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Tour Indicators/Symbols

Level 1:	Involves walking over relatively level terrain, possibly some cobblestone, gravel or a few steps. Comfortable shoes are recommended.
Level 2:	Involves a considerable amount of physical activity such as substantial walking over cobblestone streets, climbing stairs or steep terrain. They're not recommended for guests with walking difficulties. Comfortable, sturdy shoes are recommended.
Level 3:	Involves physical exertion for extended periods. The terrain may be uneven or steep. It can also indicate a need for swimming in a light current, biking or horseback riding. Recommended only for physically fit and adventurous travelers.
Meal:	Mmmm - these tours include meals. Got a special dietary need? Head to the Shore Excursion Desk and they'll be happy to help you out.
Age Requirements:	These tours have specific age requirements.
Weight Requirements:	These tours have specific weight requirements.
Debark:	At the end of the tour, you'll be transferred to the airport, an NCL program hotel or an assigned central location for your convenience (please reconfirm onboard with the Shore Excursion Desk for locations). While on board, please confirm that your flight departure time will allow you to participate on this tour. Guests are responsible for ensuring their debarkation tours are compatible with their departure flight times. If a tour departs later than scheduled due to unforeseen reasons, please be advised that the tour will still run in its entirety. Guests should ensure they still have enough time to catch their flight despite the delay. Please allow extra time in case of delays. Guests should refer to the details section of their selected tour for more information.

Bergen, Norway

Tour Code: BGO_03

Hike Mt. Floien

Approximate Duration: 4 hours

Level 3

From the lower station of Floibanen, take an approximately eight-ride to the top of Mount Floien at some 1,000 feet. On the way up you can enjoy a magnificent view of Bergen and surroundings. Floien hills are a very popular recreation area used by the locals all year round. You'll then start your walking tour on one of the many gravel roads, through slightly hilly woodland down to the small, idyllic lake called Skomakerdiket, then uphill to join the main path, Blamansveien. Then you're headed up to the Rundemansveg road at some 1,800 feet and take a welcome break to enjoy the invigorating air.

Note: Participants will be required to climb approximately 800 feet over a total of 5 miles over varying terrain. A portion of the route will be uphill. This tour will operate in all weather conditions so participants should take appropriate weather gear with them.

Tour Code: BGO_11

Norway in a Nutshell

Approximate Duration: 9 hours

Level 1, Meal

Depart Bergen by bus and drive along the Bolstad Fjord and Vosso River, a well-known salmon river. From Voss you'll continue on the Bergen railway through the scenic Raundal Valley, and having passed through the Gravhals tunnel you'll arrive at Myrdal, situated on a ridge above the Flam valley, where you'll make a change of train to the Flam Railway. The Flam Railway is one of the most interesting pieces of engineering in Norway. Only 12 miles long it runs from Myrdal station at an altitude of 2,844 feet to Flam station at sea level, and the trip takes only 45 minutes. To enable the train to descend the almost 3,000 feet from the Myrdalsberget Mountain to the fjord, the line runs through a reversed tunnel so that it runs at 5 levels within a point to point distance of 3,200 feet. A stop is made at Kjosfossen Waterfall where the water cascades between dark cliffs. Upon arrival in Flam, a bus will be



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waiting for you to continue the tour through two tunnels emerging in Gudvangen at the head of the Naeroy Fjord and proceed along Naeroy valley. The old road of Stalheimskleivane winds its way up the mountainside via 13 hairpin turns. Situated on the top is Stalheim Hotel, perched near the edge of a sheer drop and with a formidable view. Proceed along the Oppheim Lake and further on make a stop at the Tvindefoss Waterfall. Reaching Voss there will be short time at leisure before returning to Bergene. Lunch will be served along the route.

Tour Code: BGO_13
Bergen by Land & Sea

Approximate Duration: 3 ½ hours

Level 1

Bergen was founded in 1070. During the 12th and 13th centuries, when the Kingdom of Norway was at the peak of its power, Bergen was the capital of Norway. The Norwegian kings resided here, and many historical events took place in this busy port. Bergen owed wealth and prominence to the fish export trade and the town grew to become the largest in Norway. Today, however, Bergen has a population of approaching 250,000 and is the second largest city in Norway, only surpassed by Oslo, the present capital. The city has a beautiful setting between 7 mountains and the sea – sheltered by a myriad of islands from the North Sea. This tour will offer a look at the city and its surrounding scenery from the water and by land. One leg of the tour will be by boat between the scenic archipelago of the islands to Lysefjord where you'll change your transport. The other leg will go by bus through the suburbs and the city. At 'Bryggen' there will be a guided walk through the alleyways among the picturesque warehouses lining the street and waterfront, once housing German merchants belonging to the Hanseatic League. The Hanseatics settled in Bergen around 1350 and had the monopoly on the trade with northern Norway as well as the political power in the city for about 200 years. Today these buildings, listed on the UNESCO World Heritage List, house shops, restaurants, cafes and artists workshops.

Tour Code: BGO_14
City Sights & Mt. Floien

Approximate Duration: 3 hours

Level 1

Bergen was founded in 1070. During the 12th and 13th centuries, when the Kingdom of Norway was at the peak of its power and there was lively communication between the mother country and the Norwegian colonies in the islands to the West, Bergen was the capital of Norway. The Norwegian kings resided here, and many historical events took place in this busy port, which in those days had no less than 27 churches and abbeys. Bergen owed its wealth and prominence to the fish export trade – mainly dried fish that was one of the most important products in the Middle Ages. The town grew to become the largest in Norway. Today however, Bergen is the second largest city in Norway. You'll travel by bus and the first sights you'll pass are the Medieval King Haakon's Hall and the Rosenkrantz Tower. Then pass along the picturesque old, wooden buildings at 'Bryggen' and the Hanseatic Quarter of Bergen before arriving at the lower Floien funicular station. Within just a few minutes you are whisked up to the top of the hill some 1,000 feet above sea level where the views are breathtaking. Then you'll head past the fish market and drive towards the peninsula of Nordnes with its typical 19th century white painted wooden houses, passing the Aquarium of Bergen housing one of the largest collections of marine life in Europe.

Tour Code: BGO_15
Fantoft Stave Church & Bryggen Walk

Approximate Duration: 3 hours

Level 2

Soon after leaving the pier you'll pass the fortress of Bergenhus with the coronation hall – King Haakon's Hall – from the period when Bergen was the capital of Norway. Further on you'll see the Rosenkranz Tower, 'Bryggen', the gable houses from the Hanseatic period and the famous fish market. Driving on, you'll enjoy the sight of green slopes and characteristic mountains surrounding the city and the suburbs with their old well-kept houses and gardens. Then pay a visit to the new Fantoft stave church, rebuilt after the fire in 1992 which destroyed the old church built in 1150. The new church is constructed exactly like the ones that were built in the Middle Ages, using pinewood from the Sogne fjord area, where the original church stood until it was moved to Bergen at the end of the last century. The building has an oriental look with dragonheads and serpents on the roofs to frighten away the evil spirits. Next, head out to the peninsula of Nordnes which divides the harbor of Bergen in two sections before a final stop is made to inspect the 'Bryggen' area more closely. You are taken back many centuries during your stroll through the narrow alleyways dividing the rows of old wooden buildings that once belonged to the



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German merchants who settled in Bergen during the Middle Ages and who for several hundred years, held the monopoly of the trade with northern Norway.

Tour Code: BGO_16

Hardanger Fjord

Approximate Duration: 7 ½ hours

Level 1, Meal

The Hardanger Fjord is without doubt one of the favorites among the many Norwegian fjords, framed by mountains reflecting in the clear water and famous for its many orchards. Your excursion starts at the pier in Bergen, and you'll drive past the Fortress of Bergenhus, King Hakon's Hall and the Rosenkrantz Tower. Passing the buildings of the Hanseatic Period and the fish market of Bergen, you'll move in a southerly direction on to Os, a village on the Bjerne Fjord, 19 miles south of Bergen. From here you'll have a short drive along the fjord with lovely views to islands and snow-capped mountains in the distance. Then reach Hatvik where you'll cross the fjord by ferry to Venjanaset on the opposite side. At Mundheim, link up with the Hardanger Fjord – the queen of the fjords – and now enjoy an approximately one hour drive along it with views to the majestic mountains on the opposite side and with clear weather you can also see the Folgefonna Glacier, the third largest in Norway. Near the village of Norheimsund, you'll turn inland, making a short stop at the Steinsdal Waterfall which falls away from the cliff enabling you to walk underneath without getting wet! Climb up the Tokagjel Gorge via several tunnels and reach the mountain plateau Kvamskogen, the recreation area for the people of Bergen. Then descend to the fjord once more before climbing up to Gulbotn, a much nearer recreation area with lit up skiing tracks and ski jumps. Lunch will be en route either in the village of Norheimsund or in the village of Oystese.

