



*Book now,  
relax later.*

*9-Day Southern Caribbean Shore Excursions  
Sailings of November 14<sup>th</sup>, 2008 through April 3<sup>rd</sup>, 2009  
Norwegian Jewel*

*NCL's Shore Excursions. No Risk, All Reward. Here's Why:*

*Safe, Reliable, Licensed and Insured.*

That's what all NCL tour operator partners are. Taking a tour with someone else may save a few bucks, but the risks outnumber the savings.

*Choices, Convenience, Expert Advice.*

At NCL's onboard Shore Excursion Desk, there are tons of tours to choose from and they'll help you decide the best one for you and your budget. The other guys don't take the time to be an advisor, they just want the sale.

*One Price, No Surprises.*

With NCL, there are no hidden fees. Other tour operators charge extra for transfers, entrance fees and more.

*Sharing's Good (But Not When It Comes To Credit Card Numbers).*

Book your Shore Excursions through NCL and they're conveniently charged to your onboard account. Book with someone else and you'll be giving your credit card number to a stranger (and that could be big problems in a foreign country or in an unfamiliar place).

*Make the Most of Your Day.*

No need to waste time sitting through hard-selling timeshare presentations as part of your tour. With NCL, you can just enjoy your day and have fun.

*Why Wander?*

We're right here. We offer convenient pick-up and drop-off right at the pier. You'll never wander around an unfamiliar port searching and waiting for your group.

*Change Happens – Enjoy Peace of Mind.*

Miss a Shore Excursion due to unexpected changes in our itinerary? No problem. We'll be happy to credit your onboard account, reschedule your excursion or assist in your selection of an alternate one. Why shouldn't it be that easy? With those other guys, trust us, it wouldn't be.

To pre-book your tours now, call (866) 625-1167 or visit [www.ncl.com/shorex](http://www.ncl.com/shorex)

## Tour Indicators/Symbols

- Level 1: Involves walking over relatively level terrain, possibly some cobblestone, gravel or a few steps. Comfortable shoes are recommended.
- Level 2: Involves a considerable amount of physical activity such as substantial walking over cobblestone streets, climbing stairs or steep terrain. They're not recommended for guests with walking difficulties. Comfortable, sturdy shoes are recommended.
- Level 3: Involves physical exertion for extended periods. The terrain may be uneven or steep. It can also indicate a need for swimming in a light current, biking or horseback riding. Recommended only for physically fit and adventurous travelers.
- Guests with Disabilities: These tours are fine for guests with limited mobility or in wheelchairs. Wheelchairs must be collapsible.
- Meal: Mmmm - these tours include meals. Got a special dietary need? Head to the Shore Excursions Desk and they'll be happy to help you out.
- Age Requirements: These tours have specific age requirements.
- Weight Requirements: These tours have specific weight requirements.
- Height Requirements: These tours have specific height requirements.
- C-Card: These tours mean that you have to present a nationally recognized Scuba certification card and have logged a dive within the past 12 months.
- Family Recommended: These tours are recommended for families.
- Ultimate Touring: With NCL's Ultimate Touring, experience custom luxury adventures like yacht charters, VIP tours and small group touring for your family, or tours just for two.
- Debark: At the end of the tour, you'll be transferred to the airport, an NCL program hotel or an assigned central location for your convenience (please reconfirm onboard with the Shorex Desk for locations). While on board, please confirm that your flight departure time will allow you to participate on this tour. Guests are responsible for ensuring their debarkation tours are compatible with their departure flight times. If a tour departs later than scheduled due to unforeseen reasons, please be advised that the tour will still run in its entirety. Guests should ensure they still have enough time to catch their flight despite the delay. Please allow extra time in case of delays. Guests should refer to the details section of their selected tour for more information.

## Samana, Dominican Republic

Tour Code: SAM\_01

Caves & Mangroves Exploration

Approximate Duration: 3 hours

Level 3, Family Recommended

From the pier, board a speedboat and after a safety briefing, begin an ecological experience. Known for having one the lushest rainforests and mangrove reserves in the Caribbean, Los Haitises National Park is a beautiful sanctuary. You'll circle the small cay known as Bird Island as your guide explains the importance of the many migratory and indigenous birds that inhabit the island. Your Captain will dock the boat at an area of captivating caves and your guide will provide information on the people that inhabited these caves and the islands. Cave drawings representing the gods and the daily life of the Taino Indians will give you a glimpse into the life of these ancient people. You'll also see beautiful stalagmites and stalactites which have formed over centuries.

Note: Participants must be able to navigate on uneven surfaces. This tour is not recommended for pregnant women. Wear comfortable clothing, closed-toe footwear or Teva®-type sandals.

Tour Code: SAM\_02

Cayo Levantado Beach Escape

Approximate Duration: 5 hours

Level 1, Family Recommended

Be whisked away to a private island for a day of fun. Leave your ship by boat and head to the island of Cayo Levantado. Here, you are on your own to explore the gentle hills, swim in the turquoise sea or relax on the beautiful white-sand beach. Take a moment to browse the quaint gift shops featuring locally made art, crafts and souvenir items. Try some merengue dancing or play a game of beach volleyball. Kayaks, pedal boats, sun floats and snorkeling equipment will be available for rent. Return to your ship as per tender schedules.

Note: At the beach, a barbeque and a tropical lunch is available at an additional charge. Credit card or cash is required for water sport rentals. Wear your swimsuit and bring a towel.

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Tour Code: SAM\_04

Discover Samana

Approximate Duration: 4 hours

Level 1

Explore Samana featuring a stop at the seaside town of Las Terrenas. Enjoy narration from your guide pointing out areas of interest en route to your first stop, La Churcha. This church was brought over from England and re-assembled piece by piece in Samana. Your next stop will be the small Whale Museum to discover the mysteries of the humpback whales. Reboard your motorcoach for the ride to the village of Juana Vicente for a photo stop. Then, make your way to the seaside town of Las Terrenas, a popular European vacation retreat. You'll have approximately one hour to explore on your own before re-boarding for the return.

Note: Many of the shops at Las Terrenas are closed on Sunday ship arrivals. We recommend you wear comfortable walking shoes.

Tour Code: SAM\_05

Walking Tour of Samana

Approximate Duration: 2 ½ hours

Level 2

After a short walk from the pier you'll arrive at the Central Park. Begin the pleasant walk around the town center passing by the old tower clock and La Churcha. La Churcha was built in England where it was unassembled and then reassembled piece by piece in Samana. Following your time in town, you'll be taken to the 4-star resort Gran Bahia Principe Cayacoa for tea, refreshments and cookies before being taken back to the pier.

Note: This tour is not recommended for those that have difficulty walking. We recommend you wear comfortable walking shoes.

Tour Code: SAM\_07

Salto El Limon Horseback Ride

Approximate Duration: 4 ½ hours

Level 3, Age & Weight Requirements

Explore the interior of the Samana Peninsula by horseback. The mountain range reaches an altitude of 2,100 feet. Upon arrival at the ranch, you'll be greeted by your guides who will provide you with a safety briefing and instructions on how to handle your horse. Each rider will be assisted by a skilled horse handler. Wind your way through the countryside for approximately 30-minutes before arriving at an area where you'll dismount and hike down the remaining way to the spectacular falls. Upon arrival to the falls, you'll be awestruck by the cascade of cold water rising 120 feet. Relax nearby with the mist cooling you or take a swim in the refreshing natural pool. Then, make the hike back up to the horses for a cool drink of water before returning to the ranch.

Note: Participants must be at least 10 years of age and weigh no more than 250 lbs. It is not recommended for those with back or leg problems. We recommend you wear hiking shoes or shoes with gripping soles. Wear your swimsuit and bring a towel.

Tour Code: SAM\_08

Self Drive 4 x 4 Adventure

Approximate Duration: 3 ½ hours

Level 3, Age Requirements

Go off-road on a 4 x 4 Jeep. First, stop at a typical Dominican farm where you'll have the opportunity to sample fruits and coffee. Then, stop at El Valle Beach and El Valle Waterfall.

Note: Participants must be at least 12 years of age, 18 years of age to drive and must provide a valid driver's license. All Jeeps are manual transmission and accommodate four per vehicle. There are sharp curves and bumpy roads. The tour also includes an approximately 20-minute walk on uneven, sometimes muddy and slippery surfaces. Not recommended for pregnant women or those with back or neck injuries. Drivers may rotate during this tour.

Tour Code: SAM\_10

Whale Watching Expedition

Approximate Duration: 3 hours

Level 1, Family Recommended

Available only January 15th through March 15th

Humpback whales have been wintering near Samana for centuries and thousands of these whales from the North Atlantic migrate to savor the warm, clear waters and to mate. Cave drawings made by Aboriginal inhabitants near the Samana Peninsula depict the spouting whales long before the arrival of Columbus. This Whale Watching Expedition is truly an experience of a lifetime.

Note: You may get wet, so dress appropriately and bring a towel. Ride may be rough at times and we recommend you take sea sickness medication. Open-air powerboat is used. Whale sightings are not guaranteed.

Tour Code: SAM\_13

ATV Experience

Approximate Duration: 3 hours

Level 3, Age Requirements

Travel off-road on ATV 'quads' en route to a secluded beach. At the tender pier, you'll receive a safety briefing and instructions on the operation of your ATV. Then, you're off, caravan style to discover the back-roads and off-roads of the

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Samana Peninsula. Along the way, stop at areas of interest while your tour guide provides narration. Your next stop will be El Valle Beach. Finally, make your way to the Zumbador Waterfall, where you can choose to relax or take a quick bath in its cold and pristine waters.

Note: Participants must be at least 18 years of age, in good health and provide a valid driver's license. All participants are required to sign a waiver. Those wishing to be a passenger/rider on the ATV must be accompanied by a driver and must book on board the ship at the Shore Excursion Desk. This tour is not recommended for pregnant women and people with neck or back injuries. Bring a towel.

Tour Code: SAM\_15

Whale Watching Expedition & Beach

Approximate Duration: 5 hours

Level 1, Family Recommended

Available only January 15th through March 15th

Humpback whales have been wintering near Samana for centuries and thousands of these whales from the North Atlantic migrate to savor the warm, clear waters and to mate. Cave drawings made by Aboriginal inhabitants near the Samana Peninsula depict the spouting whales long before the arrival of Columbus. Our Whale Watching Expedition is truly an experience of a lifetime. After whale watching, this excursion ends on the beautiful private island of Cayo Levantado. Here, you're on your own to explore the gentle hills, swim in the turquoise sea or relax on the beautiful white-sand beach. Take a moment to browse the quaint gift shops featuring locally made art, crafts and souvenir items. Try some meringue dancing or play a game of beach volleyball. Kayaks, pedal boats, sun floats and snorkeling equipment will be available for rent. Return to the ship as per tender schedules.

Note: On the whale watching part of the tour, you may get wet, so dress appropriately and bring a towel. Ride may be rough at times and we recommend you take sea sickness medication. Open-air powerboat is used. Whale sightings are not guaranteed. At the beach, a barbeque and a tropical lunch is available at an additional charge. Credit card or cash is required for water sport rentals. Wear your swimsuit and bring a towel.

Tour Code: SAM\_19

Caves & Mangroves Exploration & Beach Escape

Approximate Duration: 5 hours

Level 3, Family Recommended

From the pier, board a speedboat and after a safety briefing, begin an ecological experience. Known for having one the lushest rainforests and mangrove reserves in the Caribbean, Los Haitises National Park is a beautiful sanctuary. You'll circle the small cay known as Bird Island as your guide explains the importance of the many migratory and indigenous birds that inhabit the island. Your Captain will dock the boat at an area of captivating caves and your guide will provide information on the people that inhabited these caves and the islands. Cave drawings representing the gods and the daily life of the Taino Indians will give you a glimpse into the life of these ancient people. You'll also see beautiful stalagmites and stalactites which have formed over centuries. Then be whisked away to the private island of Cayo Levantado. Here, you are on your own to explore the gentle hills, swim in the turquoise sea or relax on the beautiful white-sand beach. Take a moment to browse the quaint gift shops featuring locally made art, crafts and souvenir items. Try some meringue dancing or play a game of beach volleyball. Kayaks, pedal boats, sun floats and snorkeling equipment will be available for rent. Return to your ship as per tender schedules.

Note: Participants must be able to navigate uneven surfaces. This tour is not recommended for pregnant women. Wear your swimsuit and comfortable clothing, closed-toe footwear or Teva®-type sandals. At the beach, a barbeque and a tropical lunch is available at an additional charge. Credit card or cash is required for water sport rentals. Bring a towel.

