill neighborhood and the New State House with its impressive gold dome. En route to the Charles River for your fun-filled Duck tour, cross the Charles River and see Bunker Hill Monument, the Charlestown Navy Yard homeport of the USS Constitution the New Charles River Dam and Park, and the infamous 'Big Dig' Project. You'll embark this amphibious craft for a brief ride on land while your diver/guide points out the highlights. Then your driver becomes Captain as your Duck makes a big splash into the Charles River for a brief tour by water. During your Duck cruise you'll see the Craigie Drawbridge and the Longfellow Bridge linking Boston and Cambridge, as well as Fenway Park and the Esplanade in the distance. Once on dry land you'll return to your ship.

**Note:** You must be able to climb several large steps into the Duck vehicle, vehicle is not wheelchair accessible. There is a minimal delay when switching transportation. The Duck Tour is approximately 35 minutes. Tour itinerary may vary due to traffic conditions.

Tour Code: BOS\_09

Scenic Boston & Harbor Cruise

Approximate Duration: 3 hours

Level 1

Enjoy the highlights of Boston as this panoramic tour takes you past the city's most important and scenic sites by both land and sea. Departing the pier and passing by Boston's busy waterfront, you'll arrive at Long Wharf to embark on a 45-minute harbor cruise. As your Captain expertly navigates this historic waterfront, your knowledgeable guide will point out the many landmarks of the Boston skyline and the surrounding Boston Harbor. See the steeple of the Old North Church, where Paul Revere ordered two lanterns hung to signal that the British Redcoats were approaching, as well as an up close view of 'Old Ironsides' at her home in the Charlestown Navy



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Yard with the Bunker Hill Monument in the background. At the end of your cruise, you'll reboard your motorcoach and continue by land to one of the city's most attractive spots, Copley Square bordered by the architectural wonders of Trinity Church and the Boston Public Library. Continuing through the upscale residential area of Back Bay and along Newbury Street, you'll pass a number of exclusive boutiques, and trendy cafes as you make your way past the Public Garden. In the heart of the city and overlooking the green oasis of the Boston Common, lies one of the most elegant and wealthiest neighborhoods of the city, Beacon Hill. During your scenic drive you'll also pass by the gold dome of the Massachusetts State House as well as the Old South Meeting House where the Boston Tea Party began. At the conclusion of your tour, you'll have the option to be dropped off at Quincy Market/Faneuil Hall on morning departures or return directly to the ship's pier.

**Note:** Tour itinerary may vary due to traffic conditions. Walking distance from the bus to the boat is approximately 30 yards each way.

Tour Code: BOS\_15

Culinary Tour of North End Markets

Approximate Duration: 2 ½ hours

Level 2, Ultimate Touring

Boston's North End is commonly known as the 'Little Italy' and has a multitude of hidden treasures that will whet the appetite of gourmet chefs and lover's of fine food alike. Following your short transfer from the pier, you'll arrive at Quincy Market and begin your gastronomic tour on foot. Your guide is a professionally trained chef with a wealth of knowledge about Italian foods, wine and the North End. You'll learn the secrets of cooking in a healthy Mediterranean style, sample authentic flavors, and discover the traditions behind the food. Walk through a salumeria, a classic Italian deli, in search of olives, olive oil, balsamic vinegar, pasta, prosciutto and cheeses. Discover the pasticcerias offering the best biscotti, amaretti, cassata and cannoli and tour an enoteca to learn about apertivi, wine to compliment and digestivi to conclude your meal. You'll get an 'insider's view' of one of the premier food neighborhoods in the country. Buon Appetito!

**Note:** This tour does not operate on Saturdays or Sundays and will not be available for guests on the Norwegian Jewel sailing of October 3, 2010 and for in-transit guests on the Norwegian Spirit sailings of October 9 and 23, 2010. Tour is very limited in capacity and includes approximately two hours of slow walking and/or standing. Distance covered is less than one mile. Minimum required to operate is 10 participants, maximum capacity is 18 participants.

## Charlottetown, Prince Edward Island

Tour Code: CHA\_01

Ultimate Anne of Green Gables Experience

Approximate Duration: 4 ½ hours

Level 1

View rolling farmlands, stunning seascapes, tiny villages and bustling harbors along the Blue Heron Drive as you get ready to meet Anne of Green Gables and actual descendants of Lucy Maud Montgomery. The first stop is Silver Bush and Anne of Green Gables Museum, where you'll enjoy raspberry cordial with Anne and then embark on a horse and carriage ride along the Lake of Shining Waters. Next, it's off to Cavendish to the Prince Edward Island National Park to visit Green Gables House, the old farm site that inspired L. M. Montgomery's first novel, Anne of Green Gables, published in 1908. Highlighting some of the finest attractions on Prince Edward Island's breathtaking north shore, this is definitely the 'ultimate Anne experience'.

Tour Code: CHA\_02

Charlottetown by Double-Decker

Approximate Duration: 2 hours

Level 2

Designed around what our capital is most famous for, this tour offers over two hours filled of adventure in history combined with island hospitality. After receiving a warm welcome from your expert guide, board an authentic double-decker bus, the ideal way to experience the charm of these city streets. Drive by Province House, Beaconsfield, the Lieutenant Governor's mansion, Victoria Park and the University of Prince Edward Island among others. The grand finale is a trip back in time at Founders' Hall – Canada's Birthplace Pavilion. This newly built heritage attraction and retail boutique tells the story of Canada from its inception in 1864 up until the modern day. A short walk will take you back to the pier from Founders Hall.



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Tour Code: CHA\_03

Charlottetown by Trolley

Approximate Duration: 2 hours

Level 1

Board a trolley for a historical and cultural tour of Charlottetown. Begin with the Fathers of Confederation route called Great George Street, where the Fathers of Canada formed the country in 1864. Visit the Province House Legislative Chambers and pass by historic homes dating back to the 1820s, including the Lieutenant Governor's mansion. During the stop at Province House, stroll down Victoria Row with its quaint boutiques including the Green Gables Store.

Tour Code: CHA\_05

Island Drive & Anne of Green Gables

Approximate Duration: 3 ½ hours

Level 1

Begin with a memorable city tour of historic downtown Charlottetown followed by a stop at Prince Edward Island Preserves Company to sample homemade jams. Continue on to the famous Prince Edward Island National Park, home of Cavendish and Anne of Green Gables. Visit the Anne of Green Gables homestead and stroll the boardwalk, overlooking the beautiful sandy beaches of the island. Then it's on to the coastal fishing village of North Rustico located on the shore of Rustico Harbour, where you will visit a traditional fishing village and learn about the history of the Prince Edward Island fishery. Relax and enjoy the picturesque landscape on the drive back to the city as your tour winds to a close.

Tour Code: CHA\_07

Coastal Escape Sea Kayaking

Approximate Duration: 4 hours

Level 3, Age Requirements

Experience the natural history and local color of Prince Edward Island from the water. Join your guide on the beach for a short sea kayaking class, no experience required. Then paddle past high cliffs and long beaches to learn about the fragile dune system, the red fox, the beaver, the endangered piping plover, the great blue heron and the killdeer that you may see in the national park. Your guide will explain what makes the beaches white and the soil red. Beneath the cliffs at Cape Turner, enjoy a light snack. All kayaking gear is provided, including boat, lifejacket, spray skirt and paddle.

**Note:** Participants must be at least 10 years of age. Tour operates rain or shine. Wear shoes that you don't mind getting wet.

Tour Code: CHA\_09

History by Horse-Drawn Trolley

Approximate Duration: 1 hour

Level 1

Take an old-fashioned journey and see why Charlottetown is called 'the City of Churches and Trees'. Your horse-drawn trolley pulled by a pair of magnificent Clydesdales, will take you through historic downtown Charlottetown filled with quaint shops and wonderful examples of Victorian architecture. You'll pass historic Great George Street, Province House, Confederation Centre and Founders Hall, Canada's Birthplace Pavilion.

Tour Code: CHA\_12

The Island's Finest – Scenic Drive, Anne & Lobster

Approximate Duration: 5 hours

Level 1, Meal

Experience the very best of Prince Edward Island on this delightful tour! Learn about the famous fictional character Anne during a visit to Green Gables house, experience the sandy beach and red cliffs at Prince Edward Island National Park, and enjoy a delicious traditional lobster lunch. En route, soak up the Island's spectacular scenery and 'island way of life' from your local guide. Your excursion begins with a tour of Charlottetown, Canada's birthplace, before traveling into the scenic island countryside. View rolling farmlands, stunning seascapes, tiny villages and bustling harbors, including a stop at a working fishing harbor. Visit Green Gables, the homestead that is featured prominently in Lucy Maud Montgomery's book, Anne of Green Gables. Explore the rooms in the house or take a stroll down "lover's lane". Take in the stunning scenery at the beaches of Prince Edward Island National Park, gazing across the white sandy shore and sapphire blue water to the red sandstone cliffs. Enjoy a delectable lobster lunch at the Prince Edward Island Preserve Company. An island landmark, this 1913 butter factory is now a shop with a wonderful showcase of island products, including their world famous preserves. In the adjacent renowned restaurant, experience a traditional lobster lunch (alternatives are available)



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which includes fresh cooked lobster, island potato salad and coleslaw, and for dessert, their famous raspberry pie. Enjoy time to browse the shop and take in the beautiful gardens before departing for the return drive to Charlottetown.

Tour Code: CHA\_13

The Charlottetown Story Walking Tour

Approximate Duration: 2 hours

Level 2, Age Requirements

Let a costumed guide take you on a historic stroll from Canada's Birthplace Pavilion, Founder's Hall! Learn about the famous conference of 1864 which gave this city its designation as the Birthplace of Canada. Discover street after street of beautiful historic Victorian era homes as you experience part of our Canadian heritage. You'll learn about the famous Conference of 1864, which gave the city its designation as the Birthplace of Canada. The tour concludes at Founders Hall where you will receive a discounted admission if you wish to view the exhibits.

**Note:** Participants must be at least 10 years of age. Distance covered is approximately 3/4-mile.

Tour Code: CHA\_24

Island Drive & Confederation Bridge

Approximate Duration: 4 hours

Level 1

Discover the rolling hills and pastoral beauty of Prince Edward Island on a scenic drive along the beautiful southern shoreline of Canada's smallest and greenest province. This tour begins with the highlights of Charlottetown and then travels the scenic Blue Heron Drive, through the heart of the south shore famous for its rolling hills, red cliffs and winding rivers. Visit the seaside promenade of Victoria by the Sea before stopping at Gateway Village, where you'll learn a brief history of Confederation Bridge, one the world's longest multi-span structures that links the province with mainland Canada. There will be incredible photo opportunities of the bridge from Borden-Carleton and the Cape Jourimain Interpretive Centre after crossing. On the return route to your ship, marvel at the sights – red soil, acres of potato fields, lush woods and some of the most beautiful golf courses in the world.

**Note:** Bridge crossing subject to weather conditions.

Tour Code: CHA\_48

Beach Walk & Shore Birds

Approximate Duration: 2 ½ hours

Level 1

This short excursion features the breathtaking coastline of the island's north shore and includes a gentle stroll along the beach with a National Park interpreter. Upon arrival at Covehead Harbour, you'll see fishing boats and lobster traps and learn about Prince Edward Island's fishing industry, past and present. As this is a working harbor, you may even meet some local fishermen, and you'll definitely get some great photos. Next, set off with your National Park interpreter for your beach walk along the sandy shores, learning about the spectacular ecosystems and watching for a variety of shorebirds and seabirds. In September and October, the path of migrating birds takes them right along this shore and a variety of birds may be sighted, from harriers to eagles. This 45-minute gentle walk makes several stops, including a stop at the Covehead Lighthouse, where you'll hear some fascinating stories about the island's seafaring history, such as the infamous Yankee Gale. You'll also enjoy some time to explore the beach at your leisure, breathing in the fresh salt air and watching the waves gently lap at the shore. This true Prince Edward Island experience is not to be missed!

Tour Code: CHA\_49

Fiddling for Fun – An Ultimate Excursion

Approximate Duration: 2 ½ hours

Level 1

Fiddle music is at the heart of culture in Prince Edward Island, heard at Kitchen Parties and Ceilidhs from one tip of the island to the other. Join us on this exclusive excursion with a Prince Edward Island fiddler, who will invite you into his home and teach you the ins and outs of traditional island fiddling. Not only will you hear a variety of fiddle music, you'll have the opportunity to hold a fiddle and play a fiddle yourself! You'll discover why fiddlers tap their feet, hear lots of tunes from jigs to reels and learn how the different types of tunes relate to the different step-dances that so often start up when fiddle music is played. You'll also have a step-dance demonstration and learn a step or two. Led by a well-known Island fiddler who grew up in the Scottish fiddling traditions of Prince Edward Island and has been a performer, composer and teacher for 15 years, this excursion is one you'll always



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remember. No experience is necessary and fiddles will be provided.