Alesund, Norway

Tour Code: AES_10

Land of the Trolls

Approximate Duration: 8 hours

Level 1, Meal

Alesund has an attractive setting, built on three islands with the spectacular Sunnmore Alps in the background. The town is a busy trading place, with the fish industry being the main source of income. Your excursion will take you along the Borgundfjord, passing charming suburbs and well-kept gardens. You'll follow the Storfjord (the big fjord) passing the village of Sjøholt. Here the fjord changes course and will head in a southerly direction into the bay of Stordal where the village by the same name is situated, well known for its furniture factories, a very important export article in this region. Then you'll reach the fertile valley of Valldal, where strawberry cultivation is very common, and ascend up the valley through impressive scenery, soon reaching Trollstigen some 2,800 feet above sea level. Then you'll start your descent down the Trolls' Path with its daring hairpin bends. Down in the valley a photo stop will be made to take in the lovely waterfall called Stigerora cascading down the mountainside. After a detour up to Trollveggen, you'll see the Troll Wall, the highest perpendicular rock face in Europe at 3,300 feet in height. Alpinists from all parts of the world come here to try out the various routes to the top. Upon returning to the pier, you'll follow the Romsdalsfjord with its many small villages known for woodcarving and rose painting.

Tour Code: AES_11

Highlights of Alesund

Approximate Duration: 3 hours

Level 1

Alesund, the largest town on the northwest coast, has a beautiful setting, built on several islands stretching out into the ocean. A large part of Alesund was destroyed by fire in 1904 and rebuilt in Art Nouveau style, typical for the first decade of the last century. Today it's a bustling town where the fish and furniture industry are the main sources of income. You'll drive along the Borgundfjord, through the modern suburbs to the old trading center of Borgund. Here, in attractive surroundings you'll first visit the Sunnmore Open-Air Museum consisting of various types of farmhouses, boathouses etc. which have been moved to this site from all over the region. The museum also houses a number of different old boats. The shipbuilding traditions go back a long time and boats built here were reckoned to be the most reliable to be found along the coast. Here you'll find copies of the so-called Kvalsund boat from the year 700 AD and the even older Fjortoft boats. Alongside lies the fishing vessel 'Heland', better known as the 'Shetland bus' as it was used to carry Norwegian partisans across the North Sea during the Second World War. Heading back make a detour up Mount Aksla to enjoy the magnificent view over the town and



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its surroundings before returning via the central parts of the town to your ship.

Note: Guests must be able to walk approximately 600 yards over even surfaces with 2 to 3 steps to enter and exit the coach. Walking at the Sunnmore Museum is at the guests' discretion.

Tour Code: AES_12

Atlantic Ocean Park & Aksla Viewpoint

Approximate Duration: 3 hours

Level 1

Alesund, the largest town on the northwest coast, has a beautiful setting, built on several islands stretching out into the ocean. A large part of Alesund was destroyed by fire in 1904 and rebuilt in the so-called 'Jugend style' (Art Nouveau), typical for the first decade of the last century. Today it is a bustling town where the fish and furniture industry are the main sources of income. From the pier you'll travel to the Atlantic Ocean Park an aquarium with a difference and unique in Norway. Tanks are built to resemble the coastal environments and the park also features an outdoor pool with penguins. The aquarium has a lovely setting and you look straight out towards Breisundet, the wide sound surrounded by islands and far out to the open ocean. Here seals come in regularly to be fed. On the way back you'll have the opportunity to study some of the fine details of the Art Nouveau architecture before heading up to Mount Aksla. Here a stop will be made to take in the spectacular view towards the ocean and the many islands spread out.

Tour Code: AES_13

City Walk & Art Nouveau Centre

Approximate Duration: 2 ½ hours

Level 2

Alesund, the largest town on the northwest coast of Norway, has a spectacular setting, built on three islands close to the ocean and with a backdrop of impressive mountain peaks. The town center was destroyed by fire in 1904, but rebuilt shortly after in the characteristic architecture of the period – Art Nouveau. In fact, it was the German Emperor Wilhelm II, a great friend of Norway, who sent masons up to help rebuild the town. Today Alesund has a population of 40,000, but the town center is relatively small and easy to cover on foot. You'll start with a visit to the Art Nouveau Center, located in the old pharmacy building. The museum provides an interesting insight into the history of the fire in 1904 and the creative Art Nouveau period. En route you'll learn the importance of the fisheries in Norway's biggest fish export harbor and will be shown various examples of the picturesque Art Nouveau style that has made Alesund famous as one of the three last Art Nouveau cities in Europe. Continue uphill to the little, attractive park at the foot of mount Aksla with its famous viewpoint. Find exotic trees and plants as well as a memorial stone dedicated to the Emperor Wilhelm II, who also has had the main street in town named after him. Furthermore, here stands the statue of the Viking 'Gange-Rolf' who sailed from Alesund to what is today Normandy (France), named after the Norwegian settlers. Those who feel fit could walk around a few bends towards Mount Aksla and will then be able to enjoy a spectacular view, whilst the others could wander about in the park or just sit and have a rest before the return to your ship.

Tour Code: AES_14

Spectacular Outer Islands

Approximate Duration: 4 hours

Level 1

The community of Giske consists of several islands and on this tour you'll have an opportunity to visit two of them, Giske Island and Godoy Island. Today the approximately 6,300 inhabitants have a ferry-free connection to Alesund and the mainland. Giske is known as the Saga Island because the Viking Chieftain Rollo was born here. He later settled on the northern coast of France, in the region of Normandy. Bridges and undersea tunnels, the longest being over 2 ½ miles long will be used to reach these islands. At Giske, which is a fairly flat and fertile island, there have been settlements since the early Bronze Age. A visit will be made to Giske Church dating back to 1150, originally a chapel belonging to the mighty Giske family. From Giske you'll continue to the Godoy Island and the small fishing village of Alnes facing the Atlantic Ocean.

Lerwick, Shetland Islands

Tour Code: LER_02

Jarlshof & Scenic Mainland Drive

Approximate Duration: 4 hours

Level 1

You'll start your tour by traveling south to Jarlshof, where a violent storm in 1905 uncovered a remarkable



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archaeological site, revealing remains from the Stone Age and settlements from the Bronze and Iron Ages. Stone rectangular houses from an ancient Viking community can also be seen. The name Jarlishof, or 'Laird's House', refers to the community of the Norse Jarls that resided here in the 7th century. You'll be able to independently explore the remains of these village settlements, sprawled over a low green promontory by the sea. Then you'll continue a short distance to the small historic village of Hoswick. Here you can have an understanding of the history and culture of Shetland from the interpretive displays and by watching the traditional knitting skills of the Islanders. There is also the opportunity to purchase an original Shetland garment from the wide variety of cashmere or lambs wool items in the knitwear shop. You'll also see the small agricultural areas where sheep farming is important, the distinctive black and brown Shetland sheep grazing in pastures enclosed by neat dry-stone walls, and small crafting communities nestled on narrow peninsulas never far from the inlets of the sea. Peat is still used in Shetland to heat homes and the areas where it is cut are passed as you continue across moorland on your return to Lerwick.

Tour Code: LER_03

Scenery of Western Shetland

Approximate Duration: 3 hours

Level 1

Your panoramic tour will show you that most of the fertile agricultural land in Shetland is to be found on the central mainland and you'll also travel across heather-clad hills to Burra Isle and to Scalloway, the former capital of the Shetlands. You'll see Scalloway Castle, a forbidding ruin dominating the town, and built by Earl Patrick Stewart in 1600 using forced local labor. Stewart was the notorious despot who tyrannized Orkney and Shetland. From here he extorted crushing taxes and fines from the people of Shetland. His cruelty eventually led to his downfall and, in 1615, he and his son were executed in Edinburgh. Built in Medieval style, the roofless shell, with corner turrets and gables, stands on a narrow promontory by the water. The earl is said to have hung his victims from an iron ring in one of the chimneys. The castle was, not surprisingly, left to rot after the earl's death. Today, it stands side by side with the commerce of a busy fishing port, a silent sentinel. From the comparatively tranquil landscapes of the Tingwall Valley, you'll head towards Weisdale Voe where the landscape changes dramatically. Here you'll pay a visit to the small workshops of Shetland Jewelry which manufactures a range of silver and gold jewelry featuring Celtic, Viking and local wildlife designs. The showroom also stocks a selection of local crafts.