Tour Code: SAM\_20

Bike, Hike & Kayak

Approximate Duration: 4 ½ hours

Level 2, Age & Weight Requirements

At the pier, you'll board open-air safari truck on unpaved roads for a scenic, coastal ride to the marble mines area. Then, mount your bike and ride beside a 300-foot-high cliff that stretches for miles. Your guide brings to life the story of this abandoned mine. Then, leave your bike at the marble mines and take a walk among the unique flora at the Boca Del Diablo blow hole. Next, board your transportation and head for Rincon Beach to kayak in the turquoise waters or relax under the Caribbean sun before boarding the safari truck and returning to the pier. This is a rugged outing with amazing sights.

Note: Participants must be at least 8 years of age, weigh no more than 250 lbs. and in good physical condition. This tour is not recommended for those with back or leg problems.

Tour Code: SAM\_21

Mangrove Exploration by Kayak

Approximate Duration: 4 hours

Level 2, Age Requirements

Known for having one the lushest rainforests and mangrove reserves in the Caribbean, Los Haitises National Park is a spectacular sanctuary. You'll circle in a speedboat around the beautiful islands of Los Haitises and visit one of the caves. Cave drawings representing the gods and the daily life of the Taino Indians gives you a glimpse into the life of these ancient people. After the cave visit, begin your kayak adventure in the hidden river canals of the mangrove forest.

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Note: Participants must be at least 8 years of age and must be able to navigate slightly uneven surfaces. This tour is not recommended for pregnant women.

Tour Code: SAM\_22

Mangrove Exploration by Kayak & Beach Escape

Approximate Duration: 5 hours

Level 2, Age Requirements

Known for having one the lushest rainforests and mangrove reserves in the Caribbean, Los Haitises National Park is a spectacular sanctuary. You'll circle in a speedboat around the beautiful islands of Los Haitises and visit one of the caves. Cave drawings representing the gods and the daily life of the Taino Indians gives you a glimpse into the life of these ancient people. After the cave visit, begin your kayak adventure in the hidden river canals of the mangrove forest. Then be whisked away to the private island of Cayo Levantado. Here, you are on your own to explore the gentle hills, swim in the turquoise sea or relax on the beautiful white-sand beach. Take a moment to browse the quaint gift shops featuring locally made art, crafts and souvenir items. Try some merengue dancing or play a game of beach volleyball. Kayaks, pedal boats, sun floats and snorkeling equipment will be available for rent. Return to the ship as per tender schedules.

Note: Participants must be at least 8 years of age and must be able to navigate slightly uneven surfaces. This tour is not recommended for pregnant women. At the beach, a barbeque and a tropical lunch is available at an additional charge. Credit card or cash is required for water sport rentals. Wear your swimsuit and bring a towel.

Tour Code: SAM\_24

Catamaran Sail & Beach Escape

Approximate Duration: 3 ¼ hours

Level 2, Age Requirements, Family Recommended

This 46-foot catamaran takes you on a leisurely trip around Samana Bay for approximately two hours. Then, head to Cayo Levantado, the private island, to enjoy the white-sand beach and to relax. There are quaint little shops to explore, time to swim or just stroll for two hours. Then, you'll return to your ship via regular tender service.

Note: Participants must be at least 2 years of age. At the beach, a barbeque and a tropical lunch is available at an additional charge. Credit card or cash is required for water sport rentals. Wear your swimsuit and bring a towel.

Tour Code: SAM\_25

Safari Adventure

Approximate Duration: 4 hours

Level 2, Age Requirements

Board a specially equipped, open-air truck safari vehicle and make your way to an unpaved road that takes you through small, colorful villages. Your guide provides information on Dominican life and culture as well as pointing out areas of interest. Your first stop will be a typical Dominican farm featuring native fruits, coconut, coffee and chocolate. Then travel to Playa El Valle, a white-sand beach fringed with palm trees. Reboard your safari vehicle for the trip to La Cascada El Valle, a beautiful waterfall. From the falls take the Loma de la Pina Trail through lush vegetation before returning to the Samana Pier.

Note: Participants must be at least 12 years of age. Not recommended for people who have back or leg problems.

Tour Code: SAM\_26

Sea Lion Encounter

Approximate Duration: 3 ½ hours

Level 1, Age Requirements, Family Recommended

Leave your ship by boat to the small island of Cayo Levantado where you'll be greeted by your guide and receive a complimentary welcome drink. Then you'll be guided to the sea lion pool to meet your playful hosts and receive a briefing about the origins, lifestyles, eating habits and abilities of these interesting mammals. The briefing will end with you being able to feed the sea lions. Next you are off to the beach where you will have the chance to go swimming with the sea lions in the open ocean to witness their swimming skills and you'll be able to touch and caress them. The interaction ends at the beach where you'll receive a kiss from the sea lions. The remainder of your time is at leisure on the beautiful island of Cayo Levantado.

Note: Participants must be at least 6 years of age. Actual time with the Sea Lions is approximately 30 minutes. Order of tour may be reversed with beach time first. Open water swimming is limited to good weather conditions and other variables. If it's not possible to perform in the ocean then the interaction will be limited to the sea lion pool area. At the beach, a barbeque and a tropical lunch is available at an additional charge. Credit card or cash is required for water sport rentals. Wear your swimsuit and bring a towel.

Tour Code: SAM\_27

Retreat to Grand Paradise Resort

Approximate Duration: 6 hours

Level 1, Meal, Family Recommended

Depart from the tender pier ashore for a drive to the Grand Paradise Resort Samana. There you'll have time to enjoy the facilities of the resort, use the various pools. A buffet lunch is included along with national alcoholic and non-alcoholic drinks.

Note: Drive time to the resort is approximately 1 hour. No hotel room or beach towels are included in the package. Wear your swimsuit and bring a towel.

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Tour Code: SAM\_29

Sail, Snorkel & Cayena Del Mar Beach

Approximate Duration: 3 ¾ hours

Level 2, Age Requirements, Family Recommended

Sail the blue waters of Samana Bay aboard your comfortable catamaran. You'll board the catamaran and then set sail with the Caribbean breeze and stunning scenery. You'll drop anchor at Cayo Farola and snorkel among tropical fish and the coral reef. Then make the short sail to Cayena Del Mar, where you may use the fresh water showers, relax on a beach chair or under a coconut tree, play a game of volleyball or browse the gift shop. Beverages and a full menu are available at an additional charge.

Note: Participants must be at least 5 years of age and able to swim. Wear your swimsuit and bring a towel. Not recommended for people who have respiratory problems. All participants must wear snorkel vests while in the water.

Tour Code: SAM\_30

Mini Speedboat Adventure

Approximate Duration: 2 ¾ hours

Level 2, Age & Weight Requirements

This tour not only satisfies your need for speed but also provides a thrilling way to experience and learn about Samana and the Dominican Republic. You'll be greeted ship-side by your boat crew who will take you to the briefing center, located about 5-10 minutes from your ship. Once at the center pier, you'll be provided with important safety information as well as instructions on the safe operation of your two-man speedboat. You'll then board your boat and take a few practice spins in the bay before following your guide, caravan-style, off across the water! Make stops along the way to watch pelicans swoop for breakfast or lunch and see the many varieties of birds on 'Bird Island.' You'll also hear the story of 'Arrow Island' as well as learn about the battle with the Spaniards. Your group will then make a stop at a sandbar located in a very scenic area. Here you can walk out on the sandbar or take a dip in the blue waters. Reboard your boat and head towards the harbor passing under a historic bridge before returning to your start point. You'll have time to relax on the beach or browse the gift shop before boarding the transfer boat for the return to your ship.

Note: Participants must be at least 12 years of age, weigh no more than 250 lbs. and be at least 18 years of age to drive and provide a valid driver's license. Wear your swimsuit and bring a towel.

Tour Code: SAM\_31

Reef, Stingray & Shark Snorkel

Approximate Duration: 3 ¼ hours

Level 2, Age Requirements, Family Recommended

Your adventure begins when you board your vessel. The first stop will be a nearby reef and after a safety briefing, the experienced crew will provide you with snorkel gear including a snorkel vest. Then you're off to explore the magnificent coral formations teeming with tropical fish such as trumpet fish and parrotfish. You'll reboard the boat bound for a unique underwater, sea 'aquarium'. Upon arrival, step onto a platform located off-shore. Once again your crew will provide safety information and instructions before your up-close-and-personal experience with some very special sea creatures – sharks and rays! The sea aquarium is divided into two areas – one with nurse sharks and one with stingrays. You may enter either or both pools, or swim the area surrounding the aquarium for a not-so-personal encounter. You may also simply choose to sit on the platform for a dry but close-up view. After your encounter, you'll reboard the boat for the short trip to a beach area where you may use the freshwater showers or restrooms.

Note: Participants must be at least 10 years of age and good swimmers. Wear your swimsuit and bring a towel.

Tour Code: SAM\_32

Samana Highlights & Playa Rincon

Approximate Duration: 5 ¼ hours

Level 2, Age Requirements, Family Recommended

Join us for an off-the-beaten path adventure. Board your safari-type vehicle for a tour around the peninsula of Samana. Along the way your guide will share interesting information regarding the history and culture of the Dominican Republic. Your first stop will be at the area used to load marble from a nearby mine, which you'll see later on your tour. Your guide will explain how the marble was transferred to the ships in the past and how the marble was used. Next, stop at a working marble mine to see the different stages of the marble mining process. Then, continue on to Boca del Diablo where your guide will provide important safety information about the terrain. You'll leave your transportation and make the short walk to a sea cliff look-out. This area has unique rock formations and a place where a roaring sound is made by the force of the ocean. You'll have the opportunity to take photos before returning to your transport for the off-road drive to Playa Rincon. Along the way, stop at Rubi's El Rincon beach restaurant famous for their grilled lobster. You may use the restroom facilities and if you wish, order food and specialty beverages (not included). Playa Rincon has won praise from top travel magazines as one of the world's best beaches. Located at the base of 2,000-foot mountains, Rincon offers nearly three miles of uninterrupted white sand and lush palm groves, as well as a fresh-water area lined with mangroves. Upon arrival, you'll be offered a complimentary beverage as well as a light fruit salad. You are then free to relax, swim, or explore. After your time at Playa Rincon, re-board your transport for the return to the port.

Note: Participants must be at least 5 years of age. Wear your swimsuit and bring a towel, sunscreen, sunglasses and cash for purchases. We recommend you wear sensible clothing and closed toe shoes or sport-type sandals due to Devil's Mouth area. The driving portion of this tour is mostly 'off-road' type conditions. Roads are bumpy with holes. There are limited beach chairs and some water toys such as kayaks available for rent at Playa Rincon.

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Tour Code: SAM\_33

Las Terrenas & Botanical Gardens

Approximate Duration: 4 hours

Level 2, Age Requirements

This tour provides time on your own to explore a well-known village and a visit to a botanical garden. Board your open-air transport for the narrated portion of your tour. Along the way your knowledgeable guide will provide interesting information on the history and culture of the Dominican Republic. As you near Las Terrenas, your guide shares facts about the popular area. Your first stop will be the botanical gardens. Parque Ecotopia, a private reserve, features stunning tropical plants and footpaths lined with rainforest vegetation and natural pools. Your guide will provide fascinating information regarding the various plants as you make your way along the trail. After your up-close-and-personal experience with nature, you'll reboard your transport for the short trip to Las Terrenas. Upon arrival in Las Terrenas, you'll be impressed with the charm of the area, the beautiful white-sand beach lined with tall palms and pastel-colored wooden fishing boats as well as its Mediterranean-influenced atmosphere. There are plenty of cafes and oceanfront restaurants as well as shops offering a variety of arts and crafts – many of them unique handmade items.

Note: Participants must be at least 12 years of age. Credit card or cash is required. Wear your swimsuit and bring a towel and wear comfortable shoes.

Tour Code: SAM\_34

Five Star Private Yacht & Lagoon

Approximate Duration: 4 ½ hours

Level 1, Age Requirements, Ultimate Touring

Your crew, private bartender, waiter and chef will cater to your every whim on this five-star, luxury excursion. Your once-in-a-lifetime day begins when you are whisked away on your private, 42-foot yacht. From the moment you step aboard, your attentive staff will provide for your every need. You'll set across Samana Bay towards a secluded beach and also an area with a sweet water river where you may enjoy some snorkeling if you wish. Along the way, your Captain and crew will share interesting details about the history and culture of the Dominican Republic as well as point out areas of interest. Once on the beach, lunch will be prepared by your private chef and your waiter will serve you wine and a lobster lunch. Dine at leisure, then take a stroll or simply relax on the white sand. All beverages are included in this 'ultimate excursion'. Enjoy a glass of bubbly on the return trip to your ship.

Note: Participants must be at least 10 years of age. Wear your swimsuit and bring a towel.

Tour Code: SAM\_35

Waterfall Hike

Approximate Duration: 4 hours

Level 2, Age Requirements

Upon arrival your guide will provide you with important safety information before starting off along the trail. You'll soon discover Samana in all its natural beauty and diversity. Stops are made along the way as your guide points out areas of interest. Arrive at an area hidden from view of the path that opens to a beautiful cascade which falls to a clear, natural pool. Located in a secluded area, the falls are pristine and visited only by a lucky few. You'll have plenty of time to relax with a cool beverage and swim in the pool of fresh, mountain water before making the return along a path to your waiting transport. A short stop at a ranch house will be made where you may use the restrooms or purchase a beverage before returning to your ship's tender port.