**Note:** There is a 10-minute walk from the pier to the fiddler's home.

Tour Code: CHA\_50

Best of Charlottetown – Top 10 Tour

Approximate Duration: 7 hours

Level 1, Meal

This is the guided tour you've been looking for – a once-in-a-lifetime experience that takes you to all the best that Charlottetown's has to offer, and all in one day. We set out to pick the top 10 experiences Charlottetown has to offer. The result is an all-encompassing, one-day guided tour you're sure to remember. Want to experience Charlottetown's history? We'll take you to Great George Street, the founding street of this charming city and the location of Province House, the official Birthplace of Confederation. Are you an Anne of Green Gables fan? You'll instantly recognize Green Gables House as the inspiration for the setting of Lucy Maud Montgomery's classic story. So beloved is her precocious, redheaded orphan that thousands of visitors come to the island every year just to cross the threshold of this modest farmhouse. Ready to savor unique Maritime flavors? Tantalize your taste buds by sampling the jellies and jams at the PEI Preserve Company, but make sure you save room, because we've also planned a delicious light seafood lunch for you. Want to get up close and personal with PEI's natural beauty? We'll whisk you away to the breathtaking coastal panoramas of North Rustico, where the salt sea air will nourish your spirit as the red sand caresses your toes. Want to know what else we selected for you? Hop on board and find out.

**Note:** Lunch of lobster roll, dessert, and beverage included.

## Corner Brook, Newfoundland

Tour Code: CBK\_01

Corner Brook City Tour

Approximate Duration: 2 ½ hours

Level 1

This area has been visited by many, beginning with the Maritime Archaic Indians 3,500 years ago, Eskimos, Beothuck Indians and the first recorded European visitor Jacques Cartier in 1534 on his first voyage to the new world. Since that time Portuguese, Basques and Captain James Cook have frequented this area. Today Corner Brook is a modern, progressive city with a population of approximately 22,000 and is nestled among scenic hills around 30 miles from the Gulf of St. Lawrence. Your tour will take you out to the eastern edge of the city, to Marble Mountain and the Heritage Tree, The Old Man in the Mountain and around Corner Brook to Captain Cook's Monument. A short shopping stop will be made along the route.

**Note:** We recommend that you wear a light sweater/jacket.

Tour Code: CBK\_02

Gros Morne National Park & World Heritage Site

Approximate Duration: 7 ½ hours

Level 2, Meal

Gros Morne was established as a National Park in 1973 and received a UNESCO designation as a World Heritage Site in 1987. Here, you will learn about the collision of the continents and the geology of this unique land that contains rock that is over a billion years old. Re-live the past through archives dedicated to Eskimos, Maritime Archaic Indians, Beothuck Indians and early Europeans, and see how they lived and survived in this beautiful and harsh land. Your tour will take you to the Visitor Centre, Lobster Cove Head Lighthouse, Norris Point Lookout and the communities of Norris Point and Rocky Harbour, where a light lunch will be served. Watch for moose and other wildlife in the National Park. Don't forget your camera!

**Note:** A light lunch will be served. The Lobster Cove Head Lighthouse and the Norris Point Lookout are not accessible by wheelchair.

Tour Code: CBK\_03

In The Footsteps of Captain Cook

Approximate Duration: 4 hours

Level 2

Come explore the beautiful Bay of Islands, charted by Captain James Cook in the late 1700s. The local mountain chain is part of the Appalachian Mountains that start in the Southern U.S. and these rocks are more than a billion years old. Small coastal communities such as Little Port, Lark Harbour, John's Beach and York Harbour will



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welcome you. Bottle Cove was used as a French fishing station starting in the early 16th century while Governors Island was used by the Basque Fishermen from the early 1500s. This bay has deep water, wood covered steep hills and high barren lofty peaks. There will be lots of photo stops and even time for a "mug up" and souvenirs with the local folks at Lark Harbour.

**Note:** the Lark Harbour Community Center is not wheelchair accessible.

Tour Code: CBK\_04

Corner Brook Stream Walking Trail

Approximate Duration: 2 ½ hours

Level 2

Nestled in the heart of Corner Brook is a picturesque boreal forest. Following a short shuttle ride, stroll along the trail to see the pristine Corner Brook stream and its sweet smelling flora and fauna. Along the trail a stop will be made for a light refreshment while you enjoy the scenic beauty and swans swimming on the pond. Continue along the trail designed for recreational walkers of all ages; the slopes are gentle and the trails have hard gravel surfaces. Footbridges cross wet spots and brooks and rest areas are located throughout the trail system. Following your walk through the trail system, you may stay in town to browse and return to the ship later on your own.

**Note:** Total walking distance is approximately 1½ mile on packed gravel walking trails. We recommend that you wear a light sweater/jacket. If you decide to stay in town on your own, the walk back to the ship is approximately 10 minutes.

Tour Code: CBK\_05

Tastes & Traditions

Approximate Duration: 2 hours

Level 1

Come see and taste what we are all about in this rugged and beautiful land. Find out through song, food and music what life was and is today. Learn about the Irish, French, English, Basques, Viking and Aboriginal cultures that have molded Newfoundland as it is now. Then, learn a few new words unique to this part of the world. Enjoy a buffet of local fish and game, fish and brews, jigs dinner and local berry desserts. Experience Newfoundland through the tales of local storytellers and enjoy a little free time at the end.

Tour Code: CBK\_06

River Rafting on the Humber River

Approximate Duration: 2 hours

Level 2

Join us on the Humber River as you float down one of the largest salmon producing rivers in North America and enjoy majestic views of the Humber Valley from the comforts of an 18-foot river raft. Discover the legend behind buried treasure on Shelbird Island and her tales of pirates. Explore riverside caves and witness some of the 50,000 salmon that make their journey up this river each year. Seal, otter and bald eagles are all common sightings. This river rafting adventure is ideal for people of all ages and is a must for anyone visiting the Humber Valley.

**Note:** We recommend you bring along a sweater or light jacket.

## Halifax, Nova Scotia

Tour Code: HAL\_03

Nova Scotia Lobster Lunch

Approximate Duration: 5 ½ hours

Level 2, Meal

This tour combines the history of Halifax, the scenic beauty of Peggy's Cove, and fabulous seafood for which the Maritimes is famous. Enjoy an informative tour of Halifax, view the Public Gardens, the Old Town Clock on Citadel Hill and travel along the scenic coastal highway to the picturesque village of Peggy's Cove, with its brightly colored houses nestled close to the water's edge. Stroll to the Peggy's Cove Lighthouse, shop for a souvenir, or browse the galleries for prints by maritime artists. Continue on to the restaurant for your delicious meal of Atlantic lobster, a Maritime tradition served with all the fixings.

**Note:** A non-seafood alternative is available for those who do not enjoy seafood.



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Tour Code: HAL\_05

Peggy's Cove by Coach & City by Double-Decker

Approximate Duration: 3 hours

Level 1

Enjoy four tours in one and all with choice and flexibility. See the city sites by double-decker bus and the tiny coastal village of Peggy's Cove by motorcoach, and even take in some shopping. From the moment you leave the pier, your kilted guide will point out interesting sites and vistas all the way to Peggy's Cove. As you arrive, you'll see for yourself the impressive rock formations and coastal beauty of this rustic working fishing village. Here you can enjoy leisure time on your own, exploring the unique galleries and shops, taking photos, talking to the local fisherman or trying the famous gingerbread. If you wish, your guide will offer you a brief walking tour highlighting the famous lighthouse, the lobster fisheries and even hold a live lobster. While back at the pier and at your leisure, have the city's entire double-decker bus fleet at your service and your ticket is good all day. This great guided tour by double-decker offers you three separate tour choices with over 16 stops. The 'All About Town Loop' tour takes approximately 60 minutes and takes you to all the city's main points of interests. The 'Waterfront Loop', a shorter 30-minute tour, guides you along the city's historic waterfront with several scheduled stops on route. Or take another 30-minute tour, the 'Changing of the Guard Loop' allowing you time to witness the pageantry and precision of the changing of the guard at the Halifax Citadel, one of Canada's most beloved national historic sites. Whatever you decide, whether it's spending time shopping in the many unique boutiques along Spring Garden Road, strolling along the picturesque waterfront, or uncovering the city's history at the Town Clock, St. Paul's Church and beauty of the Victorian-style Public Gardens, this tour offers you the best value.

**Note:** The departure time indicated on your ticket is for the Peggy's Cove by Coach portion of the tour which is 3 hours in length. Your double-decker experience is taken at your leisure before or after the trip to Peggy's Cove, depending on your choice of a morning or afternoon Peggy's Cove tour departure. The duration of the double-decker portion of the tour is really up to you. Double-decker buses depart the pier approximately every 15 to 30 minutes all day long. Optional admissions are not included at the various stops on this tour.

Tour Code: HAL\_06

Hop On, Hop Off Double-Decker City Tour

Approximate Duration: 1 ½ hours

Level 1

Three great tours for the price of one! Enjoy the sights and sounds of Halifax with your full-day pass aboard an authentic, fully-guided, London double-decker bus with three great loops/tours and over 16 stops to choose from. Your fully-guided tour allows you to take in all the cities main highlights or if you prefer, hop off at many of the stops along the route and enjoy what's exciting for you. The 'All About Town Loop,' a 60-minute tour, takes in all the cities main highlights such as stops at the Halifax Citadel, Canada's most visited national historic site, or stop at the Maritime Museum of the Atlantic with its Titanic Exhibit. Why not treat yourself to a walk through one of nicest Victorian Public Gardens intact and unspoiled in the heart of this modern city. See the Town Clock and learn about Canada's oldest Anglican Church, St. Paul's as you see first-hand the famous silhouette of a man's head in the window. If you choose, take in the 'Waterfront Loop' or the 'Changing of the Guard Loop' a shorter 30-minute tour loop, but still with lots to take in as we highlight Halifax's great waterfront and downtown core. There are also plenty of stops, if great shops and rooftop pubs are what you are looking for. Whatever you choose, this tour allows you the flexibility to enjoy your day in Halifax the way you want to see it.

**Note:** Admissions are not included on this tour and are at the discretion of the guest. Double-deckers depart from the pier approximately every 15 to 30 minutes.

Tour Code: HAL\_10

Nature & Whale Watching Adventure

Approximate Duration: 2 ½ hours

Level 1

A guide will meet you at the cruise ship pavilion and take you on an approximately seven-minute walk to the 'Haligonian III' – a purpose-built whale-watching vessel with a fully licensed bar and canteen. This vessel docked at the Tall Ships Quay, offers a choice of decks – the top is open to the fresh air and the bottom is enclosed and heated. Listen to your guide's full commentary as you take in the wonderful sites and wildlife along the coastlines of George's and Mc Nab's Islands before entering the great North Atlantic to experience the majestic views of the world's largest mammals. Enjoy the authentic maritime experience of bringing in live lobster traps while the onboard naturalist answers all of your questions. Also, enjoy on-board demonstrations including a touch tank, featuring many examples of local marine life.



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**Note:** You must climb approximately 15 steps to access the lower enclosed deck and washrooms. Guests must be in good enough physical condition to walk to and from the cruise pavilion. Vessel cannot accommodate motorized scooters or wheelchairs.

Tour Code: HAL\_12

Lobster & Lighthouses

Approximate Duration: 3 ½ hours

Level 1, Meal

A short stroll will take you to the Tall Ships Quay where you'll board your tour boat. As the ship pulls away from the dock and into the great North Atlantic, enjoy a brief commentary on Halifax Harbor and prepare to help the Captain and crew pull up the lobster trap. Learn about lobster fishing in Nova Scotia and the life-cycle of lobsters and other crustaceans, even holding a live lobster. Upon releasing the traps back into the ocean, the Captain will make his way towards the first of two or three lighthouses (depending on weather conditions) you'll view on the trip. Learn the importance that lighthouses play in the mariner boating trade in Nova Scotia. After the tour, enjoy a Maritime lobster feast at Murphy's restaurant. Your meal includes a 1 1/4-lb. lobster accompanied with traditional potato salad, coleslaw, warm rolls, homemade deep dish valley apple crisp, and coffee, tea or iced tea. After lunch you'll have the opportunity to shop for souvenirs at the local waterfront stores before returning to the cruise ship pavilion.

**Note:** Participants must be able to walk approximately 9 minutes from the pier to the Tall Ships Quay. It may get cold, so dress accordingly. If you require an alternative to the seafood lunch, you must advise your Shore Excursion Manager upon boarding your ship.

Tour Code: HAL\_13

Best of Halifax in a Day by Harbour Hopper

Approximate Duration: 5 hours

Level 1, Meal

Your tour begins as your group board's Halifax most popular travel vehicle – a USA military built LARC V locally known as the open-air Harbour Hopper. Enjoy the sights of Halifax while your informative tour guide takes you to four of Halifax's most popular venues. The Halifax Citadel Fortress prominently located in the center of the city overlooks the beautiful harbor. This is a 19th century fort complete with defensive ditch, earthen ramparts, musketry gallery, powder magazine, barracks and much more. You'll reboard the Hopper for a short trip to the Public Gardens, 16 acres of one of North America's oldest and finest Victorian gardens. There you'll have 30 minutes on your own to stroll to enjoy the gardens. Then head to Murphy's on the Water Restaurant to enjoy an authentic lunch, which includes a Nova Scotia lobster sensation wrap, accompanied with mixed field greens salad and blueberry vinaigrette, completed with deep dish apple crisp served with coffee, tea and bottled water. After finishing your meal, you'll have the opportunity to enjoy some of the local shops on the waterfront before a three-minute walk to the Maritime Museum of the Atlantic. This museum boasts some of the maritime's richest history, with exhibits such as the age of steamships, the Royal Canadian and Merchant Navies, the Halifax Explosion and Nova Scotia's role in the aftermath of the Titanic disaster. After completing the tour, you'll have the option to go back to the cruise ship pavilion in your Hopper or just simply take your time and make your way back on your own.