Tour Code: LER_04

Shetland Ponies & Scalloway Castle

Approximate Duration: 2 ½ hours

Level 1

First you'll visit Scalloway, the former Shetland capital and visit the Scalloway Castle, built in 1600 by the tyrant Earl Patrick Stewart using forced labor. It is four stories high and now roofless. Nearby you'll visit the Scalloway Museum which houses a special 'Shetland Bus' exhibition depicting the village's unique role in WWII operations. Then continue through the Tingwall Valley with its Norse heritage and visit the Gott ponies owned and bred by David Roberson. David is a Shetland pony enthusiast, breeding very good quality ponies, and he or a member of his staff will be delighted to share their knowledge with you. Then head northwards through peat and heather-covered landscapes. On the return journey to Lerwick, you can take the opportunity to photograph one of the spectacular vistas of many of the islands that make up the Shetland archipelago and hear more of Shetland's culture and heritage from your local guide

Tour Code: LER_05

Lerwick Walking Tour & Fort Charlotte

Approximate Duration: 2 hours

Level 2

Begin by taking a walk at Victoria Pier in the heart of Lerwick, opposite the Market Cross. Enjoy views during this leisurely stroll of the award-winning, recently restored Tolbooth, now headquarters of Lerwick's lifeboat station. Climbing uphill you'll see a traditional method of recycling in Shetland where an upturned former ferry is now the roof of a garage. Then pass by various churches on the steep, narrow, intricate web of lanes to Town Hall. On the first floor you'll find Shetland's history depicted in pictorial narrative through stained glass windows. Then it's off to Fort Charlotte, named after Queen Charlotte, wife of George III. The fort never saw action; it housed a garrison throughout the Napoleonic Wars and was later a base for the Royal Naval Reserve in Shetland. It also served as the town jail and courthouse from 1837-75, and later a custom house and a coastguard station. At the end of your walking tour you may wish to stay in town to explore Lerwick's variety of small independent shops, browsing for local crafts and local knitwear.



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Note: Approximately 1 1/2 miles of walking on steep inclines will take place on this tour

Torshavn, Faroe Islands

Tour Code: THO_01

Torshavn – Capital of the Faroes

Approximate Duration: 3 hours

Level 2

It began as a Viking settlement, followed by a market, later became a thriving town, and today it is one of the smallest and most pleasant capital cities in the world. Torshavn today blends the historical and picturesque with all the features of a modern city. You'll discover quality restaurants and hotels, conference facilities, interesting museums, discotheques, cinema, live theater, exhibitions, sports facilities, parks, and of course excellent shopping. The town and the surrounding areas are ideal for window shopping and pleasant strolls. As Torshavn is located in the center of the country, the well-developed bus and ferry service can whisk you away to almost every corner of the Faroes and back again the same day. Your tour will visit Tinganes, which is the historic part of Torshavn. Enjoy a short stop at Skansin to explore the old fort before driving up to the beautiful Nordic House Cultural Centre. When returning to your ship you'll pass through the modern sections of the city and stop briefly at a viewpoint overlooking the capital.

Note: Approximately 1 1/2 miles of walking on uneven cobblestones will take place on this tour

Tour Code: THO_02

Vestmanna Seacliffs

Approximate Duration: 4 hours

Level 1

Your tour will take you via coach to the village of Vestmanna where you'll sail out to the bird cliffs. There you can enjoy the sounds of sea birds, the whispering of the sea and its changing colors, the weather-beaten cliff formations, and the sky touching the peak of the mountain. You'll then sail along the cliff walls into a narrow gorge, where sheer rock walls on both sides rise vertically towards the sky.

Tour Code: THO_03

Easy Faroe – Panorama

Approximate Duration: 2 hours

Level 1

Travel up to the scenic, ridge-top road that runs along the southern part of Streymoy Island, pausing above Torshavn for a photo stop at a viewpoint overlooking this colorful capital city. Then your next photo stop will be above Norradalur (north valley) where on clear days a dramatic view of the island of Koltur stands gloriously before you. Winding down into a valley, you can see colorful villages. On your journey back to Torshavn you'll be taken through a 1 3/4 mile (three-kilometer) long tunnel and then along a fjord at sea level.

Tour Code: THO_04

Kirkjubø Cultural Center

Approximate Duration: 3 hours

Level 1

During the Middle Ages, Kirkjubøur was the ecclesiastical and cultural centre of the Faroes. The imposing ruin of Saint Magnus Cathedral still dominates the site. Construction of the cathedral is thought to have begun in the late 13th century, as the style of the building is from the best period of Gothic architecture, common to west Norwegian church building of that time. Tradition has it that it was never finished, yet recent research has revealed that it was probably roofed at one time. The Roystovan, standing on the wide, stone foundation of a portion of the Bishop's palace, has been the home of the farmers in Kirkjubøur for centuries and occupied by the same Faroese family for 17 generations.

Tour Code: THO_05

Unique Home Visit

Approximate Duration: 2 hours

Level 1

On this tour a Faroese family opens the doors to their home and invites you in. Your hosts will serve light refreshments including coffee, tea, and home-baked cake. This visit will give you an excellent opportunity to make acquaintance with locals and to see how a Faroese family lives. On your way back to the harbor, the driver will take you to a viewpoint overlooking Torshavn.



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Reykjavik, Iceland

Tour Code: REY_01

The Golden Circle

Approximate Duration: 8 ½ hours

Level 1, Meal

This classic Reykjavik excursion encompasses the 'Big Three' – Gullfoss, Geysir and Thingvellir. They are collectively known as the Golden Circle and provide a look at some of the scenic wonders for which Iceland is justly renowned. You'll begin your day venturing into the beautiful Thingvellir National Park – a UNESCO World Heritage Site only about 30 miles from Reykjavik and ranking at the top of Iceland's attractions. Your visit to this national park allows you to experience one of the most outstanding sceneries in the country. The area is surrounded by mountains and encompasses a vast lava plain of green moss and wild flowers. It is regarded by the Icelanders' as a sacred place in 930 the world's oldest legislative body, the Althing, first convened here. Of special note are the Law Speaker's rock and the remains of the turf shelters. These shelters were once used as dwellings during the two-week assemblies of the Althing which were held in the height of summer every other year. Leaving Thingvellir your tour continues to the Gullfoss waterfall. The 'Golden Waterfall' is the most famous of the country's many waterfalls. Here the river Hvita drops 96 feet in two falls, creating an awesome spectacle. During your next stop at the Geyser area, you'll see hissing springs and other geothermal phenomena. Here, amongst these scenic surroundings lunch will be served in the geyser area.

Note: The itinerary might be in reverse, if necessary. Most of the sights of this tour can be seen from the coach.

Tour Code: REY_03

Krysuvik Geothermal Field & the Blue Lagoon

Approximate Duration: 5 hours

Level 1

This tour kicks off with a drive through Hafnarfjordur town, which finds a home on an ancient lava flow. Carry on along the enchanting Kleifarvatn Lake and you'll come to Krysuvik. Witness the powerful jets of steam escaping from deep below the earth's crust and check out the multicolored pools of boiling mud. You'll continue across the volcanic plateau of Reykjanes and through the fishing village of Grindavik, arriving at the Blue Lagoon. This incredible lagoon owes its existence to a nearby geothermal power plant, looming large over the aqua-tinted waters. The warm water is packed with minerals and it's reputed to have healing properties. After you've had a look around, drive across the lava-covered Reykjanes peninsula to the little town of Njardvik. Here you'll pass the old turf farmhouse of Stekkjarkot; a traditional Icelandic cottage that gives you a glimpse into life in the early 20th century. Nearby, you'll visit the Viking World Museum where you'll find the 'Icelander', a seaworthy replica of a Viking vessel which would have carried a crew of 70. Homeward bound, you'll drive back through the Reykjanes lava fields, before arriving at the pier.

Note: Participants are recommended to wear comfortable non-slip shoes. The visit to the Blue Lagoon does not include time for bathing.

Tour Code: REY_04

Ring of Fire

Approximate Duration: 5 hours

Level 2, Age Requirements

This is a predominantly eco-focused tour that circles the active central volcano Hengill which is located just a few miles from Iceland's capital city of Reykjavik. Despite having last erupted approximately 2,000 years ago Hengill is still very much active; a fact made evident by the numerous natural hot springs, colorful steam vents and fumaroles that dot the surrounding landscape. The 2,635 feet high volcano and its exotic environs cover an area of approximately 38 miles. Hengill produces impressive amounts of energy by way of hydro and geothermal power – both of which are utilized to provide the capital and nearby municipalities with plentiful supplies of hot water and electricity. We make a stop at the geothermal plant of Hellisheidi where we pay a visit to the Visitor Centre in order to learn a little about geosciences, geothermal technology, the environment and the history of the area. Then continue to the town of Hveragerdi located on top of an old magma chamber which accounts for the abundance of hot springs that bubble and hiss all around this unique little community. Take a short scenic drive passing by the town's trademark greenhouses, stopping for a short walk to the new hot spring area which broke through the earth's surface following a dramatic earthquake in 2008. Refreshments will be served in the locality. Leaving Hveragerdi we follow the River Sogid passing the hydropower station Ljossafoss which has been in operation since 1937 and head to the UNESCO site of Thingvellir. As we approach Thingvellir, we literally drive from one continent to another as we cross the neo-volcanic rift zone that slices through Iceland from northeast to



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southwest. We pause at the viewpoint to soak up a little of the nation's history for it is here that the world's first parliament was formed in 930. Then it's onwards passing Iceland's largest natural lake, Thingvallavatn, to the viewpoint located on the lower flanks of the volcano. Gaze over the countless hot springs that continuously belch their sulfur rich deposits over amazing scenery. The drive back to Reykjavik takes us through a luna-like landscape of volcanic phenomena and other geological wonders.