Note: Participants must be at least 12 years of age and must be able to navigate uneven surfaces. Wear comfortable clothing, closed-toe footwear or Teva®-type sandals. Wear your swimsuit and bring a towel.

### SAMANA DIVE IN™ TO ADVENTURE

Tour Code: SAM\_36

La Farola – Two Tank Dive

Approximate Duration: 4 hours

Level 2, Age Requirements, C-Card

Your dive crew will meet you ashore and explain and help you with the adjusting of the equipment. Your dive master will provide you with safety and other important information. After the briefing (dive site, buddy, depth, procedures) you'll gear-up and enjoy some of the best diving in Samana. After you make the 10-minute ride to a premier reef, take your first dive to a maximum of 30 feet to enjoy the La Farola Wall with corals and fish. After the safety interval on the surface of at least 30 minutes, explore a sunken ferry boat at a maximum depth of 33-feet. After the dive, make the short trip back to the dive center where you can use the freshwater showers and restrooms. You'll also have some time to relax on the beach, get a bite to eat at the restaurant or beach bar, or browse the gift shop before returning to your ship.

Note: Participants must be at least 16 years of age and in good health free from heart or respiratory problems. Dive locations may change depending on water conditions. Bring cash for additional beverage purchases.

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## Tortola, British Virgin Islands

Tour Code: TOV\_02

Coast to Coast Scenic Drive

Approximate Duration: 4 hours

Level 1, Family Recommended

This scenic drive is designed for those interested in seeing most of the island while seated for most of the excursion. Some places seen en route are the Administration Complex, Sunny Caribbe Art Gallery, various banks, communities, beaches and schools. You'll also enjoy a stop at Cane Garden Bay. This tour includes two separate islands – Beef Island and Tortola, and photo stops are made along the way.

Tour Code: TOV\_03

Best of Tortola

Approximate Duration: 4 ½ hours

Level 1, Guests with Disabilities, Meal, Age Requirements, Family Recommended

This picturesque excursion focuses on Tortola's mountainous terrain and offers many spectacular panoramic views. There'll be photo stops on the Ridge Road between the Atlantic Ocean and the Caribbean Sea. You'll have two hours for lunch, swimming, relaxing and shopping at the Cane Garden Bay Beach.

Note: Participants must be at least 10 years of age. Wear your swimsuit and bring a towel. Wheelchair access may be limited – for details, please consult your Shore Excursion staff before booking.

Tour Code: TOV\_06

Catamaran Cruise

Approximate Duration: 4 hours

Level 2, Age Requirements, Family Recommended

Take a leisurely cruise along the south coast of the British Virgin Islands and enjoy breathtaking scenery. Moving smoothly through the crystal waters of the Caribbean Sea you'll view some of the other Virgin Islands such as Peter, Salt, and Cooper before your snorkeling experience. You'll see dramatic coral formations, an abundance of brightly colored tropical fish and on occasion a sea turtle or graceful ray. Your excursion then continues to a beautiful beach for swimming. On your return sail, relax on the deck as you enjoy a complimentary fruit punch.

Note: Participants must be at least 2 years of age, able to get in and out of the water and must know how to swim. Bring a towel.

Tour Code: TOV\_07

Tortola Highlights

Approximate Duration: 3 hours

Level 1, Family Recommended

Board an open-air safari bus for a scenic island tour of beautiful Tortola. Your tour takes you up Fort Hill along the Ridge Road, passing the local villages of Long Trench and Fahie Hill. As you descend Ross Path to beautiful Cane Garden Bay, several stops are made for photo opportunities. Here, you can swim in the crystal-clear water and relax on the white-sand beach. After your swim, the tour continues along the north shore and over Zion Hill for a scenic drive along the Sir Francis Drake Highway.

Note: Wear your swimsuit and bring a towel.

Tour Code: TOV\_09

Dolphin Encounter

Approximate Duration: 2 hours

Level 2, Age Requirements, Family Recommended

After check-in and a brief orientation, taxis will pick you up for a short transfer to the Prospect Reef Facility. You'll descend a set of stairs into the beautiful Caribbean Sea on a submerged platform in waist-deep water, and have the chance to interact with the dolphins, including the swim-by and a kiss for a wonderful photo opportunity. The fast swim allows the dolphin to demonstrate their incredible speed and power, and you'll see several other behaviors designed to educate and fascinate you as you share an approximately 30-minute visit with these beautiful marine mammals. After the encounter, you'll be able to view the photos and video that was taken during the program.

Note: Participants must be at least 4 years of age. Not recommended for pregnant women or those who suspect they are pregnant.

Tour Code: TOV\_10

Dolphin Swim

Approximate Duration: 2 hours

Level 2, Age Requirements, Family Recommended

Travel through Road Town in a tour bus to the Dolphin Lagoon at Prospect Reef Resort. An approximately 30-minute introductory talk about the dolphins and procedures is given before you join the dolphin trainer's poolside to receive your life vests. Then, enter the water and interact with the dolphins as they go through their 20-to 30-minute swim session. Note: Participants must be at least 8 years of age. Not recommended for pregnant women or those who suspect they are pregnant.

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Tour Code: TOV\_11

Virgin Gorda Highlights

Approximate Duration: 4 hours

Level 2, Family Recommended

Take an approximately 40-minute cruise along the Sir Francis Drake Channel to Spanish Town, Virgin Gorda. Open safari buses take you on a 20-minute drive through Spanish Town to The Baths for swimming in the unique atmosphere of mammoth boulders, palms, and sea caves. Travel along the trails and boulders to discover hidden caves and sea pools. Note: Wear your swimsuit and bring a towel. The footpath to The Baths is rough, consists of uneven terrain and goes through small spaces. Snorkel gear can be rented on the beach.

Tour Code: TOV\_17

Sage Mountain Hike & Beach

Approximate Duration: 3 ½ hours

Level 3, Age Requirements

Sage Mountain towers 1,760 feet above sea level and is the highest peak on the Virgin Islands. Mahogany trees with complex roots cling on to the rock face, and lianas, moss and numerous orchids drain moisture from tree trunks and hollows. You'll have approximately one hour with your guide to hike along a mile of one of the nature trails with spectacular views of the neighboring islands. Continue to a picturesque white-sand beach with sheltering palms. Here you have approximately one hour to swim, snorkel, sunbathe, or simply relax. Restroom facilities and several beach shops are available for your convenience. We also stop for a short visit to the Callwood Distilleries, where you can see the rum process from the past and present.

Note: Participants must be at least 8 years of age and in good physical condition. Wear your swimsuit and bring a towel. Beach chairs are available at an additional cost.

Tour Code: TOV\_18

Landrover Jeep® Tour

Approximate Duration: 3 ½ hours

Level 2, Age Requirements

Take a fun and exciting drive in a Landrover safari Jeep®, on off-road, virgin trails and island roads. Enjoy wonderful views of Tortola and the surrounding islands from viewpoints not accessed by the general public. Departing the cruise port, the Landrover convoy quickly passes through Road Town before following a trail up to Ridge Road. Stops are made for picture-taking and at a beach where a refreshing drink is served. Rinse the 'dust of the trail' off with a swim, or just relax on the white-sand beach.

Note: Participants must be at least 5 years of age. Road is bumpy. Wear your swimsuit and bring a towel.

Tour Code: TOV\_20

Beach Break

Approximate Duration: 4 hours

Level 1, Family Recommended

Start with a scenic drive and photo stop on your way to enjoy one of Tortola's beautiful beaches, and experience total relaxation. Swim in the crystal-clear waters or just relax. Choice of beach is subject to change depending on sea and weather conditions. We'll bring you back to your ship or drop you off at the downtown area.

Note: Wear your swimsuit and bring a towel. Beach chairs are available at an additional cost. One complimentary local snack and bottle of cold water is included. Time spent at beach is approximately 3 hours.

Tour Code: TOV\_21

Tortola Pub Crawl

Approximate Duration: 4 hours

Level 1, Meal, Age Requirements

Join the party on this fun-filled tour and groove to the beat of the irresistible tunes of the Caribbean. Tease your tongue with a taste of the local cuisine. Along the way, listen to the island rhythms and see some spectacular views.

Note: Participants must be at least 21 years of age and present a valid ID in order to consume alcohol. This tour is not recommended for pregnant women. Your first drink at each stop is included and additional beverages can be purchased.

Tour Code: TOV\_23

Virgin Gorda Baths & Snorkel

Approximate Duration: 4 hours

Level 2, Family Recommended

Cruise to The Baths and swim in the crystal-clear waters of the Caribbean. Snorkel and discover the abundant marine life, relax on the beautiful white-sand beach or just rest on the sun deck of the boat. Listen to Caribbean music and enjoy some rum or fruit punch on the way back to the shore.

Note: Participants must be able to swim 50-100 yards from the boat to the beach as the boat does not pull up to land at Virgin Gorda. The footpath to The Baths is rough, consists of uneven terrain and goes through small spaces. Wear your swimsuit and bring a towel.

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Tour Code: TOV\_40

Island Secrets

Approximate Duration: 3 hours

Level 1

Discover the charms of Tortola along the coastal road towards the east of the island. Upon arrival in East End, ascend the hills and follow the Ridge Road. Stops are made en route for photos before arriving at Mountain View on Sage Mountain. After 20 minutes, the tour continues to the north shore, past the famous Bombas Shack – home of the infamous Full Moon Parties. Finally, the tour crosses the island at its narrowest point before arriving at Pussers Landing at the West End. The marina provides an opportunity for souvenir shopping.

Tour Code: TOV\_41

See & Sea Island Tour

Approximate Duration: 4 hours

Level 1, Family Recommended

Cruise among the beautiful islands of this unique archipelago. View the shoreline of Tortola and the surrounding islands of Virgin Gorda, Salt, Peter and Norman, made famous as hideaways for pirates and buccaneers. Your journey takes you past uninhabited islands which are preserved for posterity by Laurence Rockefeller as a nature reserve. At Sopher's Hole, stroll through the interesting boutiques and souvenir shops. The journey continues along the north shore of Tortola before ascending to the Ridge Road, which twists its way along the ridge of the island offering spectacular views of the surrounding islands.

Tour Code: TOV\_42

North Shore & Pussers Landing

Approximate Duration: 3 hours

Level 2

Travel from Road Town, along some of Tortola's most scenic roads to Sky World, perched some 1,500 feet above sea level. Sky World's observation platform offers panoramic views of Tortola and the surrounding British and U.S. Virgin Islands. Head to Cane Garden Bay, a beautiful white-sand beach, where you can take a brief stroll or simply enjoy the tropical scenery. Continue along the coast, passing many fantastic bays, stopping at the Bomba Shack, a beach bar that has to be seen to be believed! Next, it's off to Pusser's Landing, a quaint seaside village, complete with mega yachts and sailing boats. You'll have ample time to browse the quaint shops and boutiques before returning to your ship along the scenic coastal road.

Tour Code: TOV\_43

City Tour & Botanical Gardens

Approximate Duration: 2 ½ hours

Level 1, Family Recommended

Enjoy a leisurely ride to the inner part of the city as you head to the J.R. O'Neal Botanical Gardens where you can take a stroll among the many plants and enjoy the rich flora and fauna. Learn about the island's culture and history as your tour continues on to Gene Hill, where you can take photos of the harbor, city and neighboring islands. Spend some time shopping at the local craft stores, before returning to your ship.

Tour Code: TOV\_44

Cane Beach Chill Out

Approximate Duration: 5 hours

Level 1, Meal, Family Recommended

This tour is not available on the Norwegian Jewel.

Open-air safari buses will be standing by for your scenic drive to beautiful Cane Beach. Your driver/guide provides you with insights about the island's history and its foliage as you journey your way to the Botanical Gardens where you'll enjoy the rich flora and fauna. Your tour continues to Great Mountain Lookout Point which towers 1,000 feet above sea level. From there you will get a clear overview of the capital and the neighboring islands. Enjoy more panoramic views as you head on to your final destination where you can chill out on the white-sand beach, swim in the crystal-clear waters or just simply relax. A savory island-style buffet lunch is prepared for your ultimate enjoyment before returning to your ship.

Note: Beach chairs are not included.

Tour Code: TOV\_45

Deluxe Beach Retreat at Long Bay Resort

Approximate Duration: 4 hours

Level 1, Guests with Disabilities, Family Recommended

Escape the crowds and enjoy exclusive access to the facilities of Long Bay Resort, considered to be one of the finest oceanfront properties in Tortola. This intimate setting hugs the beach. Enjoy the lounge chairs and pool as well as the beautiful beach. The resort features the newest restaurant/bar on the island for fresh-from-the-reef seafood. And, you'll love the resort's attentive service.