**Note:** The Hopper is an open-air vehicle and it may get cold, so please dress according to the weather. The order of the stops may change to avoid congestion. If you require an alternative to the seafood lunch, you must advise your Shore Excursion Manager upon boarding your ship.

Tour Code: HAL\_14

Halifax City Highlights

Approximate Duration: 3 hours

Level 1

Travel with your kilted guide through historic streets as you learn the story of Halifax's founding, of the pirates and privateers who walked its streets and of the prosperous, world-class city it has become today. Hear of the Halifax explosion, the terrible devastation in 1917 when the face of the city's north end was changed forever by the collision of two ships in the harbor. Visit Halifax's famed Victorian Public Gardens where you'll enjoy a guided walk in a 17-acre oasis in the middle of the city and a photo stop at the Halifax Citadel, the fourth fortress to guard the city since its founding two-and-a-half centuries ago and one of Canada's most popular and most-visited national historic sites. Then, visit one of the three main Titanic cemeteries, where 121 Titanic victims are buried. You'll also see such landmarks as St. Paul's Anglican Church, City Hall, the Old Town Clock and Province House as your coach travels through the streets of this historic, yet modern city.



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Tour Code: HAL\_15

Coastal Drive to Peggy's Cove

Approximate Duration: 3 hours

Level 1

Your coach and kilted guide will take you on a journey through the modern city of Halifax then along the coastal lighthouse route to a rustic fishing village where approximately 60 people live year-round. The power and majesty of the Atlantic Ocean comes to life in this tiny coastal village as you experience it for yourself by seeing the impressive rock formations left by eroding glaciers millions of years ago. Then you'll truly appreciate why this picturesque seaside village, with its stately lighthouse, has been an inspiration for artists and writers for generations. Stroll with your guide on an optional walking tour through this tiny cove with its bustling fishing harbor. Listen as your guide spins the tales of the cove: how it got its name, the story of its lighthouse, and the lobster fishery that is the backbone of the local economy. See the different types of traps used and even touch a live lobster! Your tour ends at the tribute to the people of Peggy's Cove at the deGarthe Monument, carved from a massive slab of granite by local artist William deGarthe. Visit the shops and galleries, or explore the rocks on your own. Then, return to Halifax via the lighthouse route as it winds its way through the seaside villages that line the historic St. Margaret's Bay.

**Note:** Walking is optional at Peggy's Cove.

Tour Code: HAL\_16

Lunenburg & Mahone Bay

Approximate Duration: 6 ½ hours

Level 1

Experience Nova Scotia's legendary south shore, renowned for its quaint fishing villages and rugged coastal beauty. Founded in 1753, Lunenburg has since been designated a UNESCO World Heritage Site and is one of Nova Scotia's most historic towns and a splendid example of a British Colonial settlement. Enjoying the historic and colorful working waterfront, you can expect your tour guide to regale you with intriguing tales of shipbuilding, fishing, rum running, and even the buried treasure of Oak Island, all part of the local lore. You'll also enjoy the Lunenburgers' unique accent – no doubt the result of their Swiss and German forebears (German was spoken here well into the 1800s). You'll have some time to explore on your own, perhaps to visit the Fisheries Museum of Lunenburg (small fee), where the 'Bluenose II', a replica of Nova Scotia's famous racing schooner of the 1920s was built in 1963. Known as the Ambassador of Nova Scotia, the 'Bluenose I' graces the Canadian dime, and, when not offering tours from the Halifax waterfront, can be found docked here at her home wharf. Lunch is on your own, giving you a chance to sample local fare at one of the town's many quaint restaurants featuring fresh local seafood and traditional specialties. Returning to Halifax, enjoy a stop in Mahone Bay, famous for its three waterfront churches and quaint galleries and shops. Your return drive to Halifax has you enjoying a photo stop at Citadel Hill. You'll also hear about the Halifax Explosion of 1917, admire the striking Georgian Town Clock, and more.

**Note:** Stops may be made in reverse order.

Tour Code: HAL\_17

Titanic – The Halifax Connection

Approximate Duration: 3 hours

Level 2

Your tour encompasses all aspects of Halifax's connection to the sinking of the Titanic, including the historic pier from which cable ships were dispatched to pick up victims, the churches, temporary morgue sites, and Fairview Cemetery, where rows of gravestones mark the final resting place of 121 victims. Immerse yourself in history at the Maritime Museum of the Atlantic which houses an excellent permanent exhibit on the disaster, including photographs, wooden artifacts and the only intact Titanic deck chair in the world. Compare the details of this devastating event to that of the Halifax Explosion, the result of a collision between the 'Imo' and the 'Mont Blanc', a French munitions ship, which leveled the north end of Halifax, and killed or injured thousands. But most importantly, learn of the compassionate relief effort displayed by the world to help this city and its inhabitants overcome their instant and tragic loss, and rebuild their lives.

Tour Code: HAL\_18

Halifax Horse-Drawn Trolley

Approximate Duration: 1 hour

Level 1

Talley-Ho! The Halifax Horse-Drawn Trolley will take you back into another era. This one-hour tour is a very relaxing horse-drawn trolley ride through the Halifax of the 1900s including the old Warehouse District, the harbor



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front, the Halifax Citadel Hill Fortress and Founders Cemetery, the final resting place of 1812 British War Heroes. Pass by the Old Town Clock and the Halifax Public Gardens, the oldest public gardens in North America. At the end of the tour, return to your ship passing through the downtown area.

Tour Code: HAL\_33

Tall Ship Sailing

Approximate Duration: 1 ½ hours Level 1

A guide will take you on a short walk from the cruise ship pavilion to the famous wooden tall ship, 'Mar.' Sit back and relive the days when buccaneers and privateers ruled the sea as you explore Halifax's waterfront on a 1 1/2-hour sail. Be ready to help the crew hoist the sails and steer the boat. The 'Mar' is a 75-foot, wooden ketch built in Denmark by world-renowned author Ernest K. Gann. It was the subject of a documentary film produced by its next owner Charles Tobias of the Pusser's Rum Company, and has even circumnavigated the world twice.

**Note:** Participants must be able to walk approximately 9 minutes from the pier to the Tall Ships Quay. It may get cold, so dress accordingly.

Tour Code: HAL\_35

Highlander Experience

Approximate Duration: 3 hours Level 2, Ultimate Touring

You'll be transported to the Halifax Citadel national historic site of Canada and met by a kilted soldier of the 78th Highland Regiment. Step back in time to 1870, as you 'take the Queen's shilling' by enlisting in Queen Victoria's army and experiencing the past as one of Her Majesty's Redcoats. Relive aspects of garrison life through a series of hands-on activities. This 2 1/2-hour program will immerse you in the duties and traditions of the Victorian Army and the Scottish Highlanders. Witness the Changing of the Fortress Guard, gun firings or bagpipe displays. Light refreshments are included and you'll have time to explore other on-site exhibits and the gift shop.

**Note:** Minimum required to operate is 5 participants, maximum capacity is 20 participants.

Tour Code: HAL\_47

The Essential Halifax Tour

Approximate Duration: Varies Level 1

This option gives you three tours in one plus admission to two of Halifax's top attractions – Citadel Hill National Historic Site and Maritime Museum of the Atlantic. More choices, convenience and flexibility is just a sample of what's in store for you on your Essential Halifax Tour. With British-style double-deckers leaving the pier every 15 to 30 minutes, this all-day pass allows you to start your tour any time you choose. Then decide on your Halifax adventure by taking in one, two or all three of the fully-guided tour loops available to you – 'Waterfront Loop' (30 minutes), 'Changing of the Guard Loop' (30 minutes) and the 'All About Town Loop' (60 minutes). Combined, all three tour loops take you to more than 16 must-see sites throughout the city (including your admission tickets to the Maritime Museum and Citadel Hill). While on your guided, double-decker tour, hop on/off at your leisure at any of the designated stops taking in what you want to see. The possibilities are endless. Witness the pageantry and precision of the changing of the guard at Halifax Citadel, one of Canada's most beloved national historic sites. Discover this city's connection to the ill-fated first voyage of the Titanic at the Maritime Museum of the Atlantic. Spend time shopping in the many unique boutiques along Spring Garden. Stroll along the picturesque waterfront. Uncover the city's history at the Town Clock and St. Paul's Church and enjoy the serenity of the Victorian-style Public Gardens. Whatever you decide, is the essential Halifax experience.

Tour Code: HAL\_50 Van

Tour Code: HAL\_51 Mini Coach

Top 10 – The Best of Halifax Tour

Approximate Duration: 6 ½ hours Level 1

This exciting, once-in-a-lifetime experience of Halifax's 'Top 10' things to see and do is designed for those who want to see it all and in very little time. Your tour starts as you travel to Peggy's Cove the world's most photographed fishing village. Here you'll have time to visit and explore the rugged, sea-sculpted granite shores. See one of Canada's 'coolest' places to live before escaping to the lush oasis of the Public Gardens, an authentic Victorian garden nestled in the city's busy downtown. Voted best place to people watch, Spring Garden Road is en route to your photo stop at Citadel Hill, one of Canada's most visited national historic sites. Uncover Halifax's connection to the Titanic at the Maritime Museum of the Atlantic (admission included). You'll also have time on



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your own at one the best places to take 'out-of-towners' right on the waterfront. Here you can explore shops, have lunch or watch as skilled artisans craft Canada's only mouth-blown, hand-cut crystal at Nova Scotian Crystal. These experiences and more await you on a memorable tour.

**Note:** HAL\_50 requires a minimum participation of 10 persons in order to operate; maximum capacity is 12 per vehicle. HAL\_51 requires a minimum participation of 15 persons in order to operate; maximum capacity is 20 per vehicle.

## New York, New York

Tour Code: NYC\_01

NYC Panoramic (Ending at the Airport)

Approximate Duration: 3 ½ hours

Level 1, Guests with Disabilities, Debar

Take in the sites of the Big Apple's most fascinating areas in midtown as well as Lower Manhattan. Pass by lively Chinatown, the tree-lined streets of Greenwich Village and the oh-so-fashionable SoHo district, whose name derives from its location south of Houston Street. Drive by Ground Zero then Battery Park to catch a glimpse of the Statue of Liberty in the distance. Heading back uptown, view the austere United Nations Plaza, Rockefeller Center with its famous flags and statue, the instantly recognizable Empire State Building, and Times Square, where the ball drops every New Year's Eve. A drive by beautiful Central Park, New York's in-city oasis completes your tour before heading to the airport.

**Note:** This tour is only available to guests with domestic flights departing La Guardia Airport (LGA) after 3:00 pm and guests with international flights departing JFK Airport (JFK) after 4:00 pm. The tour sequence may vary depending on local conditions. Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.

Tour Code: NYC\_02

Midtown Manhattan & Top of the Rock (Ending at the Airport)

Approximate Duration: 5 hours

Level 1, Debar

This tour brings you directly to the heart of the action, Midtown. Begin with a high altitude orientation of the Big Apple from 70 stories above Rockefeller Center at the top of the rock observation deck. Returning to street level your guide will take you across Fifth Avenue for a brief photo stop at St. Patrick's Cathedral. Boarding your coach, you'll pass by the Waldorf Astoria Hotel, Central Park, Fifth Avenue Shops, Empire State Building and Times Square. Enjoy a brief photo stop at the United Nations Headquarters before departing the city for the airport.

**Note:** This tour is only available to guests with domestic flights departing La Guardia Airport (LGA) after 4:00 pm and international flights departing JFK Airport (JFK) after 5:00 pm. The tour sequence may vary depending on local conditions. Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.

## Newport, Rhode Island

Tour Code: NPO\_01

Grand Mansions & Newport Highlights

Approximate Duration: 2 ¾ hours

Level 2

With mansions representing more than 250 years of social and architectural history, this tour combines all the highlights of the Newport Scenic Drive tour with a visit to one of the grand mansions. Passing through the historic Colonial section of Newport, your scenic drive will take you along the world-famous Ocean Drive where you'll have spectacular views of Newport's rocky coastline. Continuing to Bellevue Avenue, immerse yourself in a world of wealth and power as it existed at the dawn of the 20th century with a visit to one of the grand summer villas that defined the era known as the 'Age of Beauty'. Depending on local conditions, you'll tour either the Elms or Rosecliff, both of which represent the height of gracious living and entertaining by America's elite. Imagine yourself at a fabulous party in a magnificent ballroom or perhaps at a fairy tale dinner as your guide offers insight into the life of this fascinating time in American history.



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**Note:** Due to the popularity of the Newport Mansions, please anticipate a wait of approximately 30 minutes. The actual tour involves approximately 45 minutes of slow walking or standing. The Elms is partially wheelchair accessible, the elevator is very narrow (27 inches) and will not fit motorized wheelchairs. There are six steps to enter the mansion.