Note: Participants must be at least 16 years of age.

Tour Code: REY_05

Iceland through the lens: Focus on Reykjavik

Approximate Duration: 8 hours

Level 2, Meal, Age Requirements

Iceland is a photographer's dream. Should you consider yourself a keen amateur or a dedicated professional, there is no doubt that Iceland's fascinating photographic terrain will set your pulse racing! If you're an enthusiastic nature and landscape photographer, you know that there are precious few places left in the world that offer a dramatic and accessible landscape that has not been over exposed. Rejoice – for you have just stumbled on one of the best kept secrets in the world of photography – Iceland! Iceland is without any doubt the most visually exciting place for those landscape and nature photographers seeking inspiration for a new and challenging location to explore. This is a specialized tour that takes in some of the best photographic locations in the region. Wonderful panoramic views over vast lava fields, hot springs, mountain ranges, lakes, unspoiled nature, bird life and picturesque fishing villages – all lie in wait to be discovered through your camera lens

Note: Participants must be at least 16 years of age. Boxed lunch from your ship will be provided.

Tour Code: REY_06

Reykjavik & the Blue Lagoon

Approximate Duration: 4 hours

Level 1

This tour heads straight across the stark lava fields of the Reykjanes Peninsula to the famed Blue Lagoon; undoubtedly one of the most popular and well-known of Iceland's hot spots. Soak up a little of the surreal, steamy atmosphere at this Icelandic geothermal spa. A pathway has been hewn through the stark lava surroundings and gives a real 'hands on' lava experience to the short walk from the coach park to the lagoon's main entrance. Enjoy a stroll in and around the tastefully designed Spa Complex before reboarding the coach and heading back to Reykjavik. The return journey leads through the fishing town of Hafnarfjörður where we pass the impressive, carved, wooden exterior of the Fjörúkrain Viking Village. Once officially back in the capital, enjoy a leisurely overview of Reykjavik before making a final stop at one of the city's best-known landmarks, 'the Pearl'. Its function as a building has changed somewhat over the years. Originally built for hot water storage in the 1930s, the Pearl now houses an elegant revolving restaurant, a profoundly interesting museum, a cafeteria and a small souvenir shop. A man-made 'geyser' spouts a huge column of water through the building at conveniently spaced intervals. Take the elevator to the first floor in order to access the viewing platform. From here, enjoy wonderful panoramic views over the city's colorful rooftops and beyond. A short transfer from the Pearl sees us back at the pier

Note: Participants are recommended to wear comfortable non-slip shoes. The visit to the Blue Lagoon does not include time for bathing.

Tour Code: REY_21

Super 4x4 Adventure

Approximate Duration: 4 hours

Level 2

The type of vehicle used on this tour can only be found in Iceland. Each vehicle is custom built with the biggest available road-legal tires in the world. These super trucks are piloted by trained professionals who have an intimate knowledge of the sensitive Icelandic sub-Arctic nature. This Super 4x4 Adventure takes you to places magically created by the power of volcanoes, ice and time. Shortly after heading out from Reykjavik, you'll leave Road No. 1 to drive along the Pipeline Road until you get to the mountain and pass the Frakkastigur Track where you go 'off road'. Frakkastigur Mountain Pass offers panoramic views over Lake Thingvallavatn, the active volcano Hengill, and the geothermal power plant of Nesjavellir and its surroundings. Nesjavellir Power Plant, which was formally opened in 1990, powers a 190-megawatt geothermal plant, using the nearby field of boreholes, developing the largest high-temperature field in Iceland. This incredible geothermal field is in fact one of the main sources of hot water harnessed to heat the houses of Reykjavik. From Nesjavellir you'll take the gravel road along Lake Thingvallavatn, driving along the lush farmlands of the south to the birch grown area of Thrastarlundur. Here, in this beautiful area you'll make a short comfort stop. Your adventure continues as you



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head to the hot spring community of Hveragerdi where you'll make a short stop to visit the new hot spring area that broke through the earth's surface following a dramatic earthquake in May 2008. After reboarding your vehicle, you'll head off the beaten track by way of a trail known as 'the Thousand Waters'. Your convoy winds its way through numerous rivers, mud banks and streams before arriving back in the capital.

Note: This tour is not recommended for passengers with back or neck problems due to the rough overland driving.

Tour Code: REY_22

Discover Reykjavik

Approximate Duration: 3 ½ hours

Level 1

The Reykjavik capital area consists of seven municipalities with approximately 200,000 inhabitants. With an abundance of space, clean air and natural green energy, Reykjavik clearly revels in its reputation as being one of the most modern, forward thinking societies in Europe. The city's logo "pure energy" sums it up perfectly. Whether that pure energy is portrayed in the form of the city's heating, nightlife or culture, Reykjavik delivers. You'll be able to see sites like Laugardalur sport, the Hofdi house and include a stop at the Pearl's vantage point. Built in 1988 the Pearl is a remarkable building, unique in Iceland and probably the whole world. A glass dome constructed atop huge tanks in which natural hot water is stored for heating the city, the Pearl offers the visitor great views of the capital area and beyond. Before heading back to your ship, enjoy other stops like the open-air museum of Arbaer, where more than 20 buildings have been relocated from around Iceland represented in the form of a town square, a village and a farm, as well as the National Museum which displays objects that provide insight into Icelandic cultural history – displays that encourage visitors to dwell on the past, present and future.

Tour Code: REY_23

Bathing in the Blue Lagoon Spa

Approximate Duration: 3 ½ hours

Level 1

First, you'll pass Perlan or 'the Pearl', a glass dome on the top of the hot water tanks in Reykjavik. Then, you'll continue through Reykjavik's suburbs towards Hafnarfjordur. From here, drive through the rugged lava fields of the Reykjanes Peninsula towards the Blue Lagoon where you'll stop for approximately two hours to indulge in the waters of the lagoon itself. The Blue Lagoon owes its existence to the nearby geothermal power plant. A new facility was opened in 1999 offering a tax-free shop, cafe and changing-room facilities. The water of the lagoon is 98° F warm, mineral-rich and reputed for its healing properties. The blue color of the water, the steam and the 13-foot high lava wall surrounding the lagoon, succeed in creating a unique atmosphere. This natural and very popular health spa is now a major attraction in the region and considered to be one of the most visited places on the island. This is not a swimming pool for regular swimming, rather a unique relaxing bathing experience. Drive back to Reykjavik, over the barren Reykjanes Peninsula dominated by ancient lava flows. From the Blue Lagoon, you'll head back to Hafnarfjordur and continue on to Reykjavik.

Note: This tour is not recommended for guests with mobility problems. For hygienic purposes, you'll have to take a shower without swimwear before entering the lagoon.

Tour Code: REY_24

Scenic Reykjavik

Approximate Duration: 2 ½ hours

Level 1

This tour includes all highlighted areas of Reykjavik via motorcoach and providing one stop at the Pearl vantage point. The Reykjavik capital area consists of seven municipalities with approximately 190,000 inhabitants. With plenty of space, clean air and natural green energy, Reykjavik clearly revels in its reputation as being one of the most modern, forward thinking societies in Europe. You'll head inland and arrive at the city's municipal conservation area of Heidmork. Then you're off to take a glimpse of the Hofdi house; venue of the landmark 'end of the cold war' meeting in 1986 between President Reagan and General Secretary Gorbachev. Once at the Pearl's vantage point which was built in 1988, you'll see the most unique building in Iceland and probably the whole world. A glass dome constructed atop huge tanks in which natural hot water is stored for heating the city, the Pearl offers the visitor great views of the capital area and beyond. Returning to your ship you'll see Reykjavik's colorful Old Quarter with its quaint wooden houses and narrow streets, and the city's university area. Throughout your day you can expect to hear tales of Viking settlers, learn the basics of geothermal energy, observe a little of Iceland's geological phenomena, enjoy the varied landscapes and learn something of the



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country's historical and cultural origins. The many faces of Iceland's amazing architecture both past and present are prolific throughout the tour.