Note: Food and beverages are available for purchase. Wheelchair access may be limited – for details, please consult your Shore Excursion staff before booking.

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TOV\_47

Tortola by Land & Sea

Approximate Duration: 4 hours

Level 1, Family Friendly

Cruise among the beautiful islands of this unique archipelago. View the shoreline of Tortola and the surrounding islands of Virgin Gorda, Salt, Peter and Norman, made famous as hideaways for pirates and buccaneers. Your journey takes you past uninhabited islands which are preserved for posterity by Laurence Rockefeller as a nature reserve. At Trellis Bay, stroll through the interesting boutiques and souvenir shops. The journey continues along the north shore of Tortola before ascending to the Ridge Road, which twists its way along the ridge of the island offering spectacular views of the surrounding islands.

### TORTOLA DIVE IN™ TO ADVENTURE

Tour Code: TOV\_19

X Bob – Underwater Scooter Fun!

Approximate Duration: 2 ½ hours

Level 2, Age & Weight Requirements

Travel to Norman Island where, while waiting your turn for the X Bob underwater scooter you can kayak, pedal, snorkel or simply splash into the ocean. Then, see the amazing underwater world of the BVI's in a unique way, while riding on an X Bob underwater scooter. Following your adventure, we'll bring you back to your ship or the downtown area if you would like to go shopping.

Note: Participants must be at least 12 years of age and able to swim. Minimum weight 80 lbs. Maximum weight 260 lbs. Not suggested for passengers with back, neck, leg, or mobility conditions. Bring a towel.

Tour Code: TOV\_34

Wreck of the Rhone Certified Scuba

Approximate Duration: 4 hours

Level 2, Age Requirements, C-Card

This is a two-tank dive at the most famous wreck dive in the Caribbean, the RMS Rhone. The first dive is an exploration of the bow, which lies mostly intact in 80 feet of water. The second dive is a tour of the stern, passing by several historical points of interest. Abundant marine life and encrusting coral make this excursion unforgettable.

Note: Participants must be at least 15 years of age and be comfortable walking approximately one mile. Alternate sites may be chosen due to weather and sea conditions. All equipment is provided.

Tour Code: TOV\_36

Norman Island Snorkel

Approximate Duration: 3 hours

Level 2

Your boat will take you across the Sir Francis Drake Channel to Norman Island where you will snorkel The Caves or The Indians. You are guaranteed to see beautiful corals and sponges, plentiful fish, perhaps a turtle or ray will swim by and visit. After your snorkel, we stop ashore on Norman Island. Snorkel on a smaller nearby reef, wander ashore & explore the beach or hunt for treasure. Cooper Island, Chromis Reef is another popular site and often more conducive to snorkeling when sea conditions are not ideal. At Chromis Reef you can expect to see hundreds of fish, hard & soft corals, lobster, barracuda and maybe even a nurse shark! Access to the sites is right off the boat and snorkel lessons are available for beginners.

Note: Participants must be good swimmers. Due to weather conditions, the snorkeling site may be changed. A beach stop on Cooper Island is optional depending on conditions.

## *St. John's, Antigua*

Tour Code: ANU\_01

Island Safari 4 x 4 & Beach

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements, Family Recommended

Step into a Safari Land Rover® and prepare to see the most beautiful places on the island. Sites that are usually inaccessible are no problem for a 4 x 4 Land Rover®. Drive up through the picturesque village of Buckleys, viewing the scenic valley of Body Pond. Then, it's off-roading time, to see some rare and amazing tropical plant life. Travel along Fig Tree Drive, home of Antigua's lush rainforest. As you come to the end of the rainforest, you'll tour along the southwest coast, an area of the island famous for pineapple plantations. Your knowledgeable guide will entertain you with tales of Antigua past and present. Then, it's on to the beach for a cool, refreshing dip.

Note: Participants must be at least 4 years of age and weigh no more than 250 lbs. Not recommended for pregnant women or those with back or neck problems. Wear your swimsuit and bring a towel.

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Tour Code: ANU\_04

Antigua Highlights & Lobster Lunch

Approximate Duration: 6 hours

Level 2, Meal, Age Requirements, Family Recommended

The first stop is the Blackhouse Ruins, built in 1787. The ruins overlook the Atlantic Ocean, the east coast and Indian Creek, where the first Arawak Indians settled. Stop at the cliff top of Shirley Heights for a spectacular view of Nelson's Dockyard Village, Galleon Beach and Falmouth Harbor. At Nelson's Dockyard Village, spend time exploring the Admiral's Inn, museum, mystery pillars, art gallery, gift shop, bakery and fabulous yachts. You'll be invited into the Copper and Lumber Store Inn for a farewell beverage. Travel through Fig Tree Drive Forest to Turner's Rudder Restaurant on the beach for a welcome punch and a delicious fresh lobster lunch along with a chilled glass of wine.

Note: Participants must be at least 4 years of age.

Tour Code: ANU\_05

Historical Tour

Approximate Duration: 3 ½ hours

Level 2, Family Recommended

Drive through St. John's to Antigua's national park, home of Nelson's Dockyard, the only working Georgian naval dockyard in the world. You'll see the Admiral's House, the bakery, the officers' quarters and other historic buildings on this guided tour. Next, the tour moves on to Dow's Hill Interpretation Center for a sight-and-sound show that illustrates 2,000 years of Antigua's history. Continue on to Shirley Heights, a large military complex built on a cliff top to protect the naval yard, explore the ruins and see the guardhouse, built in 1791. Finally, enjoy a complimentary drink as you take pleasure in your surroundings and then enjoy the charm of the countryside on the return trip to your ship.

Tour Code: ANU\_06

Fort James & Beach

Approximate Duration: 5 ½ hours

Level 2, Meal, Family Recommended

Ride through the charming countryside on an air-conditioned bus on the way to Nelson's Dockyard, full of history and interesting architecture. Visit the Admiral's House and have a guided tour of the naval headquarters of Lord Nelson. Continue on to Shirley Heights, where you can explore the ruins and fort and take in spectacular views of English Harbor and Nelson's Dockyard. Then, stop at one of Antigua's lovely beaches for a barbeque lunch and a beverage. There will be time to relax in a beach chair to work on your tan, swim in the sparkling waters or take a lazy stroll down the beach.

Note: Wear your swimsuit and bring a towel.

Tour Code: ANU\_07

Catamaran Sail

Approximate Duration: 5 ½ hours

Level 2, Meal

As your sleek catamaran slips away from the mainland, enjoy the thrill of sailing on the Caribbean Sea. Feel the sun on your skin and the wind in your hair as you sail along the reef-protected northwest coast of Antigua. Anchor and snorkel in crystal-clear waters among the colorful fish and living coral of this impressive barrier reef. Next, glide into one of Antigua's beautiful beaches and enjoy a West Indian-style buffet lunch served on board and an open bar with rum mixed drinks, beer and sodas. After lunch, disembark to explore, swim or just soak up some rays on the lovely beach. Enjoy more of Antigua's picturesque coastline on the return sail back to your ship.

Note: No alcohol is served until after snorkeling on the reef. Wear your swimsuit and bring a towel.

Tour Code: ANU\_08

Antigua Beach Escape

Approximate Duration: 5 hours

Level 1, Meal, Family Recommended

You'll be taken to Runaway Beach, with one mile of beautiful white-sand, fringed by coconut palms and sea grape trees. Enjoy a rum or fruit cocktail before being escorted to your complimentary lounge chair, reserved for you on the beach. Enjoy a delicious lunch, including a refreshing beverage (rum or fruit punch drink). There are mouth-watering meals to choose from; West Indian curried chicken, and a barbeque chicken and rib combo. Each choice is served with coconut rice and peas, coleslaw, baked potato, sweet corn and a green salad. A pasta dish will also be available for vegetarians. Relax on the beach; take a leisurely walk along the secluded beach; swim in the sea; go for a horseback ride or rent a jet ski. Changing facilities, restrooms, water sports, freshwater showers as well as a beach bar and restaurant are available.

Note: Umbrellas and hammocks are available for a nominal fee. Children under 12 years of age will be served a choice of chicken nuggets, hot dogs or hamburgers with fries and fruit punch. Wear your swimsuit and bring a towel.

Tour Code: ANU\_10

Kayak & Snorkel Adventure

Approximate Duration: 4 ½ hours

Level 2, Age & Weight Requirements

Beginner's and veteran paddlers will enjoy this mini eco expedition in paradise! A 30-minute scenic drive from the ship through villages and the countryside brings you to Mercer's Creek overlooking the panorama of the North Sound Marine Park and its 12 uninhabited islands. Fast motorboats transfer you from the (fisherman's cottage) clubhouse to a hidden lagoon, where, after instruction on paddling technique, guides will lead a route through mangrove alley, inlets and tiny islands. After learning

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about the eco systems, flora and fauna, reboard the motorboat for an exhilarating 20-minute ride to uninhabited Great Bird Island, the habitat of small wildlife and tropical birds. A guided nature walk to the top will reveal nesting sites of the red billed tropic bird and stunning scenery overlooking the beaches of this 20-acre 'jewel in the ocean'; a photographer's delight! After the short descent, choose to relax under a coconut tree, explore Bird Island or soak and snorkel in the crystal shallows off the beach, or reboard the motorboat for a two-minute ride to an offshore reef where guides will assist with snorkel equipment and show you the best areas to see parrot fish, angel fish, zebra fish, brain coral, sea fans and other marine life. Back at the fisherman's cottage (filled with Caribbean art, artifacts, tropical birds and exotic plants), guests are treated to a fresh-baked snack, unlimited rum punch and fruit punch, chilled aromatherapy face towels, floral footbaths and warm Caribbean hospitality from the owners, before returning to your ship.

Note: Participants must be at least 7 years of age and know how to swim. Maximum combined weight per kayak is 400lbs. Kayaks are for two people. This tour is not recommended for pregnant women or those with back or neck injuries respiratory or heart conditions and walking difficulties. We recommend you wear your swimsuit, bring a towel, water shoes and sunscreen.

Tour Code: ANU\_11

Power Boat Snorkel & Sea-Fari

Approximate Duration: 3 ½ hours

Level 1, Age & Weight Requirements

Join us on a comfortable 35-foot power boat for an exhilarating ride down the picturesque south coast to your first snorkel stop at Cades Reef National Park. Here, you'll enter the water with your experienced and qualified guides and instructor for an amazing tour of Antigua's underwater world. Cades Reef is known for its beautiful reef and coral formations. As you head to the beach, take a quick stop to admire the star fish at Cades Bay. Then, enjoy one of Antigua's famous beaches. Here, enjoy a rum punch or fruit punch and those who would like to snorkel from the beach can do so here. Finally, head back to your ship, hugging the coastline for a great view and narration on Antigua's wildlife and eco-systems.

Note: Participants must be at least 6 years of age and weigh no more than 250 lbs. Not recommended for pregnant women and people with neck or back injuries. Wear your swimsuit and bring a towel and adequate sun protection.

Tour Code: ANU\_12

ATV Adventure

Approximate Duration: 2 ¾ hours

Level 3, Age Requirements

Take an adventurous, all terrain vehicle guided tour off-road, as you travel from northeast Antigua on old cane roads, through old estates and rural farmlands to arrive at Potworks Estate. Enjoy two hours of the ultimate riding experience. Travel on dirt tracks where few people venture, enjoy the natural beauty of the island and experience the best time of your life in Antigua.

Note: Participants must be at least 18 years of age, in good health and provide a valid driver's license. Those wishing to be a passenger/rider on the ATV must be accompanied by a driver and must book on board the ship at the Shore Excursion Desk. This tour is not recommended for pregnant women and people with neck or back injuries.

Tour Code: ANU\_14

Tropical Forest Hike

Approximate Duration: 3 ½ hours

Level 3, Age Requirements

Discover the enchanting world of one of Antigua's most beautiful and valuable conservation areas, experience a part of the island that few tourists have seen. Learn about tropical plants, trees and fauna and have occasional sightings of mongoose, wild goats and donkeys. The trail is situated at Wallings, a dam built at the turn of the century. It is of great historical significance and is an example of Victorian Industrial architecture. This unforgettable nature trail hike offers rugged, uphill adventure in the rainforest and unbelievable panoramic vistas from one of the island's highest points. This is a great tour for the hiking enthusiast. Come and learn the secrets and enjoy the beauty of Antigua, on this ultimate adventure

Note: Participants must be at least 10 years of age, physically fit and in general good health. Not recommended for pregnant women and people with neck or back injuries and heart conditions.

Tour Code: ANU\_15

Off-Road Exploring & Beach

Approximate Duration: 3 ¼ hours

Level 2, Age Requirements, Family Recommended

See the quieter parts of the island and enjoy their natural beauty. Drive to Body Pond through lush vegetation and drive up to Convent Hill or Monk's Hill for a spectacular view of Falmouth and English Harbor. Then, drive through the tropical forest with its trees and plants. A stop is made for a taste of delicious seasonal fruit before continuing on to one of the island's beaches to relax or swim.