Tour Code: NPO\_02

Newport Scenic Drive

Approximate Duration: 1 ½ hours

Level 1

Enjoy the rich history and scenery of Newport, from Colonial days through the Gilded Age to the present. With more than 150 points of interest, pass the historic district with fine examples of Colonial, Federal, and Victorian homes, many of which are designated as national historic sites. Other historic landmarks include Trinity Church, Redwood Library and the Gothic Church of Saint Mary's where Jacqueline Bouvier married Senator John F. Kennedy. Continue along the world-famous, 10-mile Ocean Drive to enjoy spectacular views of the rocky coastline. Then it's on to Bellevue Avenue where society's millionaires of the early 20th century built their grand summer 'cottages'. You'll pass the opulent mansions of the Vanderbilts, Astors and Morgans, many of which have been beautifully preserved by the Newport Preservation Society. If time permits, a photo stop will be made at Fort Adams.

Tour Code: NPO\_03

The Vanderbilts Newport

Approximate Duration: 3 ¾ hours

Level 2

Commodore Cornelius Vanderbilt (1794-1877) established the family fortune in steamships and later in the New York Central Railroad. As the Industrial Revolution reached its zenith in the late 19th century, the Vanderbilts soon became the wealthiest family in America and chose Newport as their summer playground. Learn about the family empire and visit two of the grandest villas ever built in the United States. Completed in 1892, Marble House was modeled after the Petit Trianon at Versailles and took nearly four years to build with a total cost exceeding \$11 million dollars. Enjoy the stories of the elaborate parties of the Gilded Age and Alva Vanderbilt as you tour the public rooms and grounds of Marble House. The grandest of Newport's summer 'cottages', the Breakers was inspired by the 16th century palaces of Genoa and Turin. Completed in 1895, the mansion is situated on a 13-acre estate overlooking a spectacular view of the rugged Atlantic coastline.

**Note:** Due to the popularity of the Newport mansions, please anticipate a wait of approximately 30 minutes. Tour involves 45 to 60 minutes of slow walking or standing at each mansion. Wheelchair access to the Breakers is only possible through the service entrance. Access to the second floor is possible by stairs or elevator (46" deep by 33" wide). Marble House will be closed on September 25, 2010 for the Newport Mansions Wine & Food Festival, so Norwegian Dawn guests on the sailing of September 19, 2010 will visit The Elms Mansion instead.

Tour Code: NPO\_04

Newport Cliff Walk

Approximate Duration: 1 ½ hours

Level 2

Enjoy a combination of nature, ocean and mansions as this tour takes you along a portion of the magnificent Cliff Walk Trail. With New England's rocky shore and crashing surf on one side and Newport's most extravagant mansions on the other, the walk remains one of the top attractions in Newport and is taken by people of all ages. Your guide will be happy to share the stories of America's Gilded Age and the cast of characters that made Newport one of the nations wealthiest summer resorts.

**Note:** Tour involves approximately one hour of slow walking and distance is approximately 3/4 of a mile in length. The Cliff Walk is paved however there are numerous steps along the way. This tour is not suitable for wheelchair guests.

Tour Code: NPO\_06

Rose Island Lighthouse & Harbor Cruise

Approximate Duration: 2 ½ hours

Level 2

Enjoy a scenic harbor cruise to Rose Island where you'll have an opportunity to visit the fully restored lighthouse, see the remains of the 200-year old Ft. Hamilton and learn about the island's new role as an important wildlife refuge and bird sanctuary. First lit in 1870, the lighthouse was lovingly restored to its original turn-of-the-century ambiance in 1993 and remains an inspiring example of classic American maritime architecture. A visit to this



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'living museum' offers insight into a bygone way of life in which lives were spent tending the light and raising families in dedicated self-sufficiency. You'll have an opportunity to explore the station from the windmill to the cellar cistern and learn about the working lives and amusements of lighthouse families through their own possessions and photographs. Following your visit to the lighthouse, join your naturalist guide for a leisurely walk of the island. Due to its strategic location, Rose Island has an interesting history dating back to the Revolutionary War. Today, the island plays an important role as a wildlife refuge and home to a number of migrating birds including little blue heron, black-crowned night heron, great and snowy egret and glossy ibis. En route to Rose Island, enjoy a scenic harbor cruise of Narragansett Bay. With fresh sea breezes and beautiful coastal scenery, your Captain will be happy to share with you the 350-year history of this city-by-the-sea and how it earned the title 'yachting capital of the world'. Rich in maritime heritage, past and present, a scenic cruise on the bay is an excellent way to fully appreciate the Colonial heritage, yachting history and opulent summer 'cottages'.

**Note:** You'll board the harbor cruise boat from the ship's tender pier. The nature walk involves approximately 35 minutes of slow walking over dirt paths. The visit to Rose Island Lighthouse involves two flights of stairs. Sightseeing boat as well as lighthouse and pathways on the island are not wheelchair accessible. Please dress in layers.

Tour Code: NPO\_26

Belcourt Mansion & Ocean Drive

Approximate Duration: 2 ¾ hours

Level 2

Enjoy a narrated drive through Newport, see the spectacular coastline along 10-Mile Ocean Drive, and take a guided tour of Belcourt Castle, one of Newport's palatial summer cottages that some believe is haunted. Belcourt Castle – the highlight of your Newport tour, is a guided tour through this 60-room Louis XIII-style castle (1891-1894) originally designed by Richard Morris Hunt for millionaire bachelor Oliver Hazard Perry Belmont. The building was designed as a bachelor residence, with the entire first floor devoted to Oliver's beloved horses and collection of carriages. The mansion had no kitchen in the original plan and held only a single bedroom and bathroom, for Belmont himself – no guest rooms. There were, however, sleeping quarters for 30 full-time servants located above luxurious stalls accommodating 30 of the owner's prize coaching horses. In 1896 Oliver Belmont married Alva Vanderbilt, just divorced from William K. Vanderbilt, Belmont's friend and business partner. Alva Vanderbilt Belmont redesigned the first floor after Belmont died in 1908. She resided at Belcourt off and on during summers until her death in 1933. Today the mansion houses an extensive collection of art and antiques.

**Note:** This tour involves approximately 45 minutes of slow walking or standing. It's not recommended for wheelchair guests, as Belcourt Castle is not wheelchair accessible. Guests in wheelchairs could see the first floor, but there is no elevator to the second floor where the most important rooms are located.

Tour Code: NPO\_27

Newport by Land & Sea

Approximate Duration: 2 ¾ hours

Level 1

Enjoy a narrated drive through colonial Newport featuring the spectacular coastline along 10-mile Ocean Drive, as well as a guided cruise of Newport's picturesque and historic harbor onboard a classic wooden motor vessel. Your narrated drive along the 10-mile Ocean Drive offers spectacular views of Newport's rugged southern coastline as well as a promenade down famed Bellevue Avenue to view fabulous summer cottages of the rich, past and present. Drive through the town's colonial section, Trinity Church and Redwood Library. You'll also pass the Gothic-influenced Saint Mary's Roman Catholic Church, where Jacqueline Bouvier wed Senator John F. Kennedy in 1953. Then, you'll transfer from your coach for a scenic harbor cruise to experience the spirit and feeling of the Vanderbilt lifestyle aboard a beautifully restored classic wooden vessel. During your relaxing 1 ¼-hour harbor tour you'll learn all about Newport. As you ply the calm waters of this picturesque and historic harbor your guide points out the major landmarks close to the shoreline of The City by the Sea.

**Note:** Tour may operate in reverse order. Dress in layers as the weather conditions can change rapidly on the water. The sightseeing vessel is not wheelchair accessible. There is minimal walking from bus to boat on sidewalk, wooden dock and loose stone walkway and two steps to gain access to the vessel.

Tour Code: NPO\_28

America's Cup Sailing Experience

Approximate Duration: 2 hours

Level 2

What better place to experience the thrill of America's Cup sailing than here in Newport. Not only is Newport



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considered the sailing capital of the world, it was also host to the America's Cup for more than 50 years, from 1930 to the famed match of 1983, when Australia won the Cup which had been in the hands of the United States since the regatta's first match in 1851. A short walk from the tender pier brings you to the dock of America's Cup winners and contenders from the 1950s through the 1970s. Stepping aboard your private vessel, join the helpful crew who stand ready to show you the workings of these America's Cup 12-meter yachts. You are invited to participate in sailing, or if you prefer, you may simply sit back and relax, enjoying picturesque Narragansett Bay. There is no better way to experience historic Newport Harbor and beautiful Narragansett Bay than by sailing aboard an America's Cup 12-meter yacht! You'll see many of Newport's famous sights such as: lighthouses, the beautiful Newport bridge and lavish estates, such as Hammersmith Farm (Jacqueline Kennedy's family home and the Summer White House for JFK). After experiencing the beauty of America's Cup sailing and Newport Harbor, you'll return to the dock, located in the heart of downtown Newport.

**Note:** Although prior sailing experience is not required, participants should be in good physical condition and be able to embark and disembark the vessel. Rubber soled deck shoes or sneakers are required. It is recommended that guests wear layered clothing and bring sunscreen and jacket or sweater. Complimentary water, juice and soft drinks are available on board.

## Portland, Maine

Tour Code: PWM\_01

Portland Highlights & Lighthouses

Approximate Duration: 2 hours

Level 1

Picturesque, historic and entertaining, the lively city of Portland incorporates the character and charm of its past with a developing urban community. Your tour begins with a scenic drive through the quaint streets of the Old Port where street lanterns highlight a gracious mix of architectural styles. Once the home of the warehouse district, the red brick buildings have been transformed into charming restaurants, pubs, unique boutiques and galleries. Continuing to Munjoy Hill, enjoy terrific views of Casco Bay and the islands from Fort Allen Park before continuing past one of the city's most celebrated landmarks, the Portland Observatory. Passing through the business and commercial center you'll see Portland's new Arts District, as well as the beautiful facade of City Hall before entering the Western Promenade, one of America's best-preserved Victorian residential neighborhoods. Entered into the National Register of Historical Places in 1982, the Western Promenade is built on a cliff's edge, rising 175 feet above sea level and remains one of the wealthiest areas of the city. Situated just outside the city center and along the beautiful rocky coast of Cape Elizabeth is Fort Williams. Once a military outpost for coastal defense, it is now the home of the oldest lighthouse in Maine. First illuminated on January 10, 1791, Port Head Light has since stood at the gateway to Portland Harbor for mariners traveling Maine's perilous coast. A short photo stop will be made before returning to your ship.

**Note:** Tour involves minimal walking on sidewalk and dirt parking lot at the headlight museum.

Tour Code: PWM\_02

Best of Portland & Kennebunkport

Approximate Duration: 6 hours

Level 1

To make the most of your day in Portland, this tour combines the city highlights with a visit to Portland Head Light and the charming seaside town of Kennebunkport. Highlights of Portland include a scenic drive through the quaint streets of the Old Port where street lanterns highlight a gracious mix of architectural styles. Once the home of the warehouse district, the red brick buildings have been transformed into charming restaurants, pubs, unique boutiques, and galleries. Continuing past a number of historic Victorian homes and neighborhoods, enjoy terrific views of Casco Bay and the islands from the East End Promenade. Passing through the urban center, you'll see Portland's new Arts District, as well as the thriving commercial and business district. Continuing along the beautiful coastline of Maine, arrive at the picturesque town of Cape Elizabeth for a visit of the oldest lighthouse in Maine. First illuminated on January 10, 1791, Portland Head Light has since stood at the gateway to Portland Harbor for mariners traveling Maine's perilous coast. A short photo stop will be made. Located just 45 minutes from Portland, enjoy a scenic drive through Kennebunkport passing the stunning Federal and Victorian-style mansions built by wealthy sea captains and merchants in the 1700s and 1800s. Pass Walker's Point, the Bush estate and former Summer White House where world leaders often gathered. A stop will be made in the center of Kennebunkport at Dock Square to enjoy some free time for shopping along the picturesque streets lined with



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galleries, unique boutiques and antique stores. You'll also have time for lunch or a snack on your own in one of the many restaurants, outdoor cafes, or pubs.

**Note:** Participants will have approximately 1 3/4 hours of free time at the Dock Square area of Kennebunkport. Walking is on sidewalk and gravel at guest's discretion. Lunch is at your own expense. At Portland Head Light, guests must walk from the bus parking lot to the lighthouse for approximately 200 yards on level and uneven ground with a few steps.

Tour Code: PWM\_03

Kennebunkport

Approximate Duration: 4 hours

Level 1

Enjoy beautiful views of Maine's famous rocky coastline as well as a visit to the charming coastal village of Kennebunkport, which gained worldwide exposure as the summer home of President George Bush. Located just 45 minutes from Portland, you'll enjoy a scenic drive through Kennebunkport passing the stunning Federal and Victorian style mansions that were built by wealthy sea captains and merchants in the 1700s and 1800s. A stop will be made in the center of town at Dock Square to enjoy some free time to stroll the picturesque streets lined with shops, galleries, unique boutiques, antique stores, restaurants, and pubs. Your return route will take you past Walker's Point, the Bush Estate and former Summer White House where world leaders often gathered.

**Note:** Participants will have approximately one hour of free time at Dock Square in Kennebunkport. Walking is on sidewalk and gravel at guest's discretion.