Tour Code: REY_25

Iceland Landscapes by Horseback

Approximate Duration: 2 ½ hours

Level 2, Age & Weight Requirements

Iceland is not only famous for its spectacular landscapes, history and culture; its horses have also been the subject of much praise and attention. In the earlier days they were romantically nicknamed 'the most useful servant', being the most common subject for Icelandic poets through the ages. Tough, strong animals, they bore the brunt of a long and arduous working day. Bred for the harsh elements in an environment where only the strong survive, the present day stock is the result of their ancestors having survived the rigors of extreme winter conditions and volcanic petulance. The Icelandic horse has many characteristics unique unto itself. The most obvious being its ability to perform five gaits. These gaits are the 'fet' – the walk or step, the 'brokk' or trot, the 'tolt' – which is a faster type of walk, the 'skeid' or the pace, and the 'stokk', or gallop. Included is the transfer to the Ishestar Riding Center. You'll put on an overall, riding helmet, boots and gloves then after a short introduction to the horses and staff, your adventurous ride starts from the Ishestar Riding Center into the lava fields surrounding Mt. Helgafell Volcano, or to Lake Hvaleyrvatn and into the beautiful surrounding area. The choice of the riding path will depend on the weather and conditions of the path.

Note: Participants must be at least 12 years of age, weigh less than 220 lbs. and have some riding experience.

Tour Code: REY_28

Whale Watching Experience

Approximate Duration: 4 hours

Level 1

Your trip begins with a short drive to the harbor area in the city center. Once on the whale watching boat, you'll be welcomed by a friendly crew before the boat sets sail and your adventure begins. The chance to enjoy the spectacular Icelandic nature from the sea and the close proximity to the awesome mammals swimming beneath the surface, make whale watching an experience unlike any other. Whale watching in Iceland only started in 1995, but has had one of the highest growth rates for whale watching in the world. Iceland has become the whale watch capital of northern Europe in less than 10 years. About half of the 36 whale species which live in European waters, can be seen in Icelandic waters, so the potential for whale watching in Iceland is excellent! Among the species of whales found in the waters surrounding the country are blue, fin, humpbacks, minke and sei whales.

Note: Please bring warm clothes. Even though the weather in Reykjavik is good, it can be very cold and windy out on Faxafloi Bay.

Glasgow (Greenock), Scotland

Tour Code: GRK_02

Inveraray Castle & Loch Lomond

Approximate Duration: 8 ½ hours

Level 2, Meal

Cross the impressive Erskine Bridge, with views of the city of Glasgow in the distance and travel through rural areas. Soon Loch Lomond comes into view; the famous and beautiful inland loch, known as the 'Queen of Scottish Lakes', is the largest in Great Britain. Stop at the pretty village of Luss, with its flower-bedecked cottages before leaving the loch behind, and continuing on a spectacular drive through Glen Croe and Glen Kinglas. Distinctively shaped, 'the Cobbler', at 2,891 feet, looms threateningly to the north of the road as it twists and climbs up to the 'Rest and Be Thankful', a viewing point with a name which speaks for itself. Descend to tranquil Loch Fyne where you can see the pretty town of Inveraray in the distance. Standing in parkland at the entrance to the town is Inveraray Castle. Its fairy-tale exterior belies the grandeur of its gracious interior which reflects many fascinating tastes of the family throughout the years. Lunch is served at a small typical country hotel before the return drive around Loch Fyne. You then continue through Argyll Park to travel alongside the relatively small Loch Eck into Hunter's Quay and the terminal of Western Ferries. The 20-minute crossing of the Firth of Clyde will bring you to the Clydeside town of Gourock, from where you'll follow the coastal road returning to Greenock.



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Tour Code: GRK_03

Clyde Coast, Culzean Castle & Ayr

Approximate Duration: 8 hours

Level 2

Most of Ayrshire's castles face the sea and there are few more romantic sights in the British Isles than a Scottish castle perched on the edge of a cliff. You'll travel south along the coastal road and pass Dunure Castle, once one of the many strongholds of the powerful Kennedy family who ruled Ayrshire. A few miles south of Dunure, lies Culzean Castle and Country Park. You'll pass through the castle's imposing archway and into the quadrangle from where there are splendid views down to the waters of the Firth of Clyde. You enter the castle by the porch, then leaving the hall, you'll pass through the original entrance to the castle which still retains its delicate fanlight. The oval staircase will bring you to the saloon with its specially woven carpet. There is an Eisenhower exhibition which explains his connection with Culzean in the context of the battle for Europe. On the return drive, a stop in the town of Ayr will allow you to browse a selection of well-known stores to seek out the best of Scottish quality merchandise and to have lunch on your own.

Note: There is some walking on uneven terrain in the castle.

Tour Code: GRK_06

Glasgow on your Own

Approximate Duration: 6 hours

Level 1

Glasgow is Scotland's largest city, famous for its industrial past and for its resurrection as a modern cultural capital. It's the home town of architect Charles Rennie Mackintosh, the site of some magnificent 19th century architecture, and a city with some of the best museums and galleries in Britain. A private coach transfer service into Glasgow will enable you to spend the day at leisure, for individual sightseeing, shopping, or museum visits. Upon arrival into the city, a knowledgeable escort will greet your coach and point out the main areas of interest, and you are then free to enjoy Glasgow, returning to the same point to connect with your return transfer at the time indicated by your escort.

Note: There is no guide on this tour.

Tour Code: GRK_07

Scenic Scottish Lochs

Approximate Duration: 4 ¼ hours

Level 1

This is an excursion with contrasting scenery as you travel from the banks of the River Clyde to catch glimpses of glens, mountains and lochs. Cross the impressive Erskine Bridge, with views of the city of Glasgow in the distance and travel through rural areas that make up the outer districts of the metropolis. Soon Loch Lomond, known as the 'Queen of Scottish Lakes', comes into view. You'll stop at the exceptionally pretty village of Luss and stroll through the village to the water's edge, or browse in the extremely well-stocked gift shops. From Luss, the magical loch is your constant companion as you journey further northwards passing through the villages of Tarbet and Arrochar. Your route then takes you to the summit viewpoint of 'Rest and Be Thankful', a name which speaks for itself. Here there will be a photo stop and a chance for you to enjoy the panoramic views. Descending now, you'll see more contrasting views as you now journey along the upper reaches of Loch Fyne and through the Argyll Park to travel alongside the relatively small Loch Eck. You'll then travel around the head of Holy Loch and into Hunter's Quay and the terminal of Western Ferries. The 20-minute crossing of the Firth of Clyde will bring you to the Clyde-side town of Gourrock. From here you'll follow the coastal road returning to Greenock.

Note: The order of this tour may be reversed.

Tour Code: GRK_50

The Scottish Experience

Approximate Duration: 9 ¼ hours

Level 1, Meal

Capture the atmosphere and unique blend of Scotland's attractions as you enjoy the richness of the beautiful scenery, sample a cruise along one of the most attractive lochs, and enjoy light-hearted entertainment given by sheepdogs. Your one hour loch cruise begins at Balloch and takes you on a leisurely journey along Loch Lomond. After your cruise drive through the heart of the lowland region, continue to the nearby small market town of Aberfoyle. Upon arrival at the Scottish Wool Centre, you'll meet some of the members of the Scottish Sheepdog School. In the adjacent shopping area, you can browse at leisure through the large selection of woolens and knitwear and a range of quality gifts and souvenirs. Rejoin your motorcoach and enjoy enchanting loch scenery en route to a delightful local hotel where you'll have lunch. The first part of your afternoon drive will take you



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through the Trossachs, a region of craggy hills, and sparkling lochs. Pass through Achray Forest and drive over Dukes Pass where the panoramic views of the surrounding tree-clad mountains and distant lochs form a delightful part of your Scottish experience.

Tour Code: GRK_51

Loch Lomond Pedal & Paddle Expedition

Approximate Duration: 6 ½ hours

Level 3

Your guided biking and canoeing experience allows you to enjoy the best of what Loch Lomond has to offer on land and on the water. Loch Lomond's 18,000 acres cover the largest area of any lake in Britain. A motorcoach drive of approximately 45 minutes takes you to Loch Lomond for the start of the day's adventure activities. On the shingle shoreside, meet up with your activities guide and collect your bike and equipment. You then start your adventure by bike as you take a route down the edge of the River Leven leading into the beautiful country park. On your way, pass Balloch Castle and then cycle along the edge of the loch and take in the views from the loch. You'll be taught the basic paddle strokes by the qualified instructor and then you're ready to join the leisurely trip. To complete your Loch Lomond experience, your guide will chat with you about the loch, its legends, and the local history. As you continue the leisurely paddle, castles and country houses can be seen, complimenting the stunning views towards Ben Lomond and the Highlands beyond. Upon your return to the shoreline, you can make your way the short distance to the Visitor Centre where the upper terraces offer stunning panoramic views or you can go to browse in the adjacent parade of shops. Lunch is on your own so why not try some of the local dishes offered in the Visitor Centre restaurant or in the cafe attached to the shopping complex.