Note: Participants must be at least 5 years of age. We recommend you wear closed-toe shoes, long pants, wear sun block and bring your sunglasses and a towel. Not recommended for pregnant women and people with neck or back injuries.

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Tour Code: ANU\_17

Cedar Valley Golf

Approximate Duration: 6 hours

Level 1

The Cedar Valley Golf Course was designed and built by Ralph Aldridge and opened with 9 holes in 1970. The completely constructed 18-hole course opened to the public in 1977, as Antigua's only 18-hole championship Golf Course. This beautiful par 70, 6,157 yard golf course lies amidst mature tropical trees with vistas from hills, and the Caribbean Sea which all provide an enjoyable, inspiring and very challenging golf game. The golf club accommodates players of all skills levels. This magnificent golf course is located on the northern end of the Island, minutes away from major resorts and hotels and within three miles from the capital St. John's and the cruise ship port, making it easily accessible to cruise ship passengers.

Note: Price includes roundtrip transfer, two-person golf cart and greens fees. Golf clubs may be rented at an additional fee.

Tour Code: ANU\_19

Mini Boats & Beach

Approximate Duration: 3 ½ hours

Level 1, Age & Weight Requirements

This is not your average tour. Visit a beautiful beach on an uninhabited island, swim in the emerald waters of the Caribbean Sea, and experience being the captain of your own boat. This exciting escape begins with a brief bus ride to where your guides and boat await you. With a brief orientation and after life jackets are handed out, you'll start to cruise through the North Sound Marine Reserve coasting between uninhabited islands getting chances to see turtles, stingrays, star fish, and pelicans just to name a few, to end up on an island for a refreshing swim and to then captain your boat back to the beach club house.

Note: Participants must be at least 6 years of age and weigh no more than 250 lbs. You must be at least 18 years of age to drive the boat. Not recommended for pregnant women and people with neck or back injuries. Wear your swimsuit and bring a towel and adequate sun protection.

Tour Code: ANU\_20

Stingray Swim & Snorkel

Approximate Duration: 3 hours

Level 1

You'll be greeted by the staff at the Stingray City dive shop and given a safety briefing before a fun interaction with the rays. Protected by the fringing reef, the calm crystal-clear waters are home to many southern stingrays. You'll be assisted and supervised by the qualified staff into the stingray habitat where you'll be able to play with, pet, and perhaps even feed the stingrays. Entry into the 3-8-foot deep water is an easy step from the large swim platform. Even non-swimmers can enjoy the rays. These amazing animals will surprise you with their gentleness and with the informative briefing you receive, these once-feared 'beasts' will find a special new place in your heart and provide you with an unforgettable memory.

Note: The dive shop has a changing room, restroom, and locker facilities for your convenience. All snorkel equipment is provided. Wear your swimsuit and bring a towel.

Tour Code: ANU\_21

Nelson's Dockyard & Island Drive

Approximate Duration: 3 hours

Level 1, Age Requirements

Travel through Antigua's rolling countryside on an air-conditioned bus to historic Nelson's Dockyard. Built in 1725, the dockyard was the base for the English naval squadron. Take a short, informative walking tour through the dockyard with its restored buildings. You'll also have free time to explore the museum, art gallery, gift shop, and boutiques. Enjoy a complimentary beverage before continuing on to Blockhouse Ruins. View the remains of the powder magazine, gun platforms, cisterns and officer's barracks atop this sheer cliff. Your final stop is Fort Lookout overlooking English Harbor and Nelson's Dockyard.

Note: Participants must be at least 3 years of age. We recommend you wear comfortable walking shoes. Order of tour may vary.

Tour Code: ANU\_25

Antigua by Sea

Approximate Duration: 5 ¾ hours

Level 1, Meal, Age Requirements, Family Recommended

See areas such as Jumby Bay, Bird Island and the natural spectacle of Devil's Bridge up-close-and personal. Be at peace with the world as you gaze at slender coconut palms waving in the breeze and listen to rhythmic calypso and reggae music. Then, you'll be whisked away to Green Island to relax on the beach or explore the nearby reef. Back on board, the crew will cook a delicious lunch. Next, cruise across English Harbor, to Nelson's Dockyard, one of the most prestigious and renowned dockyards in the world. Finally, journey past the exotic western coast of Antigua where virgin white-sand beaches and pristine bays can still be found.

Note: Participants must be at least 4 years of age. Wear your swimsuit and bring a towel.

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Tour Code: ANU\_26

Canopy Tour

Approximate Duration: 3 hours

Level 2, Weight & Height Requirements

In total, there are a series of nine zip lines, one vertical descent, one tree house, and two suspension bridges, which are of 52-328 feet in length. Travel along short trails into the gorge and then on a series of connecting zip lines and bridges, which crisscross the gorge at tree canopy level. Take a break in the tree house, hidden from the rest of the world. Within the gorge there is a series of large trees, prominent boulders, a rock pool and a small waterfall. The gorge offers a shaded area with interesting plants with a range of wild fruits, vines, mosses and lichens.

Note: Participants must be at least 4 feet tall and weigh no more than 265 lbs. Wear closed-toe shoes, shorts or long pants. This tour is not recommended for pregnant women or those who are afraid of heights or have health conditions.

Tour Code: ANU\_28

Bottom Fishing

Approximate Duration: 3 ½ hours

Level 1, Age Requirements, Family Recommended

Your tour guide will escort you to the 36-foot Twin Vee Power Catamaran. From here, you'll be taken to Paradise Reef just off the north-west coast, one of Antigua's best locations for fishing. You'll be given your fishing rod, reel and bait to 'catch and release' the fish.

Note: Participants must be at least 8 years of age. There is an open bar where you can enjoy rum punch, beers, water and soft drinks. Wear your swimsuit and bring a towel.

Tour Code: ANU\_29

Antigua National Park & Tropical Drive

Approximate Duration: 3 ½ hours

Level 2, Age Requirements, Family Recommended

Your courteous and knowledgeable guides will teach you about the magnificent history of Antigua, once the Naval Base for the British in the Caribbean. Antigua's strategic location and excellent natural harbors create an island haven for both ships and sun seekers alike. Enjoy the views from the most scenic route on the island as you cruise through beautiful Fig Tree Rain Reserve. Visit Shirley Heights Lookout, 487 feet above sea level, offering a commanding cliff-top view over the Atlantic Ocean and English Harbor. On a clear day, the volcanic island of Montserrat can be seen. Discover Nelson's Dockyard, the world's last remaining Georgian naval dockyard still in use today.

Note: Participants must be at least 4 years of age. We recommend you wear comfortable walking shoes.

Tour Code: ANU\_30

Antiguan Experience

Approximate Duration: 4 hours

Level 1, Meal

Take a glorious ride through tropical gardens, fishing villages, and historic sites. At the Antiguan Home, see artifacts dating as far back as the 16th century. Enjoy breathtaking views, historic sights, and more. Then it's off to Valley Church Beach for swimming, water activities and a fantastic lunch. During lunch, Mamma Nancy entertains you with stories of the past as you enjoy vegetables freshly picked from the backyard and other scrumptious Caribbean dishes. During lunch you'll also be entertained with the latest island music on steel pan or Reggae Band.

Note: We recommend you wear comfortable walking shoes. Wear your swimsuit and bring a towel.

Tour Code: ANU\_31

Pirates of Antigua – Black Swan

Approximate Duration: 3 hours

Level 2, Age Requirements, Family Recommended

Step back in time and don your eye patch to become a buccaneer and weigh anchor with us to party with the pirates of Antigua aboard the pirate ship, Black Swan. Relive the swashbuckling days of long ago and experience an exchange of canon fire as the Black Swan sails out of the harbor and cruises away into the fantasy world of spirited and friendly pirates. Take a spectacular voyage filled with adventure and fun, along the west coast of Antigua and anchor in a quiet bay where the fun really begins. Try walking the plank, rope swing, swim, snorkel on a wreck or soak up the sun on the beautiful beach. Enjoy dancing and a limbo competition as you party hearty with festive music all the way back to the dock.

Note: Participants must be at least 4 years of age. No alcohol will be served until after snorkeling. Snorkeling on the wreck depends on sea conditions. Bring a towel.

Tour Code: ANU\_33

Best of Antigua Adventure Trek

Approximate Duration: 7 ½ hours

Level 2, Meal, Weight & Height Requirements

Drive through Antigua's countryside to the beautiful rainforest area of Fig Tree Drive in Wallings. Explore the Antigua rainforest by canopy tour; 12 wonderfully exciting zip lines and suspension bridges. Then hike through the rainforest, through tall lemon grass and the undergrowth to Carlisle Bay. From there, you'll sail out to sea on a state-of-the-art catamaran and enjoy a lunch prepared by Caribbean chefs. You'll head to Cades Reef for some snorkeling and after your snorkel fun, the bar is open, to sample Caribbean rum. If rum is not for you, then enjoy other drinks from the open bar. Sit back and relax as the catamaran takes you on a wonderful sailing experience along the southwest coast en route to St. John's.

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Note: Participants must be at least 4 feet tall and weigh no more than 265 lbs. This tour is not recommended for pregnant women, persons with a history of heart conditions, seizures, back, knee or shoulder problems or other pre-existing health problems. Participants should wear good walking shoes, shorts or pants.

## ANTIGUA DIVE IN™ TO ADVENTURE

Tour Code: ANU\_53

Prickly Pear Island Snorkel

Approximate Duration: 3 hours

Level 2, Age Requirements

Prickly Pear Island hideaway is one of Antigua's best-kept secrets. Come and enjoy snorkeling on a Robinson Crusoe island off of Antigua's north coast. Terrence and his team from Miguel's Holiday Adventure will take you for a wonderful snorkel experience on coral reefs. Walk along soft white sand, swim in crystal-clear waters, snorkel through the reefs on a mesmerizing underwater tour or simply relax at the water's edge and work on your tan, as time stands still on this idyllic island. Note: Participants must be at least 4 years of age, able to swim and in good health. Wear your swimsuit and bring a towel and adequate sun protection.

## *Bridgetown, Barbados*

Tour Code: BGI\_01

Atlantis Submarine

Approximate Duration: 2 ½ hours

Level 1, Height Requirements, Family Recommended

Experience a unique, exciting underwater adventure aboard a real submarine. Seated in spacious, air-conditioned comfort you'll see beautiful coral reefs and abundant marine life, including coral formations, sponge, and colorful fish through large view-ports to depths of 130 feet.

Note: Participants must be at least 3 feet tall and be able to safely climb an 11-step ladder.

Tour Code: BGI\_05

Natural Wonders of Barbados

Approximate Duration: 3 ¾ hours

Level 2, Age Requirements

Drive along the coastline and view the lush green hills before stopping at the botanical gardens, where you'll have some time to explore. Just a short drive from here, are the famous Bathsheba rock formations. Another highlight of your tour is a drive through the Whim Gully, part of an island-wide system of gullies.

Note: Participants must be at least 4 years of age. We recommend you wear comfortable walking shoes. There will be some walking and inclines at the gardens. A complimentary beverage will be provided. Food and additional beverages are available for purchase.

Tour Code: BGI\_06

Best of Barbados

Approximate Duration: 4 hours

Level 2

Visit the historical Tyrol Cot House & Heritage Village, take in the views from historic Gun Signal Hill Station, and stroll the paths at Orchid World. Your tour begins with a scenic drive through the city and suburbs to Tyrol Cot. The house itself, constructed in 1854, was the residence of Sir Grantley Adams, First Premier of Barbados and the only Prime Minister of the West Indies Federation, and his son, 'Tom' Adams – the second Prime Minister of an independent Barbados. It's an architectural gem with an interesting mixture of Palladian and tropical vernacular. Tyrol Cot is considered to be the birthplace of Barbadian Democracy and is filled with the lifetime collection of the Adam's antique furniture and memorabilia. Then drive to historic Gun Hill Signal Station, centrally located in the parish of St. George for a magnificent and captivating view of much of the island. At Orchid World, the final stop on your tour, enjoy a leisurely stroll and view the displays of orchids, ferns, heliconias, hibiscus, begonias, cacti and bearded fig trees before returning to your ship.

Note: We recommend you wear comfortable walking shoes.

Tour Code: BGI\_07

Coast to Coast

Approximate Duration: 3 ½ hours

Level 1, Family Recommended

This scenic drive was especially designed for passengers who want to take in the island's highlights with little or no walking. Discover many scenic island sights, such as the National Heroes Square and the Parliament buildings in Bridgetown. Passing Gun Hill, you'll see the carved stone lion, a landmark dating from 1868. As you drive across the island, you'll pass through peaceful villages, eventually reaching St. John's Church, which offers spectacular views of the east and southeast coasts. After St. John's Church, continue to the craggy and scenic area on the east coast called Bathsheba, a photographer's paradise. From here, you'll have an incredible panoramic view of the hills, gentle slopes and sweeping bays. The rustic Edgewater Inn has a nine mile coastline view of the Atlantic Ocean side and the cool and calming waters of the Joe's River on

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the western side of the property. One may relax in the outdoor area which overlooks the Atlantic Ocean, or sit inside and enjoy the cool fresh breeze of the ocean. Dramatic views from here create excellent photo opportunities! On the way back to your ship, you'll pass through Holetown, with its monument commemorating the landing of the first settlers in 1625.