Tour Code: PWM\_05

L.L. Bean Freeport Shopping Transfer

Approximate Duration: 4 hours

Level 1

Internationally recognized as a world-class shopping destination, Freeport offers over 200 upscale outlets, designer shops and eclectic boutiques. The Freeport Village is the newest addition with retail shops and restaurants to add to your Freeport experience. You'll discover not only major brands like J. Crew, Brooks Brothers, Banana Republic, Cole Haan, Polo Ralph Lauren, Burberry, Polo Ralph Lauren, Coach, Hartmann, Jones New York but also Maine's renowned brands such as Cole Haan and of course L.L. Bean. Freeport has something for every member of your family. The town of Freeport has been home to L.L. Bean's Flagship store since 1912 and in 1950, they threw away the keys to the store and since then it has remained open 24 hours a day, 7 days a week and 365 days a year.

**Note:** Participants will have approximately three hours on their own for shopping in Freeport. Walking is at guest's discretion. Most stores are wheelchair accessible, but not all.

Tour Code: PWM\_06

Maine Lobster Bake & Historic Fort Scammel

Approximate Duration: 3 1/2 hours

Level 1, Meal

Enjoy all that Maine has to offer as you board a private boat for a cruise through Casco Bay to a private island where you'll enjoy a delicious "downeast" lobster bake and a tour of a Civil War Fort. Departing from the waterfront, you'll have magnificent views of Portland and the surrounding islands as you cruise through Casco Bay to House Island. With records dating back to 1661, House Island was one of the first islands in the Bay area to be occupied. Originally built to defend Portland against the British, the fort was later used to defend the north against the south during the Civil War. During your walking tour of the fort, explore the 70 gun casements, subterranean vaults, archways, tunnels and circular stairways of this unique fort. After you have worked up an appetite touring the fort, you'll be treated to a feast comprised of a 1 1/4-pound lobster, clam chowder or steamed clams, corn on the cob, salad, desert and a non-alcoholic beverage. For the non-lobster lover, it can be substituted with chicken.

**Note:** The topography of the island is not suitable for guests on wheelchairs. Participants must be able to walk approximately 1/2 mile over uneven and cobblestone surfaces with approximately 15 to 20 steps. Boat does not have a ramp.

Tour Code: PWM\_08

Lighthouses of Maine

Approximate Duration: 3 1/2 hours

Level 1

The spectacular rocky coastline nearby Portland, Maine is studded with lighthouses dating back over 200 years.



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On this half-day tour you'll see three prominent lighthouses and visit the Museum of Portland Head Light. Departing the pier, drive through historic Portland passing by the Eastern Promenade offering a panoramic view of Casco Bay, the Portland Observatory, the new arts district, as well as the thriving commercial and business districts. Visit Bug Light, a steel structure lined with brick, that was first lighted in 1875 as an aid to navigation for this busy port. In addition, enjoy the Liberty Ship Memorial dedicated to the 266 ships built on the site during WWII. Commonly known as American ugly ducklings, these vessels were the workhorses of the WWII fleet, carrying cargoes of grain and mail, ore and ammo, trucks and troops in the fabled horizon-filling convoys. Then it's a short jaunt to the Spring Point Ledge Lighthouse, a typical sparkplug-style lighthouse constructed of brick on a cylindrical cast-iron caisson. Many vessels ran aground on this dangerous ledge before requests from seven steamship companies in 1891 convinced the government to build a lighthouse. Then travel along Cape Elizabeth's rocky coast to Fort Williams, once a military outpost for coastal defense and now home of Maine's oldest lighthouse. First illuminated on January 10, 1791, Portland Head Light has since stood at the gateway to Portland Harbor for mariners traveling Maine's perilous coast. Here you'll have ample time to explore the grounds and visit the impressive museum located in the former lighthouse keeper's quarters. The museum chronicles the history of the Portland Head Light and Fort Williams through permanent exhibits displaying original artifacts and documents, navigational aids, lenses, video displays, models and photography.

**Note:** The entrance fee to the small museum at Spring Point Ledge Lighthouse is not included in the price of this tour. At Portland Head Light, guests must walk from the bus parking lot to the lighthouse for approximately 200 yards on level and uneven ground with a few steps.

Tour Code: PWM\_11

Kennebunkport & Scenic Cruise

Approximate Duration: 5 hours

Level 1

Visit the charming coastal village of Kennebunkport and embark on a 50-minute scenic cruise to enjoy panoramic views of Walker's Point and Maine's famous rocky coast. Located just 45 minutes from Portland, enjoy a scenic drive through Kennebunkport passing the stunning Federal and Victorian-style mansions that were built by wealthy sea captains and merchants in the 1700s and 1800s. The historic and charming coastal village of Kennebunkport gained worldwide exposure as the summer home of former President George H. Bush. A stop will be made in the center of town at Dock Square to embark on a 50-minute scenic cruise to enjoy panoramic views of Walker's Point and Maine's rugged rock coast. You'll have some free time to stroll the picturesque streets lined with shops, galleries, unique boutiques, antique stores, restaurants and pubs before your return to Portland. Don't forget to bring your camera.

**Note:** Guests will have approximately one hour of free time at Dock Square in Kennebunkport. Walking is on sidewalks and gravel at guests discretion. To embark/disembark the boat, participants must negotiate approximately five steps and a gangway located at an angle that can change dramatically with the tides.

## Quebec City, Quebec

Tour Code: QUE\_01

Grand Exploration of Quebec

Approximate Duration: 7 ½ hours

Level 2, Meal

On this tour, experience the best of both the city of Quebec and the surrounding countryside. Perched high above the St. Lawrence River, your tour will include a stop at Dufferin Terrace and Chateau Frontenac, where you'll have an opportunity to independently visit the chateau or take in the spectacular view of the St. Lawrence River, Ile d'Orleans and the Laurentian Mountains. Passing through the St. Louis Gate, explore the National Battlefields Park, site of the historic battle where the French surrendered to the British in 1759. A photo stop will be made at Cap Diamant before continuing to the heart of the Lower Town and the beautifully restored market square, Place Royale. Along the narrow cobblestone streets of Petit Champlain, enjoy some free time to explore an array of quaint boutiques, specialty shops and outdoor cafes. Within minutes of the old walled city of Quebec are the beautiful pastoral landscapes of the Island of Orleans and Montmorency Falls. Cascading down a 272-foot cliff, Montmorency Falls is one-and-a-half times as high as Niagara Falls. Take a step back in time as you cross the bridge to the Ile d'Orleans, where you'll take a scenic drive passing the tip of the Island and the lovely 19th-century resort homes of Quebec's rich merchant class with spectacular views of the skyline of Quebec. Located along the infamous Beauport Coast, your journey takes you along the Chemin de Roy (King's Road) to the world-



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renowned shrine of St. Anne de Beaupre. With over one-and-a-half million visitors and pilgrims making their way to the shrine each year, St. Anne has become one of the most important Catholic sites in North America. Enjoy lunch at a beautiful setting in the countryside of Quebec.

Tour Code: QUE\_02

Countryside of Quebec

Approximate Duration: 4 hours

Level 1

Experience the splendor of French Canada's countryside as you drive into the foothills of the Laurentian Mountains to the renowned Lake Beauport area. Surrounded by emerald forests, a photo stop will be made to view the beauty of the lake and mountain scenery. Continuing toward the Beaupre Coast a stop will be made at the magnificent Montmorency Falls. Cascading down a 272-foot cliff, Montmorency is one-and-a-half times as high as Niagara Falls. Take a step back in time as you cross the bridge to the Ile d'Orleans where you'll take a scenic drive through the picturesque villages of traditional rural Quebec. Passing the tip of the island, see the lovely 19th century resort homes of Quebec's rich merchant class with spectacular views of the skyline of the city. The Quebec area is well-known for its production of maple syrup therefore, during the tour you'll have the opportunity to visit an authentic sugar shack, learn about the production of the Island's maple products and sample the sweet maple taffy.

**Note:** You'll have free time to walk the nature trails along the falls. Coffee, tea and pastries will be served either at the Montmorency Manor or the Sugar Shack.

Tour Code: QUE\_03

Historic & Modern Quebec

Approximate Duration: 2 hours

Level 2

Welcome to New France! Discover the European charm and character of the first French City in North America as you explore the city sites and learn the fascinating history of Quebec's 400-year legacy. Perched on a hill overlooking the St. Lawrence River is Chateau Frontenac, the best-known landmark in Quebec. Located just outside the chateau is the romantic boardwalk known as Dufferin Terrace from where you'll have a spectacular view of the St. Lawrence River, Ile d'Orleans and the Laurentian Mountains. Passing through the St. Louis Gate, next explore the National Battlefields Park, with a short photo stop at Cap Diamant. Continuing past trendy Grand Allee, the Champs-Elysees of Quebec lined with quaint shops, sidewalk cafes and boutiques, pass the Hotel du Parliament, an imposing Second Empire-style building.

Tour Code: QUE\_05

Ste-Anne-de-Beaupre & Falls

Approximate Duration: 3 hours

Level 1

If you're interested in religious history, or just in the mood for a scenic leisurely drive along the St. Lawrence River, you won't want to miss this trip to the world-renowned shrine of Ste. Anne de Beaupre. With over one-and-a-half million visitors and pilgrims making their way to the shrine each year, Ste. Anne has become one of the most important Catholic sites in North America. After a narration by your guide en route, you'll be able to independently enjoy the lovely grounds and major sites of Ste. Anne de Beaupre. Built in Medieval style, the most prominent structure is the Basilica. The impressive cross-shaped building is covered with granite and lit by over 200 stained glass windows. The Scala Santa, built in 1891, contains a replica of the Holy Stairs which Christ climbed before being sentenced to death by Pontius Pilate. The Memorial Chapel was built to commemorate the third church constructed on the site. Departing Ste. Anne, a stop will be made at the spectacular Montmorency Falls. Cascading down a 272-foot cliff, Montmorency is one-and-a-half times as high as Niagara Falls.

Tour Code: QUE\_06

Old Quebec Walking Tour

Approximate Duration: 2 ½ hours

Level 2

Best explored on foot, your experienced guide will make the history of Quebec come alive as you walk the charming cobblestone streets of the old town. In the heart of the Lower Town, and site of the first settlement of Quebec, is Place Royale. The typical stone buildings surrounding this historic square were once the homes of wealthy merchants. Along its narrow cobblestone streets you'll find an array of quaint boutiques, specialty shops and outdoor cafes as well as strolling musicians, jugglers and street performers. From Lower Town to Upper Town, enjoy a short funicular ride to reach the Chateau Frontenac area. Perched on a hill overlooking the St.



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Lawrence River, the castle-like chateau is the most well-known landmark in Quebec. It was here that Roosevelt, Churchill and Mackenzie King met to discuss their strategy during WW II. In front of the Chateau lies the romantic boardwalk of Dufferin Terrace. From here, enjoy a spectacular view of the St. Lawrence River, Ile d'Orleans and the Laurentian Mountains. Continuing through the walled city, pass Place d'Armes, the Seminary of Quebec and the Ursuline Convent before returning to your ship.

Tour Code: QUE\_07

Bicycle to Montmorency Falls

Approximate Duration: 4 hours

Level 2

You'll be met by your professional cycling guide on the pier for a short walk to the cycle shop where you'll be fitted with a bicycle and helmet and given a bottle of water. Following a brief safety demonstration, you and your guide will begin the approximately eight miles and 1 1/2-hour bicycle ride to Montmorency Falls. First pass the Quebec Yacht Harbor and the industrial grain elevators before crossing the St. Charles River. The cycle path continues on a parallel course along the St. Lawrence River from where you can enjoy spectacular views of the skyline of Quebec and the Island of Orleans. Upon arrival at Montmorency Falls, board an aerial tram for the ride to the top of the falls to enjoy breathtaking views and see the powerful forces of nature, as the water of the Montmorency River roars down the 272-foot cliff to eventually meet with the St. Lawrence River. After a brief stop for photos and some free time to walk the path along the falls you'll ride the tram back to the bottom of the falls and cycle back to your ship.

Tour Code: QUE\_08

Old Quebec Walk, Horse & Carriage

Approximate Duration: 3 hours

Level 2

Explore the narrow cobbled lanes and charming alleyways of the lower city on a walking tour. Then ride the funicular to the upper city for a stately tour in a horse and carriage. Place Royale the beautifully restored square in the heart of the Lower Town features superb examples of the 17th and 18th century stone architecture that characterizes the city. The site of the Sieur de Champlain's first settlement, the square is home to Notre Dame des Victoires, the oldest stone church still standing in North America. Petit Champlain Street, the pedestrian-only street adjacent to the Place Royale, features boutiques, shops, cafes and restaurants housed in 17th and 18th century buildings. Strolling musicians, jugglers and other street performers abound. Board the funicular for the short ride to the historic, walled Upper Town, home to Dufferin Terrace and Chateau Frontenac. Dufferin Terrace, Quebec's grand promenade, affords panoramic views of the St. Lawrence River, the town of Levis on the opposite bank, the Ile d'Orleans, and the Laurentian Mountains. Chateau Frontenac, Quebec's most recognizable landmark, is a palatial hotel, a green-turreted castle built in 1893 by the Canadian Pacific Railway. Franklin Roosevelt, Winston Churchill and MacKenzie King met here to discuss strategy during World War II. Board your elegant carriage in the Place d'Armes and ride through the historic streets of the Upper Town. You'll pass by the Artists Alley, Notre-Dame Basilica, Seminary of Quebec, Place de l'Hotel de Ville through St.-Louis gate along Grande-Allee to Battlefield Park and travel back via St. Louis Street.