Note: Depending on number of guests, the bike and canoe trips may be reversed.

Tour Code: GRK_52

City of Glasgow

Approximate Duration: 3 ¾ hours

Level 1

Greenock lies on the southern shore of the River Clyde, which has long been the lifeblood of the area where, for over 200 years, the famous Clyde-built ships began their voyages to the sea. Your excursion route follows the line of the river then travels into the center of Glasgow, Scotland's second city. Glasgow's skyline is a mixture of architectural gems, encompassing the magnificent 12th century cathedral, the stunning Victorian cityscape and revolutionary Art Nouveau. Upon arrival into the center of the city, your tour guide will point out the major attractions and principal buildings, including George Square and Cathedral Square where a stop will be made to admire the cathedral from the outside. Beyond the cathedral, you'll see the Necropolis – a magnificent graveyard on a hill covered with the elaborate tombs of rich industrialists and merchants. You'll continue your stroll to view Provand's Lordship which is Glasgow's oldest house dating from 1471. In contrast, in the same area stands the modern St. Mungo Museum of Religious Life and Art, which looks at the world's major religious faiths. Glasgow has fine university buildings set on a hillside above the River Kelvin. The bus will stop for you to take photographs of the pinnacled Gothic buildings of this second oldest university in Scotland and will continue to Greenock.

Belfast, Northern Ireland

Tour Code: BFS_02

The Walled City of Londonderry

Approximate Duration: 8 ½ hours

Level 2, Meal

Dominating the northwestern landscapes of Ireland astride the fast-flowing waters of the River Foyle, is a 6th century city that today resonates to the sounds of the 21st century. Ancient and modern sights sit alongside one another in harmony here – you can browse in the middle of a 21st century shopping mall, and a few minutes later you can be standing beside a 1595 cannon on ancient ramparts looking over streets and buildings that have survived for centuries. You'll travel along the scenic Glenshane Pass where the road climbs to provide fine views across the open heather-covered moors to the distant Sperrin mountain range. You'll enter the city of Londonderry and immediately coming into view will be the most notable and historic feature of the city – the Walls, which have been kept in a splendid state of preservation. You'll see that the layout of the original city within the walls still preserves its Medieval plan. You'll also see the Guildhall, a handsome late Gothic building with its dozens of stained glass windows illustrating the city's history. Coming down from the walls you'll notice the gable end of a building adorned with the large mural painting of a badger and advertising the well-known Irish drink of Guinness. This is 'Badgers' and it is here that you'll enjoy a typical local menu served in the delightful ambience of



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this Londonderry pub. The pedestrian-oriented city center and nearby modern shopping mall have a full selection of well-known stores where you can shop in comfort before commencing the return drive across the idyllic countryside to Belfast.

Tour Code: BFS_03

In The Steps of St. Patrick

Approximate Duration: 7 ¾ hours

Level 1

Join us today as we set off to follow in the steps of Saint Patrick first heading towards the city of Downpatrick – burial site of the patron saint and Medieval capital of County Down. We first visit the Saint Patrick Centre, a new and exciting 21st century interactive experience which tells the fascinating story of Ireland's Patron Saint. We then transfer the short distance to Down Cathedral. The cathedral stands on Cathedral Hill, a fortified place which has been continuously occupied since Neolithic times. Our cathedral guide relates a fascinating tale of the origins of the building and its history which has taken it from a monastery established in the early Christian period to its present status as a memorial to the historic past. Outside, we visit Saint Patrick's grave. One of Downpatrick's proudest traditions is that it is the burial place of Saint Patrick. As lunch is not included on this tour, we'll enjoy time on our own to choose a snack in a typical pub or one of the many cafes. We then travel to nearby Saul, the first ecclesiastical site in Ireland given to Patrick by the local ruler Dichu, one of his first converts. We then pay a short visit to the church which is surrounded by the soft countryside with views across to Strangford Lough. Traveling alongside the shore of Strangford Lough we enjoy the delightful combination of the Lough, whilst inland there is the rural countryside and small farming communities as we approach the outskirts of Belfast.

Tour Code: BFS_04

River Lagan Cycle Trail

Approximate Duration: 4 hours

Level 3

Extending 21 miles from north Belfast to the city of Lisburn, the River Lagan Cycle Way has been voted the "Best Urban Route in the UK". Today, as you cycle along 14 miles of the trail making your way into Lisburn, Belfast city will cease to be the congested and frantic place it can seem. You'll meet up with your cycle escort at the pier and then transfer to Ormeau Bridge where you collect your cycle and helmet. The cycle way passes through the Lagan Valley Regional Park and the section of the trail you cycle today takes you along an easy gradient mainly on the river towpath following the line of the River Lagan. Stops will be taken en route for you to admire the scenery and if you don't feel like cycling the entire length of the planned ride, then rest-up at one of the convenient rest points, and we'll meet up with you as you cycle back along the same route. Returning towards Belfast, you'll stop for a pint of beer at a delightfully situated riverside pub. Continue back to the start point where you can either transfer back to the pier or stay in town for shopping and independent sightseeing. If you stay in town, you'll then be responsible for your own return to the ship.

Note: The cycle ride is approximately 14 miles. Virtually all of the cycling is on traffic-free paths. On the short stretches where a secondary road is used there are cycle lanes.

Tour Code: BFS_06

The Coast & Glens of Antrim

Approximate Duration: 4 hours

Level 1

This leisurely and panoramic scenic drive is particularly suitable for those guests not wishing to negotiate lengthy walking or internal venue visits. Traveling across country from Belfast to Larne, you'll join the Antrim coast road that snakes around the coastal contours offering fine views seaward as well as to the tree-clad hills rising gently in the distance. Traveling through the glens, you'll enter the Glenariff Forest Park, an area to which visitors have been coming for over a hundred years. Glenariff, the 'Queen of the Glens', is considered the most beautiful of the region's nine glens. Stop for refreshments of coffee and freshly baked scones with cream and jam at the Glenariff Tea House. Here there is also a small shop with a selection of souvenirs. Extensive lawns in front of the tea house offer great views out across the glens, whilst a short stroll will reward you with even more delightful scenery at the distant coastline.

Tour Code: BFS_09

Belfast – Past, Present & Future

Approximate Duration: 3 ¼ hours

Level 1

Belfast has grown from an insignificant town by a river fjord in the 19th century, to emerge as a prosperous



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commercial and tourism center looking ahead with eager anticipation. Today's tour provides an interesting insight into what Belfast has lived through and the bright future that awaits. Belfast is the only city in Ireland to experience the full force of the Industrial Revolution, and a city brought to world-wide attention by the 'Troubles' – 30 years of conflict leading up to the cease-fire of 1994. Today Belfast is a peaceful place and forms part of an interesting and popular visitor experience. You'll see the Falls Road and Shankhill Road and the scenes of much of the worst rioting during troubled times. The wealth created by Belfast's industrial past of shipbuilding, linen, rope-making, and tobacco industries is characterized by the imposing banks, churches and other public buildings which you'll see on your tour today. You'll also see the famous shipyard of Harland & Wolff, once the largest in the world, but best remembered as the birthplace of the ill-fated liner 'Titanic'. Two mammoth cranes – Samson and Goliath, tower over the yard and are a prominent feature of the city skyline. You'll journey outside of the city center to view the Parliament building of Stormont. Each phase of the city's past has left its mark.

Tour Code: BFS_10

Giant's Causeway

Approximate Duration: 6 ½ hours

Level 2

Northern Ireland has sights from every era of history as well as magnificently varied coastal scenery. Today you'll enjoy the scenic delights and marvel at one of the natural wonders of the world. The lunar landscape of Giant's Causeway – a World Heritage Site, lurking below the gaunt sea wall where the land ends, must have struck wonder into the hearts of the ancient Irish. Upon arrival at Giant's Causeway, your tour coach will park at the cliff top. You'll have the option of walking along the paved pathway, which is steep in parts, leading down to the bottom of the cliffs, or taking the shuttle bus. During your route along the Antrim coast, you'll stop to admire Dunluce Castle, a romantic ruin. At White Park Bay, the unspoiled beauty of the wide expanse of beach where the Atlantic washes the white sands, can be enjoyed from a vantage point along the coast road. Whilst at the Giant's Causeway, there are small gifts and souvenirs for sale in the Visitor Centre and the National Trust shop. Legend has it that Finn McCool, a lovelorn Irish giant built the causeway to reach his lady love, a Scottish giantess. Whichever explanation is preferred, nothing can destroy the magic and strangeness of the Causeway with its looming grey cliffs and tales of the legendary giant.