Tour Code: BGI\_08

Malibu Beach Break

Approximate Duration: 3 ¼ hours

Level 1, Family Recommended

The Malibu Beach Club is located on a beautiful, white-sand beach on the Caribbean Sea. Warm, calm waters invite swimming, while beach chairs and umbrellas invite lounging. You'll also have the opportunity to take a tour of the West Indies Rum Distillery, home of Malibu and Cockspur Rums. The knowledgeable and friendly staff will explain the history and secret behind rum production. The tour includes an informative video, followed by a guided tour through the various stages of fermentation, ageing, blending and the ancient art of barrel making.

Note: Changing rooms and showers are available. Wear your swimsuit and bring towel and a dry set of clothing to reboard the coaches.

Tour Code: BGI\_12

Harrison's Cave

Approximate Duration: 2 ½ hours

Level 2, Family Recommended

This tour is ONLY AVAILABLE for guests on Norwegian Gem & Norwegian Jewel

Enjoy a peaceful drive through rural Barbados, passing through country villages and sugar cane fields before arriving at Harrison's Cave. This beautiful cave is a magnificent natural phenomenon, certainly in a class of its own. Formed from a particularly beautiful type of crystallized limestone, this stunning cavern is undoubtedly one of the most spectacular natural attractions in the entire Caribbean. Though created over the course of hundreds of thousands of years, Harrison's Cave has only been accessible to the general public for some 24 years. After checking in at the Visitors Center, you board the electric tram that will take you down into the cave. As the driver pulls away, your guide will commence her commentary and you are on your way to a memorable experience – magnificent chambers, incredible stalactites and stalagmites, bubbling streams, tumbling cascades, plunging waterfalls and emerald pools. Throughout the almost mile-long cave, the flowstone covered walls glisten in the lights as the calcite-laden waters drip down from the roof. At various points the tram will stop to allow you to disembark and have a closer look at the beauty at hand. Just remember how long it has taken for these precious features to form and please do not touch them! One stop takes place at the lowest point in the cave, where a waterfall plunges into an emerald pool. Flash photography and videotaping are permitted, so take your camera.

Tour Code: BGI\_15

Tiami Five Star Catamaran

Approximate Duration: 5 ½ hours

Level 2, Meal, Age Requirements, Family Recommended

From the moment you step aboard this sleek catamaran you know you are in for something special! After being greeted by our friendly and outgoing crew, enjoy fresh-baked sweet breads, fruit and juice, tea or coffee. Sail along Barbados' scenic coastline to a secluded bay where you'll have the opportunity to swim with groups of wild sea turtles. At another stop you can opt to swim in the crystal waters, relax on the beach or join our professional instructors for an optional tour of beautiful reefs teeming with tropical fish. Afterwards, feast on a sumptuous hot and cold buffet lunch featuring tasty local dishes along with cool refreshments from the open bar. Let your cares drift away as you sail with us, basking in the sunshine or relaxing in the shade of the comfortable cabin as you enjoy the beautiful scenery and tranquil ambiance.

Note: Participants must be at least 21 years of age, provide a valid ID to consume alcohol, and be in good physical condition. All activities, including snorkeling and the turtle encounter, are subject to sea and weather conditions. Snorkeling equipment and instruction are provided. No alcohol will be served until after snorkeling is completed. Wear your swimsuit and bring a towel.

Tour Code: BGI\_17

English Tea at Sunbury Plantation

Approximate Duration: 3 hours

Level 1

Step back in time and enjoy English Tea in a Great House full of tradition. Take a scenic drive along the south coast, passing through Oistins, a little fishing village famous for its nightly fish fry, and the Barbados Golf Club, before arriving at the Sunbury Plantation House and Museum. The main house of this once-thriving plantation was built over 300 year ago and is magnificently furnished. The cellar houses the Caribbean's finest collection of antique carriages. Tea will be served (weather permitting) in the gardens. Enjoy freshly baked scones served with butter, fresh cream and jam; tuna and cheese finger sandwiches; and chocolate, vanilla or fruitcake, while sipping on a freshly brewed cup of tea.

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Tour Code: BGI\_18

Barbados Golf Club

Approximate Duration: 5 hours

Level 1

This course was designed by world-renowned architect Ron Kirby to be fair, yet challenging and a pleasurable walk in the tropical surroundings. It boasts 6,905 yards and is a par 72 course that has hosted many different tournaments in the past years. Two lakes enhance play on five holes and create a dramatic 'Amen Corner' on holes 15 and 16. A series of coral waste bunkers running through four holes add to the excitement and personality of the course.

Tour Code: BGI\_19

South Coast Beach Break

Approximate Duration: 4 hours

Level 1, Family Recommended

A short ride along the lively south coast will take you to Bar Kan'ei on the beautiful Accra Beach. This bar is simple, elegant, cool, and modern, with a bit of a European taste in a Caribbean setting. Nestled in an inlet, there is a cozy cove to the left of this large white beach with its crystal-clear turquoise waters that simply invite you to sit back or dive in. Redeem your voucher for a refreshing drink, whilst lounging on a beach chairs under your umbrella, which are both available at the bar. Bar Kan'ei offers a spectacular lunch menu from jumbo shrimp to Bajan-style fish and chips as well as an extensive cocktail menu. Located on the beach, is a vendors kiosk, from where you can buy colorful clothing and local jewelry and handicrafts. Across the road from Rockley is the Quayside Centre, a small plaza with a Best of Barbados gift shop, a convenience store, a T-shirt and beachwear store, other shops and several restaurants.

Note: There are changing facilities and restrooms. Wear your swimsuit and bring a towel.

Tour Code: BGI\_22

4 x 4 Adventure & Green Monkey Encounter

Approximate Duration: 3 ½ hours

Level 1, Age & Weight Requirements, Family Recommended

As you enter the wildlife reserve you are in the animals' world. Keep an eye out for green monkeys; a rare sight outside of West Africa, the Barbados green monkey has saved many lives, responsible for 70% of the world's polio vaccine. To see this funny and fascinating animal, take the Adventure Safari into the interior and the most beautiful location in Barbados, only accessible by 4 x 4 vehicles.

Note: Participants must be at least 4 years of age and in good health. Maximum weight is 250 lbs. Tour departs in the afternoon only, in order to be in the reserve at feeding time for the monkey encounter. During breeding season the green monkeys may enter the wildlife reserve later than normal. To counter this behavioral pattern, the tour itinerary is reversed. Monkey sightings are not guaranteed.

Tour Code: BGI\_23

4 x 4 Safari & Paradise Beach

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements, Family Recommended

Discover the natural beauty of the Barbados countryside on a 4 x 4 convoy. Wind your way through the Fisherpond Sugar Cane Estate and Coffee Gully to see panoramic views of the coastline. After Bathsheba, the convoy heads off-road again traveling downhill into Cattlewash. Pass Holetown and many of the west coast mansions before arriving at Paradise Beach for a 45-minute stop. Enjoy a drink and take a cool dip in the Caribbean waters. This quiet retreat is the perfect stop for swimming, sunbathing and enjoying the peaceful surroundings.

Note: Participants must be at least 3 years of age, in good physical condition and weigh no more than 250 lbs. This tour is not recommended for those with back, neck or heart conditions. Wear your swimsuit and bring a towel.

Tour Code: BGI\_39

Scenic Bike Ride & Swim

Approximate Duration: 4 hours

Level 3, Age Requirements

A scenic half hour transfer takes you from the port to Highland Center, located on one of the highest ridges at 1,004 feet above sea level. Enjoy the picturesque landscape and east coast views before commencing a primarily downhill countryside bike ride through sugar estates and through Sandy Lane down to the west coast. Your ride will conclude in Holetown, where the original settlers first landed in 1625. From here, you'll take a short drive along the beautiful west coast to a beautiful white-sand beach near the port for a refreshing swim.

Note: Participants must be at least 12 years of age. Wear your swimsuit and bring a towel.

Tour Code: BGI\_40

A Flavor of Barbados

Approximate Duration: 3 ½ hours

Level 2

Drive through the historic area of Garrison Savannah and the beautiful south coast en route to the Rum Factory and Heritage Park. Learn how rum is made in the most modern rum distillery in the western hemisphere. Next, it's on to explore the 300-year-old Sunbury Plantation House, the only Great House on the island with all rooms open for viewing. The guided tour of the house showcases memorabilia of bygone days and beautifully maintained antique furniture. Depart for Medford Mahogany Creations for an interactive tour of the only mahogany carving factory on the island.

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Tour Code: BGI\_42

Monkey Encounter

Approximate Duration: 3 hours

Level 2, Family Recommended

Drive along the west coast past Holetown to Speightstown, which is characteristically West Indian with its 19th-century architecture. Today, it is home to quaint shops and restaurants. Then, your drive heads inland to the Wildlife Reserve for the 'Green Monkey Experience.' You are now in the animal's world – the monkeys and other animals are free to roam as they please and you may see them anywhere. Walk quietly along the shady paths and discover the mystery of the green monkey. Remember that these timid animals are wild and sudden movements and loud noises may frighten them away.

Note: Monkey sightings are not guaranteed.

Tour Code: BGI\_44

Barbados Concorde Experience & Island Drive

Approximate Duration: 3 ½ hours

Level 2, Family Recommended

Don't miss this brand new world-class attraction. The Barbados Concorde Experience is one-of-a-kind in the Caribbean and very few places in the entire world can call themselves home to a Concorde. However, thanks to its close links with Barbados during its flight operation, this is exactly where you can find G-BOAE now. A leisurely drive along the lively south coast of Barbados will take you to this state-of-the-art facility. Learn about the history of flight and particularly supersonic flight. 'Engineered for Speed', a visual show with sound and light effects, will leave you breathless and feeling that you have just witnessed a spectacular takeoff. A visit into the interior of this amazing aircraft will give you a chance to experience how passengers felt traveling on it. When exiting you 'land' right back in Barbados and now it's time to explore some of the island. Leaving Alpha-Echo you'll enjoy incredible views of the picturesque east coast as you drive through the countryside passing many quaint villages with their friendly locals. Your final stop will be at a local 'rum shop', where you'll have the opportunity to take in some 'Bajan' culture and enjoy a refreshing drink before departing for the port. To guarantee a smooth flow through the Barbados Concorde Experience this tour might sometimes be done in reverse. The tour content will however not change

Tour Code: BGI\_49

Aerial Trek Zip Line Adventure

Approximate Duration: 2 ¾ hours

Level 2, Age & Weight Requirements

After a 30-minute scenic drive to the zip line base camp, you'll be given a safety briefing and outfitted with safety gear which includes your harness system for use on the tour, helmets and gloves. The trek spans eight platforms, each with two experienced guides who provide information on different areas of the eco-system as well as to ensure your safety moving from platform to platform. You'll enjoy beautiful views of the island as well as be informed on the geological formations, which will become apparent. After your time of fun you'll have a short walk back to the base camp for a cool drink before boarding your bus for transportation back to your ship.

Note: Participants must be at least 12 years of age and weigh no more than 250 lbs. Closed and comfortable footwear is required for this tour. This tour is not recommended for pregnant woman or persons with back, neck or heart problems.

Tour Code: BGI\_50

4 x 4 Safari & Shipwreck Snorkel

Approximate Duration: 4 hours

Level 1, Age & Weight Requirements

A snorkel experience on a sleek powerboat or pontoon cat and an exploration of the island's beauty on a specially rigged 4 x 4 vehicle combined into one amazing tour are some of the reasons why this tour is so popular. The Captain and his crew will make your day unforgettable. Snorkel over a shallow shipwreck and see tropical fish and feed them by hand, then swim in a secluded bay and sip from the open bar as you enjoy superb cruising aboard a unique 24-foot catamaran. The bar is open from departure with complimentary alcoholic beverages being served after snorkeling. Discover the natural beauty of Barbados hidden in the countryside and away from the normal tourist areas. Your driver will take you into the interior of Barbados, which is inaccessible to other forms of transport. Wind your way through the greenery of sugar cane fields, Apes Hill and the Atlantic Crossing in the Highlands from where you'll witness a breathtaking view of the Atlantic surf pounding the coastline. Then, you're off-road again for exciting thrills traveling downhill into Cattlewash all the while viewing miles of beach and beautiful coastline on the east coast. Drive through Holetown, where the first settlers landed in 1627 and have the opportunity to view many of the west coast mansions before returning to your ship.