Tour Code: QUE\_09

Beaupre Coast, Canyon & Winery

Approximate Duration: 4 hours

Level 1

Experience the splendor of French Canada's Beaupre Coast as this tour takes you along the St. Lawrence waterway to the natural wonder known as St. Anne Canyon. Carved into the 900 million year old rock of the Canadian Shield, this little-known natural wonder is located along the beautiful Beaupre Coast. Upon arrival, board an open air tram for a short ride (approximately 1/3 mile) to the canyon. Three bridges and various lookout platforms with interpretive displays allow for spectacular views of the 270-foot falls. Returning to the entrance you'll have time to visit the gift shop, restroom facilities, or small cafe before departing. Following your visit of the canyon, another visit will be made to a vineyard located on the picturesque Island of Orleans. Discover the vandal-Cliche, a typically Quebecois variety of grape adapted especially for our Nordic climate and developed here in Quebec. Learn about viticulture in Quebec, our techniques for cultivating the vines and our vinification methods. On your return journey a photo stop will be made at the bottom of Montmorency Falls. Cascading down a 272-foot cliff, Montmorency Falls is 1-1/2 times as high as Niagara Falls. Enjoy the breathtaking views and see the powerful forces of nature as the water of the Montmorency River roars down the cliff to eventually meet with the St. Lawrence River.



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**Note:** Participants must be at least 18 years of age to participate in the wine tasting.

Tour Code: QUE\_10

An Evening at the Sugar Shack

Approximate Duration: 3 ½ hours

Meal

Treat yourself to an authentic Quebecois tradition and join the fun at the Sugar Shack with good food, traditional music and a maple taffy treat. Upon arrival, you'll be greeted by the local tenants of the Cabane a Sucre (Sugar Shack), where you'll visit an absolutely unique Maple Museum, demonstrating the evolution and modernization of the industry throughout the years. Afterward, you'll enter the Sugar Shack, where you'll enjoy an unforgettable evening filled with live entertainment. A traditional Quebecois all-you-can-eat family style meal will be served. A real Quebecois maple taffy pull will be just one of the highlights of the evening. More song, dance and music will be provided before you board your coach for a short drive back to your ship.

Tour Code: QUE\_11

Ghost Tour of Quebec

Approximate Duration: 2 hours

Level 2, Age Restrictions

As skies begin to darken, your costumed tour guide strikes a match and lights his lantern. You wait in anticipation, for you know you'll be walking through Old Quebec to hear stories of over 300 years of murders, executions, mysterious ghost sightings, tragedies and hauntings. The cobblestone streets and ancient buildings set the stage for a truly unique experience.

**Note:** While the tour is not designed to frighten but rather to fascinate, it is not suited for children under 12 years of age. For your comfort, it is recommended that you wear comfortable walking shoes.

Tour Code: QUE\_27

Quebec City & Montmorency Falls

Approximate Duration: 3 hours

Level 2

Discover the European charm and character of the first French City in North America as you explore the city sites and learn the fascinating history of Quebec's legacy. Perched on a hill overlooking the St. Lawrence River is Chateau Frontenac, the best-known landmark in Quebec. Located just outside the chateau is the romantic boardwalk known as Dufferin Terrace from where you'll have a spectacular view of the St. Lawrence River, Ile d'Orleans and the Laurentian Mountains. Passing through the St. Louis Gate, next explore the National Battlefields Park, with a short photo stop at Cap Diamant. Continue on past the trendy Grand Allee, the Champs-Elysees of Quebec lined with quaint shops, sidewalk cafes and boutiques. Next, pass the Hotel du Parlement, an imposing Second Empire-style building. Within minutes of the walled city of Old Quebec are the beautiful pastoral landscapes of Quebec's countryside. A photo stop will be made at the Montmorency Falls where you will enjoy the breathtaking views and see the powerful forces of nature as the water of the Montmorency River roars down the cliff to eventually meet with the St.-Lawrence River.

Tour Code: QUE\_15

Quebec's Countryside (Ending at the Airport)

Approximate Duration: 4 hours

Level 1, Debarck

Experience the splendor of French Canada's countryside as you drive into the foothills of the Laurentian Mountains to the renowned Lake Beauport area. Surrounded by emerald forests, a photo stop will be made to view the beauty of the lake and mountain scenery. Continuing toward the Beauport Coast a stop will be made at the magnificent Montmorency Falls. Cascading down a 272-foot cliff, Montmorency is one-and-a-half times as high as Niagara Falls. Coffee, tea and pastries will be served in the Montmorency Manor. Take a step back in time as you cross the bridge to the Ile d'Orleans where you'll take a scenic drive through the picturesque villages of traditional rural Quebec. Passing the tip of the island, see the lovely 19th century resort homes of Quebec's rich merchant class with spectacular views of the skyline of the city. The Quebec area is well-known for its production of maple syrup therefore, during the tour you'll have the opportunity to visit an authentic sugar shack, learn about the production of the island's maple products and sample the sweet maple taffy.

**Note:** You'll have free time to walk the nature trails along the falls. This tour is only available for Norwegian Spirit guests with flights after 3:00 pm out of Quebec Airport (YQB). Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. This tour does not necessarily drop off at all NCL program hotels, please check with the Shore Excursion staff onboard as to which hotel drop-offs are



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available. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.

Tour Code: QUE\_16

Old & New Quebec (Ending at the Airport)

Approximate Duration: 2 ½ hours

Level 2, DebarK

Welcome to New France! Discover the European charm and character of the first French City in North America as you explore the city sites and learn the fascinating history of Quebec's 400-year legacy. Perched on a hill overlooking the St. Lawrence River is the Chateau Frontenac, the best-known landmark in Quebec. Located just outside the Chateau is the romantic boardwalk known as Dufferin Terrace from where you'll have a spectacular view of the St. Lawrence River, Ile d'Orleans and the Laurentian Mountains. Passing through the St. Louis Gate, next explore the National Battlefields Park, with a short photo stop at Cap Diamant. Continuing past trendy Grand Allee, the Champs-Elysees of Quebec lined with quaint shops, sidewalk cafes and boutiques, you'll pass the Hotel du Parliament, an imposing Second Empire-style building.

**Note:** This tour is only available for Norwegian Spirit guests with flights after 2:00 pm out of Quebec Airport (YQB). Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. This tour does not necessarily drop off at all NCL program hotels, please check with the Shore Excursion staff onboard as to which hotel drop-offs are available. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.

Tour Code: QUE\_26

Quebec Overview & Montmorency Falls (Ending at the Airport)

Approximate Duration: 3 ½ hours

Level 2, DebarK

Before making your way to the Airport why not discover the European charm and character of the first French City in North America as you explore the city sites and learn the fascinating history of Quebec's legacy. Perched on a hill overlooking the St. Lawrence River is Chateau Frontenac, the best-known landmark in Quebec. Located just outside the chateau is the romantic boardwalk known as Dufferin Terrace from where you'll have a spectacular view of the St. Lawrence River, Ile d'Orleans and the Laurentian Mountains. Passing through the St. Louis Gate, next explore the National Battlefields Park, with a short photo stop at Cap Diamant. Continue on past the trendy Grand Allee, the Champs-Elysees of Quebec lined with quaint shops, sidewalk cafes and boutiques. Next, pass the Hotel du Parliament, an imposing Second Empire-style building. Before making your way to the Quebec Airport a stop will be made at the Montmorency Falls where you'll enjoy the breathtaking views and see the powerful forces of nature as the water of the Montmorency River roars down the cliff to eventually meet with the St.-Lawrence River.

**Note:** This tour is only available for Norwegian Spirit guests with flights after 3:00 pm out of Quebec Airport (YQB). Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. This tour does not necessarily drop off at all NCL program hotels, please check with the Shore Excursion staff onboard as to which hotel drop-offs are available. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.

## Saint John, New Brunswick

Tour Code: SJB\_01

Saint John Highlights

Approximate Duration: 2 hours

Level 1

Saint John's history is evident in its weather-worn look, passing the tests of salt air, sea winds and a devastating fire. As your guide takes you past prominent landmarks and historic buildings, you'll be introduced to many fascinating personalities and events that occurred to make Saint John the greatest little city in the east. Visit the Reversing Falls Rapids, where the mighty Bay of Fundy causes the St. John River to reverse direction and flow upstream. Stop to explore the Old City Market, where you'll delight in the vibrant sights and sounds and chat with the locals. Pass the Carleton Martello Tower, and see your ship in the port of Saint John against the beauty of the Bay of Fundy from Fort Howe lookout. Discover close to four hundred years of history in the heart of Canada's oldest incorporated city and experience a delightful blend of past and present.

**Note:** Tour includes minimal walking on level ground with approximately 15 to 20 steps and an incline.



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Tour Code: SJB\_02

St. Martins & the Bay of Fundy

Approximate Duration: 5 hours

Level 2, Meal

Less than an hour away from Saint John is the picturesque fishing village of St. Martins, a beautiful window through which to take a peek at life in New Brunswick. During the scenic drive to St. Martins, your local guide will entertain you with fascinating folklore about the village, including the thriving shipbuilding era of bygone days. Upon arrival, stop at the harbor and witness the effects of the extreme high and low tides of the Bay of Fundy. This area is a favorite with artists, with its lighthouse, lobster traps and fishing boats creating a charming scene. Stroll over the covered bridge and explore this working harbor. Visit the beach, where time and tides have carved echoing caves in the sandstone cliffs. Enjoy a walk along the beach and a light lunch of delicious seafood chowder at the beach restaurant. As you return to the pier, enjoy the scenery and reflect on your wonderful day in St. Martins.

**Note:** There will be alternate soup for those who don't eat seafood.

Tour Code: SJB\_04

History in Stone Stroll

Approximate Duration: 2 hours

Level 2

Walk along two of Saint John's most notable streets: Germain Street, one of the city's most elegant residential streets and Prince William Street, former heart of the business and financial community. Get up-close to many fine architectural structures and discover fascinating details such as ornate carvings, exquisite stained glass, wrought iron fences and fascinating gargoyles. Strolling through historic Trinity Royal, Saint John's Heritage Area, you'll see the three churches along Germain Street for which the area is named and stop to admire one of them. Also explore the Old City Market, where an eye-opening variety of fresh seafood, vegetables and crafts are for sale. This tour provides fascinating folklore, beautiful architecture and a great chance to chat with locals.

**Note:** There is approximately one mile of walking over even surfaces with 15 to 20 steps and several steep inclines. We suggest that you dress in layers and carry raingear for this extended outdoor adventure. Please wear comfortable walking shoes.

Tour Code: SJB\_06

The Bay of Fundy Up Close

Approximate Duration: 2 ½ hours

Level 2

This fascinating tour takes you up-close to the world-renowned Bay of Fundy and its effects on Saint John, the Fundy City. Meet your local guide at the pier for your guided walk to the New Brunswick Museum, where a guide will introduce you to the wonders of the Bay of Fundy. During this exclusive program, discover the forces that work together to create the highest tides in the world here in the Bay of Fundy, which rise to over 40 feet, or the equivalent of a four-story building. Hear about the geology and geography of the Bay of Fundy region, including why the Reversing Falls exist and learn about the variety of birds, seals and fish species that make the bay their home. After your visit to the museum, step outside and board a sightseeing boat for a closer look at the Bay of Fundy and the famous Reversing Falls Rapids. This sightseeing boat has been specially designed to take you up-close to the famous Reversing Falls, where the mighty Bay of Fundy causes the St. John River to reverse direction and flow upstream and from the boat. While seeing the rapids from this unique vantage point is the highlight of your boat tour, you'll also cruise around the harbor, alongside your cruise ship and past a number of significant Saint John sights. This is a Bay of Fundy Experience you won't want to miss!

**Note:** This is a walking tour. Participants must be able to walk a total of approximately ½ mile from pier to museum to sightseeing boat, sometimes on cobblestone pathways or a wooden boardwalk, as well as be able to descend the ramp and manage 60 steps at the boat landing.

Tour Code: SJB\_07

Trolley 'round Saint John' Tour

Approximate Duration: 1 ¼ hours

Level 1

Tour Saint John on a San Francisco-style motorized trolley, similar to the century-old streetcars and enjoy the narrative by your driver-guide as Saint John history comes to life. Discover Saint John's charm and learn about the personalities and events that have contributed to its fascinating history. Visit the Reversing Falls Rapids, where the mighty Bay of Fundy causes the St. John River to reverse direction and flow upstream. View the port of Saint John and your cruise ship against the beauty of the Bay of Fundy from Fort Howe lookout. Discover 400



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years of history in the heart of Canada's oldest incorporated city and experience a delightful blend of past and present. Your tour ends at the Old City Market, in the heart of Saint John. Disembark and explore at your leisure, as you are within a 3 block radius of Saint John's top attractions. At any point in the day, you can hop on board the trolley for a ride back to your ship.