Tour Code: BFS_11

Ards Peninsular & Grey Abbey

Approximate Duration: 4 hours

Level 1

We'll pass quickly through the suburbs of Belfast heading for the tranquility of the Ards Peninsular, a scenic area which runs along the east shore of Strangford Lough. Our scenic tour of the peninsular includes a visit to the 12th century Grey Abbey. These splendid ruins of a Cistercian abbey church are the finest examples of Anglo-Norman ecclesiastical architecture in Northern Ireland. The Cistercian Abbey was founded in 1193, and to this day the settlement around it is called 'Greyabbey'. Unfortunately Grey Abbey's annals do not survive, but the little we know of its history is intriguing. The church was founded in 1193 by Affreca, daughter of Godred, King of the Isle of Man, and wife of John de Courcy, the Anglo-Norman conqueror of Ulster. Architecturally the abbey is important as the first fully Gothic-style building in Ireland, the first large stone church in which almost every arch, window and door was pointed rather than round-headed. During a leisurely stroll around the grounds we can see that the qualities of Grey Abbey are many and varied. One of the features of Grey Abbey today is a carefully recreated physic garden, containing over 50 varieties of medicinal plants and herbs.

Tour Code: BFS_12

Walking Tour, City Hall & Pub

Approximate Duration: 3 ¼ hours

Level 2

Your walk of approximately 1 1/2 hours will take you across the center of Belfast which provides you with an ideal introduction to this city of contrasts. All civilizations start by a riverside so your tour begins at the 32-foot statue of a salmon, commissioned in 1999 to celebrate the regeneration of the River Lagan and the River Farset, after which Belfast is named. Standing in Queen's Square, laid out for the visit of Queen Victoria in 1849, we can view the impressive Italianate styled Custom House. From here we'll also view McHugh's Bar which occupies the oldest surviving building in Belfast – a house built in 1715. Belfast has its own 'leaning tower' and here we also see the Albert Memorial Clock, which subsidence has made lean more than a yard from the vertical. Looking across the river is the Harland & Wolff shipyard where in 1912 the world's most famous ship, the 'Titanic' set out on her fateful maiden voyage. The shipyard is dominated by the gigantic twin cranes known affectionately as



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Samson & Goliath. We then continue our walk past the modern redevelopments along the riverside before turning towards the old town center where the wealth of Victorian buildings bear testament to the magnificent industrial heritage of the city. Delights such as St. George's Market and Yorkshire House – formerly a linen warehouse and much admired for the heads of famous people popping out of port holes – including George Washington and William Shakespeare – are pointed out by your tour guide. Then, not to be missed is the massive 'Scottish Provident' building, noted for its voluminous stone decoration. Passing by the aptly named Grand Opera House our leisurely stroll takes us next to the City Hall where we'll enjoy a guided internal visit. Cozy Victorian pubs are another feature of Belfast and following our walk and the City Hall visit we'll make our way to one of them to enjoy the traditional atmosphere as we relax with a glass of Guinness – Ireland's most famous drink.

Tour Code: BFS_50

Giant's Causeway & Antrim Coast

Approximate Duration: 9 hours

Level 2, Meal

Northern Ireland has sights from every era of history as well as a magnificently varied coastal scenery. Today, you'll enjoy the scenic delights and marvel at one of the natural wonders of the world. The Antrim coast, an area of outstanding natural beauty, has a well-deserved reputation for being one of the loveliest and most spectacular coasts in Europe. The lunar landscape of Giant's Causeway, a World Heritage Site, lurking below the gaunt sea wall where the land ends, must have struck wonder into the hearts of the ancient Irish. Upon arrival at Giant's Causeway, your coach will park at the cliff top and you'll have the option of walking along the paved pathway, which is steep in parts, leading down to the bottom of the cliffs, or taking the shuttle bus. During your route around the Antrim coast, you'll stop to admire Dunluce Castle – a romantic ruin clinging to a crag almost surrounded by water, and watching over the magnificent coastline; it's one of Ireland's most atmospheric castles. At White Park Bay, the unspoiled beauty of the wide expanse of beach where the Atlantic washes the white sands, can be enjoyed from a vantage point along the coast road. Then you see Carrick-a-Rede Rope Bridge which spans a gaping chasm between the coast and a small island used by fishermen. You'll enjoy lunch with a typical local menu served at one of the area's small hotels near Giant's Causeway. Whilst at Giant's Causeway, there are small souvenirs for sale in the Visitor Centre and the National Trust shop.

Dublin, Ireland

Tour Code: DUB_01

Dublin, Glendalough & Scenic Drive

Approximate Duration: 9 hours

Level 2, Meal

Take the undeniably charming capital city of Dublin, the serenity of the Irish countryside and combine them with the picturesque setting of Glendalough's monastic ruins for an extraordinary introduction into Ireland's many faces. After a scenic drive through the city, you'll head south, traveling into the green and uncrowded Wicklow Mountains with their rounded heathy summits, pretty valleys and the impressive monastic remains of Glendalough. You'll then travel further into County Wicklow, which richly deserves the title 'Garden of Ireland.' A short stop is made at the Avoca Woolen Mill, where the colors in the various woven products reflect the beauty of the area and where you'll have a short time for shopping. You'll then travel to the important early Christian site of Glendalough, which has overwhelmed people with its peace and isolation for many centuries. This most romantic of monastic sites was one of Ireland's greatest pilgrimage centers up to the middle of the 19th century. You'll then enjoy lunch served at a small country hotel situated amidst the delightful countryside. Return through the Wicklow Hills, with more magnificent scenery to enjoy as you head back towards Dublin.

Note: Walking is on varied terrain.

Tour Code: DUB_02

Powerscourt & Dublin

Approximate Duration: 8 hours

Level 2

Head out from the busy streets of Dublin towards County Wicklow, which offers a rich and diverse alternative to the urban atmosphere of Ireland's capital. You'll see that the county's reputation as the 'Garden of Ireland' is well deserved. Continue the scenic drive as you head to Powerscourt, one of the world's great gardens situated at the foot of the Sugar Loaf Mountain. The 18th century house, which was gutted by fire in 1974, has an innovative new use, incorporating an array of specialty shops selling fine Irish-sourced articles, and a terrace restaurant



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overlooking the garden. You now head back towards the capital for the opportunity to explore part of the city at your own pace or shop in Dublin's city center. Ireland is known the world over for its hand-made products and fine craftsmanship, and Dublin is a one-stop source for the country's best wares. As Dublin is so compact, most of the shopping areas are bunched within about a 20-minute walk. Lunch is not included on this tour, but there will be ample opportunity for you to grab a bite either at Powerscourt or throughout Dublin. Why not select one of the characteristic pubs to enjoy a typical bar meal and a pint of Guinness? At the end of the day, the tour bus will return you directly to the port.

Note: There are some steps in the garden at Powerscourt.

Tour Code: DUB_03

Irish Countryside & Glendalough

Approximate Duration: 5 hours

Level 2

Make a brief panoramic drive through the charming capital city of Dublin and then enjoy the serenity of the Irish countryside, combining them with the picturesque setting of Glendalough's monastic ruins. Then head south outside of Dublin to the green Wicklow Mountains and continue further into County Wicklow, which richly deserves the title 'Garden of Ireland'. The county has everything that is thought Irish in its landscape and is also an area rich in history and culture. In the middle of this peaceful countryside you come to magical Glendalough. Famed for its beautiful scenery and historic monuments, Glendalough has been a center for pilgrims and visitors from the time of the founding of its monastery by St. Kevin in the 6th century. The monastic settlement expanded and flourished for many years before being finally destroyed in the 16th century. The buildings which survive probably date from between the 8th and 12th centuries. Upon arrival, you'll watch an introductory video which sets the story of this unique monastic site. It's an enclave of holiness amongst the wilderness. This most romantic of monastic sites was one of Ireland's greatest pilgrimage centers up to the middle of the 19th century. Following your visit to Glendalough, you'll return through the Wicklow Hills, with more magnificent scenery to enjoy as you head back towards Dublin.

Note: Walking is on varied terrain for approximately 600 yards.

Tour Code: DUB_04

Leisurely Landscapes & Powerscourt Gardens

Approximate Duration: 4 ½ hours

Level 1

Travel to the outskirts of Dublin and enjoy the delightful rural countryside taking you south to the Powerscourt Estate, a haven of peace and quiet. Upon arrival at Powerscourt Estate, you'll drive along the elegant avenue of stately beech trees. In 1974 a traumatic fire destroyed the interior of Powerscourt House and today the building is partially restored. In an atmospheric setting, you can take an independent stroll around the exhibition which traces the evolution of the Powerscourt Estate and its owners. The gardens at Powerscourt are probably the finest in Ireland, both for their design and their dramatic setting at the foot of Great Sugar Loaf Mountain. Though the house was gutted by an accidental fire in 1974, the splendid gardens, maintained with meticulous care, can still be enjoyed. You may stroll nearby at your leisure admiring the uninterrupted views, or venture further into the landscaped gardens. What makes the gardens at Powerscourt so remarkable is their grandeur of scale, combined, as so rarely happens, with great delicacy and refinement of detail. Powerscourt is a magnificent example of an aristocratic garden laid out with taste, knowledge and imagination. It is probably the last garden of its size and quality ever to have been created. Whilst at Powerscourt Estate, you'll have time to browse in the excellent range of small quality gift shops. Your return drive will take you through the Dublin suburbs and then back to your ship.