Note: Participants must be at least 5 years of age and in good physical condition. Maximum weight allowed is 250 lbs. This tour is not recommended for pregnant women or those who are afraid of heights or have health conditions. Wear your swimsuit, closed-toe shoes, shorts or long pants and bring a towel.

Tour Code: BGI\_51

Private Safari

Approximate Duration: 6 hours

Level 1, Meal, Age & Weight Requirements, Family Recommended, Ultimate Touring

This expedition will take you into the interior of the island to view the scenery of the Barbados countryside which will leave you breathless. Over on the east coast, discover the beautiful bays and enjoy a delicious hot Bajan buffet which will be served in a unique setting at the Bathsheba Beach Cabin. Free from the hustle and bustle of the commercial area, the private safari shows you the heart and soul of Barbados and its people.

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Note: Price is for groups of 10 and not per person, so only one person in the party needs to book. Availability is extremely limited, so guests are encouraged to secure their private safari reservation as early as possible. Your private party may be of any size up to the maximum capacity. Maximum passenger total is 10. Participants must be at least 5 years of age and in good physical condition. Maximum weight allowed is 250 lbs. This tour is not recommended for pregnant women or those who are afraid of heights or have health conditions. Wear your swimsuit and bring a towel.

Tour Code: BGI\_52

George Washington House & Gun Hill Station

Approximate Duration: 3 ½ hours

Level 2

Drive through the center of Bridgetown, with National Heroes Square and the statue of Lord Nelson before turning onto the south coast and into the historic area of Garrison Savannah. Your first stop is the George Washington House. The Barbados National Trust has lovingly restored this historic building where the famous statesman stayed during his only trip abroad. Learn all about this fateful visit and life in Barbados in the 18th century. Departing Bush Hill you'll take a leisurely drive along the Garrison Savannah to learn more about this historic area before you turn inland to Gun Hill Signal Station. This Signal Station is strategically placed on the highland of St. George. It commands a magnificent view from east through south to west. It was built in 1818 and was part of a chain of stations used to signal the approach of enemy ships. The Statue of the Lion was carved out of a single piece of rock in 1868 by an officer at the signal station and contains an interesting collection of military memorabilia.

### BARBADOS DIVE IN™ TO ADVENTURE

Tour Code: BGI\_24

Turtle & Shipwreck Snorkel

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements, Family Recommended

Take a sleek, powerboat or pontoon cat to the snorkel site, home to the endangered hawksbill and green turtles. After snorkeling with the turtles, explore the hidden bays along the west coast as your guide regales you with local folklore. Then, head to the south coast to visit the Berwyn shipwreck in Carlisle Bay. A final stop is made at one of Barbados' most beautiful beaches where you can swim or relax before returning to your ship.

Note: Participants must be at least 5 years of age, in good health and must be able to walk and swim unassisted. Maximum weight is 250 lbs. Sea conditions may determine changes to the tour stops. Snorkels, masks and snorkel vests are provided. Life vests must be worn at all times. Wear your swimsuit and bring a towel.

Tour Code: BGI\_31

Discover Scuba

Approximate Duration: 5 hours

Level 2, Age Requirements

The wreck sits on a sand patch and is surrounded by coral and some large coral heads. See the corals and fish that live on the reefs. Your PADI instructor will guide you through your introduction and then accompany you on your journey to this magnificent hidden world.

Note: Participants must be at least 10 years of age. No prior Scuba certification is necessary. Equipment is included. This is not a certification program. You must sign a waiver in order to participate. Bring a towel.

Tour Code: BGI\_32

Certified Scuba

Approximate Duration: 5 hours

Level 2, C-Card

The first dive takes you 60-70 feet for 35-40 minutes on an outer reef. The second dive, on an inner reef, is at approximately 40-60 feet with a duration of 40 minutes. This reef is known for hard and soft corals, big barrel sponges as well as tube and vase sponges.

Note: Participants must sign a waiver. You must present a certification card and have dived within the last 12 months. Bring a towel.

## *Castries, St. Lucia*

Tour Code: SLU\_03

Island Splendor

Approximate Duration: 3 ½ hours

Level 2, Family Recommended

This delightful drive encompasses scenic views of banana plantations, vibrant tropical foliage, silk-screen production and an insight into St. Lucia's historical past. Winding up the hills, your first stop is at Bagshaws Art Studio, known for its exquisite tropical designs on hand-made silk-screened fabrics. Learn about the silk screen-printing process, and then take a few moments to relax on the verandah with lovely vistas. Traveling on, you'll pass historic Morne Fortune, and see beautiful banana plantations set between hills before stopping for a brief visit at Anse la Raye, a typical fishing village with

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colorful dug-out canoes and tiny wooden houses. Wander along the waterfront before heading off to view the exotic Marigot Bay, a beautiful yachting anchorage, and then head to a local restaurant for a rum or fruit punch.

Note: There are several steps at Green Parrot Restaurant. Passengers with walking difficulties are asked to take this into consideration.

Tour Code: SLU\_04

Between The Pitons Catamaran Cruise

Approximate Duration: 5 hours

Level 1, Meal, Family Recommended

A trip to St. Lucia is not complete without seeing the Pitons, majestic twin peaks on the island's south end. Travel there and back in a custom-designed catamaran equipped with shower, restrooms, sun deck and limited shade. Coastal cruising leads to the base of the Pitons for a brief stop. See the quaint town of Soufriere, a colorful historical town of French flavor and character. Then head to the deserted cove of Anse Cochon while savoring a tasty Creole-style buffet lunch and if conditions permit, you'll have a chance to swim.

Note: Buffet lunch is served on board. Complimentary fruit juice, soft drinks and water are served. Rum punch is served only after swimming. Wear your swimsuit and bring a towel.

Tour Code: SLU\_05

Pigeon Island Sea Kayak

Approximate Duration: 3 hours

Level 3, Age & Weight Requirements

After a brief transfer to Rodney Bay, a safety briefing and kayaking lesson will be provided prior to your approximately 30-minute paddle on a two-person kayak. Because of the calm water and the relatively short distance to paddle, this tour is ideal for novices. Your guide narrates the interesting history of the area, from the days of the pirates to the occupation of Rodney Bay. Upon arrival at the island, you'll have ample time to enjoy the small beach, swim and kayak and explore the ruins of 18th-century British fortifications and the small museum and interpretive center. A beverage and light snack will be served, and there is a restaurant/bar for your convenience.

Note: Participants must be at least 12 years of age and in good physical condition. Maximum weight is 200 lbs. Safety vest, kayaks and paddles are included. Wear your swimsuit and bring a towel and adequate sun protection.

Tour Code: SLU\_07

Volcanic Expressions & Beach Escape

Approximate Duration: 6 ½ hours

Level 2, Meal, Age Requirements, Family Recommended

Travel by land or sea to view the magnificent Pitons; visit Sulphur Springs, Botanical Gardens and Diamond Mineral Waterfall. Continue along a winding road near the rainforest bypassing the fishing villages of Anse la Raye and Canaries before coming to Soufriere, where the dramatic towering twin pinnacles 'The Pitons' majestically rise more than 2,500 feet. Visit the Sulphur Springs the world's only drive-in volcano, the lush Botanical Gardens and Diamond Mineral Waterfall, before continuing to Soufriere Bay where you'll board a catamaran/boat for the sea portion of your tour. Enjoy a delicious buffet lunch while cruising to the tranquil cove of Anse Cochon.

Note: Participants must be at least 4 years of age, in moderate physical condition and must be able to walk, climb and/or manage several steps. The swimming location may change due to weather conditions. There is limited shaded and sheltered area on board. Order of tour may vary.

Tour Code: SLU\_09

Caribbean Pirates Extravaganza

Approximate Duration: 4 hours

Level 1, Age & Weight Requirements, Family Recommended

Experience the ultimate Caribbean adventure aboard the 140-foot, 19th-century tall ship, Brig Unicorn (this actual ship has been used in Disney's movie Pirates of the Caribbean and the epic Roots). Enjoy the billowing sails and tropical sounds as you sail along the coast northward to historic Pigeon Island and famous Fort Rodney. Hold on to your punch as the Brig's cannons thunder in a mock pirate attack. Disembark and be taken ashore in a small boat for your pick of swimming, hiking or sightseeing and engage in a real pirate's treasure hunt! Back onboard, enjoy an array of delicious snacks, along with rum punch and sodas.

Note: Participants must be at least 6 years of age. Minimum weight is 30 lbs. Maximum weight is 300 lbs. Wear your swimsuit and bring a towel and rubber-sole shoes.

Tour Code: SLU\_12

St. Lucia Beach Break

Approximate Duration: 3 ½ hours

Level 2, Family Recommended

Board an air-conditioned bus for a short drive to Rodney Bay – known as the island's most popular tourist area. Reduit Beach is one of St. Lucia's popular beaches with one mile of golden sand. At the beach, your guide gives a brief orientation of the beach facilities. Relax in a complimentary beach chair in a specially designated area and enjoy three hours of fun in the sun. There are several beach bars to purchase drinks and snacks. Umbrellas are available at an additional charge.

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Note: Participants must be able to climb steps and walk over cobblestone and relatively even surfaces with a few stairs to negotiate. An alternative beach will be used depending on weather and sea conditions. All beaches in St. Lucia are public and can be crowded at times. Water sports equipment is available for rental. Restroom facilities at the nearby hotel may be used as changing rooms.

Tour Code: SLU\_15

Horseback Beach Adventure

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements

Upon arrival at the stables you'll be given a briefing and issued a protective helmet. Then, you'll be assigned a horse according to your skill and size. Your tour will head east at a gentle pace for about 20 minutes, until you reach a beautiful secluded beach of Cas En Bas, overlooking the Atlantic Ocean. Riding along the beach is everyone's dream and your guides will help you take photos at each picturesque spot. Experienced riders need only ask and the guides will take you for a canter along the beach. After this delightful tour you'll head back to the stables with fond memories.

Note: Participants must be at least 10 years of age and in good health. Minimum weight is 60 lbs. Maximum weight is 250 lbs. This tour is not recommended for those with back, leg, neck and hip problems. Pregnant women are not allowed to participate. Waivers are signed prior to riding. Wear your swimsuit, long pants and bring a towel.

Tour Code: SLU\_18

Deep Sea Fishing

Approximate Duration: 4 hours

Level 2, Age Requirements

Leaving the Castries harbor in a fully-equipped Bertram Boat, you'll cruise three to four miles off the west coast of St. Lucia from the north to the south of the island. Although the tour is a fishing expedition, there are over 40 different species of whales and dolphins here, and the sighting of one of these species is a possibility. Nevertheless, the main thing on your mind is a catch, and the variety of fish in these waters include marlin, sailfish, king fish, mackerel, jack fish, yellow fin tuna, dorado, wahoo and barracuda.

Note: Participants must be at least 10 years of age and in good physical condition.

Tour Code: SLU\_20

Dolphin & Whale Watch

Approximate Duration: 3 hours

Level 1, Age Requirements, Family Recommended

Join us in the excitement of searching for some of the world's greatest mammals. You may spot sperm whales, dwarf sperm whales, pilot whales, and humpback whales, spinner dolphins, spotted dolphins, bottlenose dolphins, and fraser dolphins. Relax in a fast hydrophone-equipped boat and keep your eyes peeled and listen closely to hear the cry of the whales.

Note: Participants must be at least 4 years of age and must be able to negotiate a few steps. Those suffering from motion sickness are advised to take medication prior to this trip. While every effort is made to locate the dolphins and whales, actual sightings cannot be guaranteed.

Tour Code: SLU\_24

Soufriere & Piton Falls

Approximate Duration: 4 ½ hours

Level 2, Age Requirements

After ascending Morne Fortune, with its dramatic views and historic ruins, you'll travel down the west coast road to Soufriere. Drive through the outskirts of the rainforest and stop at lookout points for scenic photographs as your guide provides a narrative of the island's rich history, flora and fauna. In Soufriere, you'll visit the warm Piton Falls. The 60-foot falls, a natural blend of two rich springs, one very hot and one very cold, are the closest thing to a hot shower the island's rainforest can provide. The water, fed by the nearby Sulphur Springs, is said by locals to have curative powers, tackling everything from arthritis to eczema. A short walk along a concrete and gravel path with natural and hand-made steps takes you to a pool with steamy mineral-rich water surrounded by a luxuriant rainforest. Soak your cares away as you relax in the natural hot tub, complete with underwater chairs, for half an hour. Finally, you'll stop at the Beacon, a hilltop restaurant for breathtaking views of the town as well as the majestic Pitons.

Note: Participants must be at least 8 years of age, moderately fit and able to walk and climb approximately 100 natural and hand-made steps, inclines and uneven surfaces. Guests who suffer from motion sickness should take medication prior to this tour. Roads are winding and bumpy.