Tour Code: SJB\_08

Ride the Rapids

Approximate Duration: 3 hours

Level 2, Age & Height Requirements

The Reversing Falls jet-boat ride is an adventure you won't want to miss! This excursion begins with an orientation tour, including the Old City Market, Fort Howe and more. Then arrive at Fallsview Park and get ready for a thrilling jet-boat ride through the famous Reversing Falls Rapids for approximately 20 minutes and get an excellent view of the powerful whirlpools swirling about and waves towering. You'll be provided with raingear in preparation for this fabulous adventure, but even with it, you'll get wet from the waves and the spray.

**Note:** Participants must be at least 13 years of age and a minimum of 42 inches tall. This excursion is not recommended for guests with heart or back problems or who may be pregnant. There are approximately 40 steps to negotiate. Although all efforts are taken to ensure this excursion is safe, in activities of this nature an element of risk is beyond human control. You'll be asked to sign a waiver. Participants will receive raingear and lifejackets. It is recommended that you bring a towel and a change of clothes. The nature of the jet-boat ride is a thrill ride and participants will get wet.

Tour Code: SJB\_10

Moosehead Beer Tasting & City Combo

Approximate Duration: 2 ½ hours

Level 2

Celebrate a passion for beer and culture, experience the sights of Saint John and sample the finest Moosehead beer products in the Maritimes, all while you enjoy live entertainment by our local east coast artist. Your journey begins with an orientation tour of Saint John featuring a visit to the Old City Market to chat with locals and be charmed by this vibrant meeting place. Drive through Wolastoq Park and stop to overlook the famous Reversing Falls Rapids, Moosehead Breweries and the Uptown of Saint John with your cruise ship as a backdrop. Discover close to 400 years of history in the heart of Canada's oldest incorporated city and experience a delightful blend of past and present. Then, head over to O'Leary's Pub, one of the most popular Irish pubs in Saint John, to sample three of the finest Moosehead beer products in the Maritimes. After a beer presentation, enjoy the sounds of Maritime music that will make you want to get up and dance. A short walk will return you to your ship.

**Note:** Participants must be at least 19 years of age to join in the beer sampling at O'Leary's Pub. This tour is not recommended for guests with difficulty walking. Walking is approximately 1/2-mile on mostly level ground with several flights of steps and no elevator. The return walk to the ship is only two blocks, downhill.

Tour Code: SJB\_16

Horse-Drawn Trolley

Approximate Duration: 1 hour

Level 1

Step back in time and join us on an old fashioned tour of the City of Saint John and its history. Experience the unique architecture while our horse-drawn trolleys move at a pace of yesteryear. Our tour guide will entertain you with the wonderful history of Canada's first incorporated city. Learn about the great fire that destroyed much of the city. See the Loyalist Burial grounds, King Square, the unique Old City Market, the great stone church, and much, much more. A special stop will be made uptown for the passenger who wishes to stay and enjoy the shopping in our city. All the trolleys have roofs for shade and blankets for those chilly days.

**Note:** Trolleys are open to weather, so appropriate outerwear should be worn.

Tour Code: SJB\_20

Bay of Fundy Spectacular

Approximate Duration: 6 hours

Level 3, Meal

This unique tour takes you to visit the Fundy Trail, offering views of coastal wilderness stretching as far as the eye can see and the last undeveloped coastline on the Eastern Seaboard. The Bay of Fundy, boasting the world's highest tides will thrill you with breathtaking views of beaches, headlands, vistas and dramatic plunging cliffs. Drive through the picturesque village of St. Martins while your guide entertains you with fascinating folklore about the village, including the thriving shipbuilding era of bygone days. Visit the beach, where time and tides have



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carved echoing caves in the sandstone cliffs. Then travel to the Big Salmon River Interpretive Centre and learn about life in days gone by. Big Salmon River village was an American-owned logging community from the end of the 19th century until about 1950. The last owner was the Hearst Family. Take a walk on the suspension bridge over Big Salmon River, view its crystal-clear waters and watch for salmon. Eat a picnic lunch overlooking the world-famous Bay of Fundy and Big Salmon River Beach. We will take time to stop at the St. Martins Harbor for photo opportunities of the twin covered bridges and the Lighthouse Visitor Centre.

**Note:** Walking distance is approximately 1/3-mile for approximately 30 minutes.

Tour Code: SJB\_21

Fundy by Land & Sea

Approximate Duration: 2 ½ hours

Level 2

See the best of Saint John by land and sea. Depart the pier with your local guide and explore the city's highlights, including the colorful streets of Saint John's historic uptown and the breathtaking view from Fort Howe. Stop for a photo at Fallsview Park, where the mighty St. John River meets the powerful tides of the Bay of Fundy, creating the renowned Reversing Falls Rapids. Next, board an enclosed sightseeing tour boat for a view of the rapids from sea level and a cruise of the Saint John Harbor, including Harbour Passage, the Port of Saint John and of course, your cruise ship. Both on land and sea, your guide will entertain you with tales of Saint John's fascinating personalities and historic events. Disembark your sightseeing boat at Market Slip and enjoy the walk along the waterfront to return to the pier or stay uptown to explore at your leisure.

**Note:** Participants must be able to descend 25 steps onto a floating dock and walk back to the pier after your tour for approximately 1/4-mile.

Tour Code: SJB\_27

Ultimate Hopewell Rocks & Tidal Discovery

Approximate Duration: 7 hours

Level 2, Meal, Ultimate Touring

Experience some of the world's highest tides as you explore a world-class attraction, and a UNESCO Biosphere Reserve. Travel along the picturesque Fundy coastal drive to the Hopewell Rocks. Your local guide will delight you with both facts and folklore surrounding the Bay of Fundy coastal communities. Pass through Fundy National Park, where you can often spot various bird species and even an occasional moose. Then get ready to discover the Hopewell Rocks, the icon of New Brunswick. Experience these flowerpot rocks created by the clash of continents, carved by melting glaciers, then sculpted by the highest tides in the world. Interpretation will be delivered to explain how twice daily one hundred billion tons of water creates tides that can rise up to 50 feet. Enjoy a buffet-style lunch at the High Tide Cafe. Relax as you enjoy the scenic New Brunswick countryside on the route back to your cruise ship.

**Note:** Please note that the tidal activity cannot be guaranteed. Guests must be able to walk approximately 300 yards over pebbled and wet surfaces, and maneuver approximately 100 steps.

Tour Code: SJB\_28

Bay of Fundy Coastal Photography

Approximate Duration: 3 ½ hours

Level 1

Led by a professional photographer, this tour will provide you with tips and techniques on photography while you photograph some of the most iconic images of New Brunswick, including a Bay of Fundy beach, a working fishing wharf, waterfalls, and more! Your coastal adventure also includes a photo stop at the world-renowned Reversing Falls Rapids, where the mighty Bay of Fundy causes the Saint John River to reverse direction twice every day and flow upstream! This excursion takes you off the beaten path and along the coast of the Bay of Fundy, and the scenic beauty that you'll photograph is breathtaking.

**Note:** This tour has very limited capacity, please book early.

Tour Code: SJB\_31

Fundy Coastal Tour

Approximate Duration: 2 ¾ hours

Level 1

Travel off the beaten path to explore the Bay of Fundy's spectacular scenery. Home to the highest tides in the world, the Bay of Fundy has a beautiful and dramatic coastline, with scenic vistas that shift with the ebb and flow of the tide. This scenic tour includes a stop to explore a Bay of Fundy beach, as well as a visit to a working fishing wharf to learn about techniques of fisher folk of the Bay of Fundy for catching lobster, herring and more. You'll



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also stop by a picturesque waterfall on a river en route. Throughout your scenic tour, your local guide will entertain and inform you with facts and folklore about the Bay of Fundy. Learn about the way of life for those who make their living along the Bay of Fundy, as well as the fascinating effects of the Bay of Fundy tides and the varieties of wildlife that call the Bay of Fundy their home.

Tour Code: SJB\_33

ADA Accessible Saint John Highlights

Approximate Duration: 2 ½ hours

Level 1, Guests with Disabilities

This tour uses an accessible mini-coach equipped with a motorized wheelchair lift and traces over 400 years of history of Canada's oldest incorporated city. As your guide takes you past prominent landmarks and historic buildings, you'll be introduced to the many fascinating personalities and events that made Saint John the greatest little city in the east. Your first stop is at Wolastoq Park, a great place to survey the harbor. Next, you'll stop to view the famous Reversing Falls Rapids at Fallsview Park, touted as the sight no one should miss on a visit to Saint John. From the bluffs, your guide will explain that twice daily the powerful tides of the Bay of Fundy rise faster than the river can empty. When this happens, the mighty tides push the river water upstream, causing the rapids to run in the opposite direction and the St. John River to flow backwards. You'll have approximately 20 minutes to explore the Old City Market and chat with the vendors before boarding your coach and returning to the ship.

**Note:** The accessible Handi-Bus with motorized lift can accommodate up to 700 pounds combined weight including wheelchair/scooter. Lift is 32" wide, 72" tall and 60" long. Ground is level, both paved and gravel. Minimum capacity required for tour to operate is 6 participants; maximum vehicle capacity is 12. To confirm vehicle availability before booking this tour, please call 1-866-625-1167.

Tour Code: SJB\_34

Big Pink Bus Hop-on Hop-off Tour

Approximate Duration: 1 ½ hour

Level 1

Want to explore the delights of this charming harbor city? Think pink! Climb aboard your authentic London double-decker, dressed in pink to support breast cancer awareness, and choose your own experience. Your all-day pass gives you access to three fully guided loops, and all the best Saint John has to offer. One loop takes you to Fallsview Park to see the phenomenon that is reversing falls. The waters of the mighty Saint John River collide with the Bay of Fundy for a breathtaking spectacle you won't soon forget. The 'All About Town Loop' links you to many popular attractions and historic city landmarks. Highlights include Fort Howe, an 18th century British fortification, Loyalist House, one of the few buildings to survive the 'Great Fire of 1877', and The New Brunswick Museum, where the city's rich heritage comes to life. Our third loop transports you to the City Market and King Street, Canada's shortest and steepest street. Relax in idyllic Kings Square or visit the bustling market on Charlotte Street where tasty treats and eye-catching crafts await you.

**Note:** Collapsible wheelchairs can be stored, but only one per double-decker, due to safety requirements. Admission fees are not included in the price of this tour and are at the discretion of the guest. Double-deckers depart the pier and at all stops approximately every 15 to 30 minutes all day long.

## Sept-Iles, Quebec

Tour Code: SEI\_01

Scenic Railroad to Innu Nation Camp

Approximate Duration: 3 ½ hours

Level 2

A scenic train ride takes you along the Moisie River to a traditional Innu camp. Here you'll learn about the Moisie River as well as the traditional and modern ways of the Innu. Enjoy a relaxing train ride along the river as it plunges steadily southward from the Labrador Plateau for over 258 miles. The Moisie has provided sustenance, entertainment and glorious natural beauty for ancient and modern people alike. The river's modern name was given by French explorers, Moisie meaning 'marshy banks.' However, the native Innu call the river 'Mish-te-shipu,' or 'great river', and still use it as a route to their wilderness hunting and fishing grounds as they have done for hundreds of years. The Innu are the indigenous inhabitants of eastern Quebec and Labrador, Canada, an area they refer to as Nitassinan. The Innu are known to have lived on this land for many centuries as a nomadic hunter-gatherer culture, living in animal skin tents and relying on the land for sustenance in their activities of



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hunting and trapping caribou, moose and deer. You'll follow the Moisie River by train as it snakes through the coniferous forests and glacially carved valleys of Quebec Province until arriving at the traditional Innu camp. You'll be immersed into the many aspects of traditional and contemporary Innu culture including their history, beliefs and traditions. Learn about the traditional Innu medicine, the weaving and production of snowshoes for traversing the winter landscape, and the making and embroidering of typical moccasins. Hear the traditional Innu chants and taste the local fare of smoked salmon and bannick (bread), after a demonstration on its preparation.

**Note:** The train and the Innu camp are not wheelchair accessible and guests must manage two large steps to enter and exit the train.

Tour Code: SEI\_02

Meet the Natives

Approximate Duration: 2 hours

Level 1

Visit the Innu Reserve and discover the natives' modern lifestyle. Explore the Shaputuan Museum and the Vieux-Poste to gain insights into the history and heritage of the Innu people. The Innu forms the largest First Nation in Quebec. The white men referred to them as the Montagnais because of their annual migration to the mountains, but they call themselves the Innu which means human beings. They are known to have lived on these lands as hunter-gatherers for several thousand years, living in tents made of animal skins. Their subsistence activities were historically centered on hunting and trapping caribou, moose, deer and small game while some coastal clans also practiced agriculture, fishing, and managed maple sugar bush. Their official languages are Innu and French, and the local economy is based chiefly on fishing, logging, trapping, construction, transport, outfitters, and arts and handicrafts. At the Shaputuan Museum, discover the unique activities and customs of this Amerindian nation by examining their traditional objects and playing interactive games. A permanent exhibit illustrates the traditional life of the Innus throughout the seasons, while temporary exhibits highlight the works of native artists and craftspeople. Also visit the Vieux-Poste (trading post) originally opened in 1676 by a society in which the famous explorer Louis Jolliet was a member. After the conquest in 1759, various merchants occupied the post, including the Hudson Bay Company. In 1967 the post was refurbished to look as it did in 1786 and now houses a large exhibit depicting the hunting traditions of the area. You may also visit a traditional Shaputuan (tent) and listen to Innu discuss their traditions, language and current challenges.