Note: Walking is at the guest's discretion during the visit of Powerscourt Gardens. There are some steps in the gardens.

Tour Code: DUB_20

Malahide Castle & Irish Pub

Approximate Duration: 3 ¾ hours

Level 2

Near the seaside town of Malahide stands a huge castle set in 250 acres of grounds. The castle's core dates from the 14th century but later additions, such as its rounded towers, have given it a classic fairy-tale appearance. Originally a fortress, the building served as a stately home for the Talbot Family until 1973. Your visit will show you superb examples of Irish craftsmanship, period furniture and works of art. You'll have time to browse in the small castle gift shop, where all items are of Irish origin, before continuing the tour to Malahide Village. Here you'll



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make a stop at a typical Irish pub to enjoy an Irish coffee – that wonderful combination of whiskey, double cream, strong black coffee and a heaped tablespoon of sugar. Departing Malahide, you'll drive past Portmarnock, over the Hill of Howth with its panoramic vista of sweeping Dublin Bay, and on along the coast. The opportunity to explore such a historic and interesting Irish castle as Malahide, coupled with your visit to an Irish pub, is sure to leave a lasting impression.

Note: There are stairs to the first floor of the castle.

Tour Code: DUB_21

Dublin Castle & Book of Kells

Approximate Duration: 3 ¾ hours

Level 1

This tour with its combination of visits will enable you to appreciate two very different aspects of Ireland. There is Dublin Castle with its unique place in Irish history – it was the seat of English rule, then there is Trinity College with its lawns and cobbled quads providing a pleasant haven in the heart of the city. A guided tour of the castle will show you the luxurious State Apartments. See the lavish decorations, fine proportions and beautiful antique furniture that have served state heads from all over the world. Close by is Trinity College, founded by Queen Elizabeth I on the site of an Augustinian monastery. You can admire the fine buildings and courtyards that make up this well-known university, the oldest in Ireland. In the old library you'll view the Book of Kells, the most richly decorated of Ireland's Medieval illuminated manuscripts. The scribes who copied the texts embellished their calligraphy with intricate interlacing spirals as well as human figures and animals. You'll also see the spectacular long room of the library that houses 200,000 antiquarian texts, marble busts of scholars and the oldest surviving harp in Ireland. You'll be able to view an exhibition on how the Book of Kells was made, and general exhibits of Ireland while waiting for entry to the viewing area. At the conclusion of the tour, you may remain in the center of Dublin for shopping or independent sightseeing, or return with your guide to your ship.

Note: Walking while visiting the two sites is approximately 700 yards. There are stairs to the library at Trinity College but an elevator is available.

Tour Code: DUB_22

Walking Tour & Pub

Approximate Duration: 3 hours

Level 2

Ireland's capital has a wealth of attractions, most within easy distance of each other. This walking tour will show you the highlights of an area, which remained virtually undeveloped until the founding of Trinity College in 1592. The mid-18th century saw the beginnings of a construction boom in the area. During this time, magnificent public buildings such as the Old Library at Trinity College, Leinster House and the Bank of Ireland were built. However, as you'll see, the most conspicuous reminders of Georgian Dublin are the beautiful squares and terraces around Merrion Square. Having traveled the short distance from Dublin port into the city center you'll start a walk outside the gates of Trinity College. For generations, Dublin's pubs have been at the center of its social life, and the meeting place for some of its greatest writers and wits. They are famous the world over for their friendly spirit of 'craic' – the Irish word for a good time. One of its charms is that each pub has a very special character. Following your walk, you'll stop off at one of the city center's typical pubs to enjoy a drink in the companionable dark of the historic snug, or in the brassy mirrored brilliance of the public bar. At the end of the pub visit there is the opportunity to remain in the center of the city for shopping, or return with the tour coach to your ship.

Note: Tour has limited participation. Walking is on flat terrain and approximately 1 3/4 miles.

Tour Code: DUB_23

The Guinness Story

Approximate Duration: 4 hours

Level 2

As a drink, Guinness has become synonymous with Ireland but more particularly with Dublin. In 1800, some 55 breweries were operating in the capital, but even at this early point in the company's history Guinness was being sold in a third of Dublin's pubs. This tour takes you to St. James' Gate Brewery, in the heart of Dublin and the birthplace of the world's most famous creamy stout. First, watch an entertaining audio-visual presentation before setting out with your special guide who will narrate the history and story of Guinness. You'll be 'introduced' to Arthur Guinness, and as your tour progresses, you'll find out how the drink that carries his name has travelled around the world. In the brewing section, you'll see, hear and smell the ingredients as they make their way through a series of vast machines and fascinating processes on their way to becoming Guinness. Another section of the tour will describe how Guinness has been advertised over the years and you'll 'visit' this famous drink at



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home and abroad. The guided tour ends in the circular panoramic bar from where you can enjoy splendid views out across the city of Dublin while enjoying a sample of the 'black stuff.' Here, you'll taste the drink at its best, just a few hundred yards from where it's actually made. Making your way to the ground floor, there is time to browse in the shop where you'll find an exciting and wide variety of Guinness-designed gifts.

Note: Tour has limited participation. Walking is on flat terrain and approximately 300 yards. There are stairs between the floors.

Tour Code: DUB_52

Dublin Highlights

Approximate Duration: 3 ½ hours

Level 1

Dublin, Ireland's capital, has a wealth of attractions. It is a city steeped in history, tragic and glorious, with haunting memories of great patriots, statesmen, scientists and scholars. There are spacious streets, fine buildings and friendly people. Few capitals are so beautifully situated. Dublin Bay forms a sweeping crescent from the Hill of Howth to Dalkey. The most conspicuous reminders of Georgian Dublin are the beautiful squares and terraces. Many of the buildings still have their original features, including doorknockers, fanlights and wrought-iron balconies, which you'll see. Your panoramic sightseeing will show you the old Parliament House, St. Patrick's Cathedral, Ireland's largest church which was founded beside a sacred well where St. Patrick is said to have baptized converts around 450 AD, and Dublin Castle, for seven centuries a symbol of English rule. Overlooking the River Liffey, you'll see the Four Courts, a majestic structure commenced in 1785 and now the home of the Irish Law Courts. You'll then see Leinster House, the stately mansion now housing the two chambers of the Irish Parliament. It was originally built for the Duke of Leinster in 1745.

Note: Tour has minimal walking on flat terrain during cathedral visit.

London (Dover), England

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The following tours are only available for guests disembarking in Dover with flights after 6:00 pm, or staying in a hotel in central London. Guests must collect luggage from terminal prior to joining the tour.

Tour Code: DVR_50

Canterbury (Ending in central London)

Approximate Duration: 5 hours

Level 1, Debarck

Venture into the heart of the ancient city of Canterbury, the chief cathedral city of the kingdom. Take a tour of Canterbury's famous cathedral and learn its interesting history. The cathedral houses the tombs of many famous archbishops along with the Black Prince and Henry IV. En route you'll travel to the heartland of the county of Kent, known to many as the 'Garden of England.' Charming villages are nestled between hills, their mellow stone and thatched roofs evoking images of the England of yesteryear.

Note: This tour is for guests staying on in London and will only drop off at NCL-affiliated hotels. Guests with a separate independent hotel booking will be dropped off at one of these hotels.

Tour Code: DVR_51

Scenic London & Free Time (Ending at Heathrow Airport)

Approximate Duration: 7 hours

Level 1, Debarck

Start your tour with a drive towards central London, seeing many of the city's magnificent and historic highlights: Big Ben, the Houses of Parliament; the 11th century Westminster Abbey, Downing Street, Piccadilly Circus and Trafalgar Square. Pass the Stock Exchange, the monument to the Great Fire of London of 1666, the Lord Mayor's mansion house and the Bank of England, founded in 1694. Admire St. Paul's Cathedral, a magnificent Baroque structure that is the crowning achievement of architect Sir Christopher Wren. Stop for photos at the Tower of London. You'll then be dropped off in central London for some free time, lunch and shopping, before continuing on to Heathrow Airport.

Note: This tour is only available for guests with flights after 6:00 pm from Heathrow. Guests are responsible for



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ensuring their debarkation tours are compatible with their flight departure times. Guests with international flights are suggested to be at the airport at least 2 hours before their flight departure time. This tour will not drop-off guests at any London hotel. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.



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