Tour Code: SLU\_25

Rainforest Aerial Tram

Approximate Duration: 3 hours

Level 1, Family Recommended

The Rainforest Sky Ride in St. Lucia provides you with a bird's eye view of a truly mature oceanic rainforest. Nurtured by warm, gentle rains and rich volcanic soils, St. Lucia's forests have achieved a state of ancient majesty. Gondolas safely glide you through and over the tree tops, where knotted and twisting woody vines wind to the tops of old growth rainforest trees. Dense thickets of surreal vegetation merge with cascades of flowers. Lavender stars, orange bursts, yellow berries and white lace thrive on the branches of fragrant flowering trees. Giant 'Chatannier,' magnolia, and gommier trees tower

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over the landscape and provide food and shelter for St. Lucia's endemic and endangered parrot. Experience St. Lucia's forest and witness this ancient celebration of color and life.

Note: Restaurant facilities and a snack bar are available for an additional charge at the premises for your convenience.

Tour Code: SLU\_28

Deluxe Pitons at Ladera Resort

Approximate Duration: 6 hours

Level 2, Meal, Age Requirements

Your one-hour and 20 minute journey from Castries takes you to the best view of the Piton mountains from Ladera, the first Caribbean hotel to be rated #1 by Conde Nast Traveler. This little paradise offers an intimate experience and commanding view of the twin peaks. Ladera has opened its doors to Oprah, Bill Gates and many other celebrities like Harrison Ford and Denzel Washington. Renowned chef Orlando Satchell and his staff will prepare lunch for you including his delicious combinations of freshly caught fish and locally-grown, freshly picked products presented in a style of casual elegance. On your return journey, a brief stop at Marigot Bay allows for a final photo opportunity before returning to your ship.

Note: Participants must be at least 12 years of age.

Tour Code: SLU\_30

Sky Canopy & Aerial Tram

Approximate Duration: 5 hours

Level 2, Age & Weight Requirements

Travel through St. Lucia's countryside and the communities of Babonneau, Fond Assau and Chassin. Upon arrival at the Rain Forest Sky Rides Eco Park you'll gear up as your naturalist tour guide gives a safety introduction and then accompanies a group of no more than eight persons to the training cable for a trial run. After successfully completing the training cable, board the Aerial Tram which will transfer you through the wonders of the rainforest to the top station where you disembark. Continue on a trail descending through the thicket of the rainforest and after a hike of approximately 30 minutes you reach the first sky canopy platform. The first zip cable is only the beginning of an exhilarating experience. In all, you'll glide along 10 zip cables. Fly among the high rainforest trees and enjoy great views of the north of the island, Atlantic Ocean and the Caribbean Sea. After this exhilarating experience, board the aerial tram and relax in the comfort of your gondola while you enjoy fantastic views and the nature around you.

Note: Participants must be at least 12 years of age and weigh no more than 300 lbs.

Tour Code: SLU\_31

Beach Express to Marigot Bay

Approximate Duration: 4 hours

Level 2, Family Recommended

Take a trip to the secluded palm-fringed bay of Marigot and enjoy the tranquility and beauty of this famous location. As you enter Marigot Bay, you'll briefly stop at the Marigot overlook for a panoramic view of the bay. A water taxi awaits to take you to the Marigot Bay Beach Club where you'll be greeted by a guide who will orient you with the beach and hotel facilities. You'll be supplied with a beach chair in a reserved beach area, and enjoy a welcome drink and snacks. For approximately two hours you may go for a swim in the pool, soak up some sun on the beach, or take advantage of a fine selection of water sports at a nominal charge, including kayaking and snorkeling.

Note: Meals and additional drinks are available for purchase at 'Doolittle's' restaurant, which is part of the hotel. All beaches in St. Lucia are public and can be crowded at times. Composed of volcanic rock fragments, the sand is a little grainy and golden and black in color. Local folks believe that it has therapeutic benefits. Wear your swimsuit and bring a towel.

Tour Code: SLU\_32

ATV Adventure & Beach

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements

This tour will introduce you to an area of the island which is off the beaten track. After a short drive, you'll arrive at the orientation center and be outfitted with helmets, safety goggles and safety instructions. The ride takes you to Esperance Beach where you'll stop for a cool refreshing drink and a light snack. Conditions permitting, you may swim, explore the surroundings or simply relax and enjoy the beauty of nature.

Note: Participants must be at least 12 years of age and 18 years of age to drive ATV. Maximum combined weight on ATV is 400 lbs. ATV accommodates two. Guests must wear long pants and closed-toe shoes or sneakers, swimsuit and bring a towel. A waiver must be signed. Helmets and goggles must be worn at all times on the bike.

Tour Code: SLU\_33

Natures Wonders

Approximate Duration: 3 ½ hours

Level 2

A scenic drive through the countryside and mountainous region takes you along the outskirts of the rainforest to the Mabouya Valley and the beautiful Fond D'Or National Park. Upon arrival at Fond D'Or, you're greeted by a knowledgeable guide who'll walk with you through this awe-inspiring area. Walk through the local herb garden where you'll learn the medicinal and cooking powers of the local herbs grown here. A pathway through the trees leads you to the area of the

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secrets of the La Sorcerer (The Sorceress) Mountain, the mother of all mountains believed to have supernatural powers, which was worshipped by the Amerindian Indians. Next to the La Sorcerer is the Mabouya Man, lying in the ocean, believed to grant all favors if asked. He was worshipped by the Amerindians and it is believed that much of their treasure lies buried at his feet. Also meet the famous 'Bird Whisperer' who will use his talents to bring some of the rarest tropical birds nearer for an up-close-and-personal experience. Drive through the quaint fishing village of Dennery for a glimpse of the fisher folk as they go about their daily lives. Then it's onwards to the rainforest area where a knowledgeable guide from the Forestry Division will greet you. Enjoy a brief walk through the forest as your guide explains the various plants and points out any rare or beautiful birds that inhabit the area.

Tour Code: SLU\_35

Historical Island Tour

Approximate Duration: 3 hours

Level 1, Age Requirements, Family Recommended

Your tour begins with a drive through the capital, Castries, up along the La Toc road to the La Toc Battery. Here many stories will be told of how the British defended the island against the French. Continue on your journey bypassing the official residence of the Governor General before driving through the historic Morne complex to view the Inniskilling Monument which was erected in honor of the 27th Inniskilling Regiment who captured the Morne from the French for the British in 1796. Travelling on, you'll pass banana plantations in the valley before stopping in the village of Anse la Raye – a typical fishing village. Stroll along the waterfront and visit the Roman Catholic Church or the vendors to pick up an item as a memory of your visit to the island. A stop is made at the Marigot Bay viewpoint to capture the tranquil blue lagoon surrounded by the green hills. Heading up from the valley, visit St. Mark's – an old colonial style house which is strategically placed high up in the hills and offers a panoramic view. Capture the magnificence of Castries harbor and your cruise ship as a backdrop amidst the deep blue sea.

Note: Participants must be at least 5 years of age.

Tour Code: SLU\_36

Tree Top Canopy Adventure

Approximate Duration: 4 hours

Level 2, Age & Weight Requirements

Your adventure begins as you venture on a scenic drive down the valley and along the east coast to the welcome centre in the heart of the rainforest at Errard Estate. Upon arrival at the site, you'll be given a safety briefing and outfitted with safety gear that will include a harness system, helmets and gloves. Your tour takes you over nine platforms, each with two experienced guides who will provide information on different areas of the eco-system as well as to ensure your safety as you move from one platform to another. The wonderful views will take your breath away. There is a short walk to platform 3 and the walk to platform 8 is a little long – but not too difficult – with steps going upwards but with rope railings to assist. After this fun-filled, thrilling experience, take a short walk along a natural trail, and back to the welcome center for a cool refreshment.

Note: Participants must be at least 8 years of age and in good physical condition. Maximum weight is 275 lbs. Pregnant women, persons with pre-existing or recurrent medical conditions, and/or persons with fear of heights should not participate. We recommend you wear long or pants or shorts, closed-toe footwear or Teva®-type sandals.

Tour Code: SLU\_37

Country Life & Beach

Approximate Duration: 3 ½ hours

Level 2, Age Requirements

Board your air-conditioned bus for a scenic drive through the center of Castries to Morne Fortune for an overview of the city and the spectacular mountain range. Then travel through the scenic countryside to the Lushan Country Life Park where a knowledgeable guide awaits to take you on an informative walk through a complex micro eco-system of a staggering set of bird species, butterflies, insects, trees, plants, herbs and fruits. One of the first stops will be the Kai Pye – a traditional Amerindian hut, authentically outfitted with the primitive tools, utensils and fireplace our forefathers used centuries ago. Take pleasure in the hilarious anecdotes about how some of what you will see related to country living. See, smell, touch and taste tropical fruits and learn how to peel a coconut and extract the water and meat with just a simple tool. Another featured attraction is the bee observatory where you can safely see first-hand how honey and honeycomb is made. The tour ends with a refreshing dip at a beautiful beach and a chance to relax.

Note: Participants must be at least 6 years of age. The first part of the tour involves an approximately 45 minutes of walking. Walking sticks are available for those who need assistance. There are stops along the trail to break up the duration and some benches built throughout the park where persons can rest. Beach chair and umbrella rental is available on the beach at a nominal charge. Food and beverage can be purchased at a nominal charge. Wear comfortable walking shoes, your swimsuit and bring a towel.

Tour Code: SLU\_38

Terrain Roamer Safari Adventure

Approximate Duration: 4 ½ hours

Level 2, Age Requirements

Explore the north west of St. Lucia by an open-back all-terrain Landover® jeep. Drive down to the west coast road, right through Roseau Valley, St. Lucia's largest banana plantation and through small villages in the countryside. When you

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arrive at the outskirts of the rainforest, you'll pause on a high mountain ridge to catch your breath, refresh, and sample fruits and coconut water. Visit a restored 18th century sugar mill and take a brief tour of the mill and its machineries and the surrounding garden. Continue your journey passing through the fishing village of Anse-La-Raye, before arriving at the River Rock Waterfall. After walking a short distance, take a refreshing bath in the natural swimming pool and enjoy fresh tropical fruits.

Note: Participants must be at least 8 years of age. Rum punch will only be served after swimming. Seat belts must be worn at all times. Shoes may get wet. Wear your swimsuit and bring a towel.

### ST. LUCIA DIVE IN™ TO ADVENTURE

Tour Code: SLU\_52

Scuba Diving at Marine Reserve

Approximate Duration: 4 ½ hours

Level 2, C-Card, Age Requirements

Depart the ship on a PADI-qualified, professional diving boat and take a leisurely cruise along the west coast, past a few resorts and fishing villages before arriving at your destination for diving. After your first dive, return to the boat for refreshments and a light snack before heading out for your second dive which could include a wreck, wall dive or reef dive.

Note: Participants must be at least 15 years of age, present a certification card and have dived within the last 12 months, and must sign a waiver. As this is a two-tank dive tour, there is a one-hour rest period between the first and second dive and the depth ranges between 40-75 feet. Depending on qualification level and skill of the diver, a deeper depth is possible. Bring a towel.

## *Miami, Florida*

Tour Code: MIA\_01

Miami City Tour

Approximate Duration: 1 ½ hours

Level 1, Family Recommended, Debark

View the metropolitan Miami area from the comfort of an air-conditioned motorcoach as your guide points out some of the most popular historic sights. Cruise along the trendy South Beach district, boasting the highest concentration of Art Deco buildings in the world. On nearby Star Island are the homes of Gloria Estefan and other celebrities. Drive along Brickell Avenue, the nation's second-largest banking center. Then, it's on to charming Coconut Grove. Finally, visit Coral Gables and see why this upscale area's diverse architectural styles and lavish landscaping have earned the title 'The City Beautiful'.

Note: This tour is only available for guests with flights after 2:00 pm. Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.

Tour Code: MIA\_02

Everglades Tour to MIA Airport

Approximate Duration: 3 ½ hours

Level 1, Family Recommended, Debark

In the unique wilderness of the Florida Everglades, you'll discover a complex ecosystem of vital importance to South Florida. A knowledgeable guide will tell you all about this fascinating 'River of Grass.' Enjoy a thrilling airboat ride to view birds and other wildlife in their natural habitat. Learn about the Everglades' most notorious creature, the alligator, in an educational wildlife show, and then tour a Native American Village.

Note: This tour is only available for guests with flights after 3:00 pm. Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.

Tour Code: MIA\_03

Everglades Tour to FLL Airport

Approximate Duration: 4 ½ hours

Level 1, Family Recommended, Debark

In the unique wilderness of the Florida Everglades, you'll discover a complex ecosystem of vital importance to South Florida. A knowledgeable guide will tell you all about this fascinating 'River of Grass.' Enjoy a thrilling airboat ride to view birds and other wildlife in their natural habitat. Learn about the Everglades' most notorious creature, the alligator, in an educational wildlife show, and then tour a Native American Village.

Note: This tour is only available for guests with flights after 4:00 pm. Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.

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