Tour Code: SEI\_03

Sept-Iles Highlights

Approximate Duration: 3 ½ hours

Level 1

Discover Sept-Iles, one of Quebec's largest cities surrounded by forests and awash in lakes and rivers; it is a veritable paradise for hunters and anglers. The city's museums and historical interpretation centers highlight its rich past. Modern Sept-Iles was almost built overnight in the mid 20th century by the Iron Ore Company of Canada during the construction of the Quebec North Shore and Labrador Railway. Iron ore mined near Wabush, Labrador was transported on this railway and shipped from the port of Sept-Iles. However Sept-Iles has a very rich history indeed. Early explorers such as Louis Jolliet were initially attracted to this area for the great hunting, fishing and trapping opportunities and in 1679 he established a successful trading post in this area. Years later, in 1759, Jolliet's trading post was captured by the British and various merchants including the Hudson Bay Company occupied the post. In 1967, the post was refurbished to look as it did in 1786 and serves as a museum for the local hunting traditions. Visit this post and also have the opportunity to step inside a traditional shaputuan (animal skin tent) and listen to Innu discuss their culture and current challenges. The Shaputuan Museum allows visitors to further discover and appreciate the Innu culture by featuring both an exhibit of seasonal Innu lifestyle as well as a display of traditional art work by local artists. Understand the true character of the north shore at the Regional Museum which highlights both the nature and industry of the north shore and the works of local contemporary artists. At the museum, you may try chicoutai, a unique liqueur made from cloudberry, a raspberry-type fruit that grows in peat bogs. Enjoy a brief photo stop at the magnificent sandy beaches to observe whales and birds and view the islands of the archipelago before returning to your ship.

Tour Code: SEI\_04

Salmon Interpretation Center

Approximate Duration: 3 ½ hours

Level 1

Visit Riviere-aux-Rochers Park, a fascinating salmon interpretation center and enjoy a scenic drive through Clarke City and the Innu Reserve. Riviere-aux-Rochers Park, located along the banks of the Rochers River in the heart



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of Port Cartier, is exceptionally beautiful. The Salmon Interpretation Center offers guided tours of the center and detailed information about salmon, how the species is threatened and steps that have been taken to protect it. Following the guided tour, you'll have the opportunity to admire the falls, watch anglers in action or walk to the suspension bridge. Your scenic drive passes through Clarke City, the first industrial city on Quebec's north shore. In 1898, four Clarke brothers from Toronto arrived to the north shore area and immediately recognized its potential to produce hydroelectricity as well as pulp and paper. Thus began the history of Clarke City, the area's first industrial town that thrived until 1967. A wharf, a 7-1/2 mile railroad, and a hydroelectric dam were built, and soon an entire town had grown around them. The interpretation center explains this history, as well as the social and cultural life of this once booming town. En route back to the pier your scenic drive will pass through the Innu Reserve as well as a picturesque photo stop of a famous shipwreck site.

**Note:** The salmon trap and the ponds are not wheelchair accessible.

Tour Code: SEI\_06

Sept-Iles Archipelago Zodiac Cruise

Approximate Duration: 2 ½ hours

Level 2

After a short walk to the marina, board your 12-passenger Zodiac that will take you on a fascinating two-hour cruise through a splendid archipelago in the heart of a region, recognized as one of the five best places in the world to observe and follow whales. Each of the archipelago's islands has distinctive features. After a comprehensive safety briefing before boarding the Zodiac, you'll be able to view Corossol Island, a bird sanctuary and a perfect place for whale watching. It also has one of the many lighthouses built in the area to help navigate the mighty St. Lawrence. Also visit Manowin Island known for its unique bird-nesting cliffs. During your tour your guide will tell the sad history of two shipwrecks in the area, 'Le Corossol' and the 'Jean-Marc Soucy.' A cruise in this archipelago offers front-row seats to a unique spectacle, with the blue sea and sky as backdrop and the cries of the seabirds as the musical accompaniment to complete the magic. Discover the flora, fauna and mysteries of the archipelago during an unforgettable adventure!

**Note:** Zodiacs are not wheelchair accessible. Gangway inclination depends on the tide.

## Sydney, Nova Scotia

Tour Code: SYN\_01

Baddeck & Alexander Graham Bell Museum

Approximate Duration: 4 hours

Level 1

Travel to the beautiful resort Village of Baddeck, situated on an inlet of the lovely Bras d'Or Lakes. It's here that Alexander Graham Bell spent the last 37 years of his life. Visit the Alexander Graham Bell Museum, operated by Parks Canada, which does full justice to the outstanding accomplishments of the man best-known for the invention of the telephone, and remarkable contributions in the fields of medicine, genetics, electricity, sound and speech, as well as aeronautics and marine engineering. The museum itself is architecturally striking, as its design is based on the tetrahedron form Bell used for his flight test kites and houses the most extensive collection of Bell artifacts contributed by the Bell Family. On the picturesque 45-mile drive to Baddeck, you'll see Boulanderie Island, the Seal Island Bridge, Kelly's Mountain and St. Ann's Bay.

Tour Code: SYN\_02

Sydney Area Historical Drive

Approximate Duration: 2 ½ hours

Level 1

Discover the many influences that have given Sydney its colorful character from its founding by Loyalists in 1785 to the present day. Learn why its harbor is among the most strategic on the Atlantic, playing a major role in both World Wars. You'll see the former 'company community' of Whitney Pier where employees of the steel and coal industries forged their lives for many years. A visit to the Whitney Pier Museum will bring to life the history of the many ethnic groups that made up our population. Light refreshments will be served here. Also visit Fort Petrie Battery that protected Sydney Harbor from enemy attack during World Wars I and II.



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Tour Code: SYN\_03

Fortress of Louisbourg

Approximate Duration: 3 ½ hours

Level 2

Mingle with period-costumed interpreters portraying historic characters as you step back in time to 1744 at the Fortress of Louisbourg. Meticulously restored to its original appearance, Louisbourg is Canada's most ambitious attempt to recall the past relationship between France and the American Colonies and is the flagship of the Parks Canada system. Your visit is in two parts, beginning with a 45-minute guided outside walking tour of the restored buildings (including the Chateau St. Louis with its beautiful furniture, tapestries and paintings). The balance of time (approximately 1 1/2 hours) will allow you to explore this fascinating site on your own. Come live the excitement of a day in 1744 as you stroll the lively streets, perhaps stopping for a snack or meandering through the gardens. Reenactments erupt at every turn as you explore the city, admiring the many buildings furnished to period or browsing through the myriad of exhibits.

**Note:** Considerable walking is involved. Wear sturdy walking shoes and dress warmly, a jacket or a windbreaker are highly recommended. This tour is not recommended for persons with special mobility needs or wheelchairs.

Tour Code: SYN\_04

A Guided Walk in Old Sydney Town

Approximate Duration: 2 hours

Level 2

Join a relaxed walking tour of Old Sydney, founded by Loyalists fleeing the American Revolution. You'll visit four museums: St. Patrick's, the oldest Roman Catholic Church in Cape Breton; Cossit House, built in 1787; Jost House, offering interesting exhibits from this same period; and your final stop – the Cape Breton Centre for Heritage and Science. At the end of the tour, return to your ship with your guide or visit the local shops that are within easy walking distance and return to the ship on your own.

Tour Code: SYN\_05

Heart of the Island

Approximate Duration: 3 ½ hours

Level 2

Ciad Mile Failte – A Hundred Thousand Welcomes await you. Nova Scotia is Latin for New Scotland and nowhere is this more evident than on Cape Breton Island. This picturesque excursion takes you to the very heart of the island. The route includes some of the island's most dynamic scenery, weaving a route through rugged countryside, touching the shores of the famous Bras d'Or Lakes. Known as the Great Inland Sea (the lakes are saltwater) the Bras d'Or region is a major breeding ground for the bald eagle and other exotic wildlife. As your tour progresses, stop at the geographical center of Cape Breton Island, Hector's Point, Iona and visit the Nova Scotia Highland Village, a 50-acre historical site overlooking the Bras d'Or Lakes. Take a chronological journey through 180 years of Cape Breton's Scottish architecture, hosted by costumed staff trained in conversational Gaelic and local history. View a full-size replica of a Scottish Blackhouse, the original one-room structure occupied by the first Scottish settlers in the region, and the only one of its kind in North America. A hilltop panoramic view offers a beautiful blend of land, sky and water. Enjoy tea or coffee and oatcakes before returning to your ship.

**Note:** There is a fair amount of walking at the Highland Village. However, the tour is very scenic and if you wish, you can enjoy the views from the motorcoach and the visitors center. Tea or coffee is served at Highland Village.

Tour Code: SYN\_06

Sailing on the Bras d'Or Lakes

Approximate Duration: 4 ½ hours

Level 2

Sail away to 'where the only sound you hear is the wind in your sails,' an experience as unique and unforgettable as Cape Breton's Bras d'Or Lakes. Bras d'Or, French meaning Arm of Gold, is Canada's only inland sea in the heart shape of Cape Breton Island. The pristine waters cover one third of the island, to a depth of over 900 feet, the deepest saltwater lake in Nova Scotia. After an approximately one-hour drive from your ship to Baddeck, view Cape Breton from the deck of the 67-foot staysail schooner, the 'Amoeba.' Sail by Alexander Graham Bell's stately mansion and watch for bald eagles in their natural setting. After your sailing experience, you'll have free time to visit the resort village of Baddeck.

**Note:** Dress warmly, a jacket or windbreaker is highly recommended.



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Tour Code: SYN\_08

Bras d'Or Lakes Grand Tour

Approximate Duration: 7 hours

Level 1, Meal

Nova Scotia is Latin for New Scotland, and nowhere is the aptness of this name more evident than on Cape Breton Island. This picturesque excursion takes you on a circular tour of the very heart of the island and includes some of the island's most dynamic scenery on the shores of the famous Bras d'Or Lakes. Stop at the geographical center of Cape Breton Island to visit the Nova Scotia Highland Village, a 50-acre historical site overlooking the Bras d'Or Lakes. Take a journey through 180 years of Cape Breton's Scottish architecture, hosted by costumed staff trained in conversational Gaelic and local history. A lunch stop will be made in the village of Baddeck. Free time in the village will allow for shopping and taking in the sights. A brief stop will also be made at the Alexander Graham Bell Museum housing the world's most extensive collection of Bell artifacts.

**Note:** There is a fair amount of walking at the Highland Village. However, the tour is very scenic and if you wish, you can enjoy the views from the motorcoach.

Tour Code: SYN\_09

Spirit of the Fiddle

Approximate Duration: 1 ½ hours

Level 1

Cape Breton is world-renowned for the revival of Celtic music and the unique style of playing the fiddle. This presentation is in recognition of that musical heritage. Join us for a musical experience unique to Cape Breton Island. Influenced by Scottish, Irish and Acadian traditions, enjoy professional local entertainers as they offer singing, step dancing and of course, lively fiddle playing. This exclusive presentation has been developed just for cruise line guests. Meet at the world's largest fiddle and be piped to an intimate performance space in the Sydney Cruise Terminal located directly across from your ship. Refreshments, including traditional Cape Breton oatcakes will be served.

Tour Code: SYN\_12

Sydney Highlights

Approximate Duration: 2 hours

Level 1

Board your coach to explore Sydney, the largest community and commercial center of Cape Breton Island. Begin your tour in the historic North End settled in 1785 by British Loyalists from the New England colonies and pass by Victoria Park, the site of the original garrison camp. Continue through downtown Sydney, passing Wentworth Park to Whitney Pier, former site of the Sydney steel mills which date back to 1900. Also learn about the importance to the economy of the Sydney coal fields. This industry brought immigration from many parts of the world, giving Sydney a multicultural mix of over 50 ethnic backgrounds. Continue on to the First Nations (Native American) community of Membertou, a modern day blueprint for all Aboriginal communities in North America. Experience a unique presentation about the traditions and culture of the Mi'kmaq people. After a visit to their gift shop, travel along the waterfront returning to the Marine Terminal and your cruise ship.

Tour Code: SYN\_13

Taste of the Cabot Trail

Approximate Duration: 7 ½ hours

Level 1, Meal

Travel the Atlantic shore of the Cabot Trail from the port of Sydney to Black Brook. This tour reveals vistas that inspired Alexander Graham Bell to observe: "I have traveled around the globe. I have seen the Canadian and American Rockies, the Andes and the Alps and the highlands of Scotland, but for simple beauty, Cape Breton outrivals them all." View some of the most dramatic and unspoiled scenery in North America including spruce covered mountains, tranquil rivers and ocean beaches. You'll have time for spectacular photo opportunities, hear the waves crashing on a sandy beach and explore the unique grounds of Keltic Lodge where you'll enjoy a delicious lunch.

**Note:** If weather does not cooperate and photo stops are not possible, a shopping stop at the Glass Artisans gift shop will be made. Due to time constraints, this tour is only available for Norwegian Spirit guests on the September 25 and October 9, 2010 sailings and Norwegian Jewel guests on the October 1, 2010 sailing.



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