



*9-day Southern Caribbean Shore Excursions  
Sailings of November 20<sup>th</sup>, 2009 through March 26<sup>th</sup>, 2010  
Norwegian Dawn*

## NCL's Shore Excursions

### **More choices**

Whether its adventure, leisure or a sightseeing tour, we offer something for everyone with expert tour advice tailored for your budget.

### **Value & convenience**

When you book your Shore Excursions with us, you'll have one-stop shopping and hassle-free fun at a great value that's conveniently charged to your onboard account.

### **Peace of mind**

We only partner with tour operators that are fully insured and you'll never get hit with a hidden cost for transfers or entrance fees when you book with us. Plus, we offer convenient drop-off and pick-up right at the pier.



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## Tour Indicators/Symbols

- Level 1: Involves walking over relatively level terrain, possibly some cobblestone, gravel or a few steps. Comfortable shoes are recommended.
- Level 2: Involves a considerable amount of physical activity such as substantial walking over cobblestone streets, climbing stairs or steep terrain. They're not recommended for guests with walking difficulties. Comfortable, sturdy shoes are recommended.
- Level 3: Involves physical exertion for extended periods. The terrain may be uneven or steep. It can also indicate a need for swimming in a light current, biking or horseback riding. Recommended only for physically fit and adventurous travelers.
- Guests with Disabilities: These tours are fine for guests with limited mobility or in wheelchairs. Wheelchairs must be collapsible. Please contact the Shore Excursion staff upon boarding to ensure that your needs can be accommodated.
- Meal: Mmmm – these tours include meals. Got a special dietary need? Head to the Shore Excursion Desk and they'll be happy to help you out.
- Age Requirements: These tours have specific age requirements.
- Weight Requirements: These tours have specific weight requirements.
- Height Requirements: These tours have specific height requirements.
- C-Card: These tours mean that you have to present a nationally recognized Scuba certification card and have logged a dive within the past 12 months.
- Family Recommended: These tours are recommended for families.
- Ultimate Touring: With NCL's Ultimate Touring, experience custom luxury adventures like yacht charters, VIP tours and small group touring for your family, or tours just for two.
- Debarck: At the end of the tour, you'll be transferred to the airport, an NCL program hotel or an assigned central location for your convenience (please reconfirm onboard with the Shore Excursion Desk for locations). While on board, please confirm that your flight departure time will allow you to participate on this tour. Guests are responsible for ensuring their debarkation tours are compatible with their departure flight times. If a tour departs later than scheduled due to unforeseen reasons, please be advised that the tour will still run in its entirety. Guests should ensure they still have enough time to catch their flight despite the delay. Please allow extra time in case of delays. Guests should refer to the details section of their selected tour for more information.

## Samana, Dominican Republic

Tour Code: SAM\_01

Caves & Mangroves Exploration

Approximate Duration: 3 hours

Level 3, Family Recommended

From the pier, board a speedboat and after a safety briefing, begin an ecological experience. Known for having one of the lushest rainforests and mangrove reserves in the Caribbean, Los Haitises National Park is a beautiful sanctuary. You'll circle the small cay known as Bird Island as your guide explains the importance of the many migratory and indigenous birds that inhabit the island. Your Captain will dock the boat at an area of captivating caves and your guide will provide information on the people that inhabited these caves and the islands. Cave drawings representing the gods and the daily life of the Taino Indians will give you a glimpse into the life of these ancient people. You'll also see beautiful stalagmites and stalactites which have formed over centuries.

**Note:** Participants must be able to navigate on uneven surfaces. This tour is not recommended for pregnant women. Wear comfortable clothing, closed-toe footwear or Teva®-type sandals.

Tour Code: SAM\_02

Cayo Levantado Beach Escape

Approximate Duration: 5 hours

Level 1, Family Recommended

Be whisked away to a private island for a day of fun. Leave your ship by boat and head to the island of Cayo Levantado. Here, you are on your own to explore the gentle hills, swim in the turquoise sea or relax on the



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beautiful white-sand beach. Take a moment to browse the quaint gift shops featuring locally made art, crafts and souvenir items. Try some merengue dancing or play a game of beach volleyball. Kayaks, pedal boats, sun floats and snorkeling equipment will be available for rent. Return to your ship as per tender schedules.

**Note:** At the beach, a barbeque and a tropical lunch is available at an additional charge. Credit card or cash is required for water sport rentals. Wear your swimsuit and bring a towel.

Tour Code: SAM\_04

Discover Samana

Approximate Duration: 4 hours

Level 2, Family Recommended

Board your transportation for a sightseeing tour of Samana city. Your first stop will be at La Churcha, an old building built in England to house the freed North American congregation in the 1860s. Next, you'll head to a small whale museum where experts will point out some of the mysteries of the humpback whale. Leaving Samana town behind, and on your way to Las Terrenas village, you'll have a photo opportunity of the highest peak situated between Las Terrenas and Samana. Here you'll witness spectacular views of the north coast of Samana. Las Terrenas is a village that lives off the tourism business and where you can find enjoyment at all times on their beaches, and in the streets, hotels, bars, discos and restaurants serving exquisite plates and fresh seafood. Enjoy shopping for a variety of arts and crafts, many of them being unique handmade items that can be difficult to find elsewhere in the Dominican Republic.

**Note:** Many of the shops at Las Terrenas are closed on Sundays. We recommend you wear comfortable walking shoes.

Tour Code: SAM\_08

Self Drive 4 x 4 Adventure

Approximate Duration: 3 hours

Level 3, Age Requirements

Explore the beauty of Samana by Jeep. Discover off-road wonders and the tropical diversity of Samana as you take turns driving your own 4x4 Jeep. You'll enjoy passing by crystal-clear rivers and beautiful views of the peninsula's flora and fauna. Your first stop will be at a typical Dominican farm featuring native fruits, coconut, coffee and chocolate. Your guide will explain how these items are grown, harvested and prepared for market. You'll even have the opportunity to sample many of the fruits and the fantastic coffee. You'll then make the scenic and relaxing return to Samana pier where you can enjoy shopping in town.

**Note:** Participants must be at least 12 years of age, 18 years of age to drive and must provide a valid driver's license. All Jeeps are manual transmission and accommodate 4 per vehicle. There are sharp curves and bumpy roads. The tour also includes an approximately 20-minute walk on uneven, sometimes muddy and slippery surfaces. Not recommended for pregnant women or those with back or neck injuries. Drivers may rotate during this tour. There is no swimming at El Valle Beach.

Tour Code: SAM\_10

Whale Watching Expedition

Approximate Duration: 3 hours

Level 1, Family Recommended

Available only January 15th through March 15th

Humpback whales have been wintering near Samana for centuries and thousands of these whales from the North Atlantic migrate to savor the warm, clear waters and to mate. Cave drawings made by Aboriginal inhabitants near the Samana Peninsula depict the spouting whales long before the arrival of Columbus. This Whale Watching Expedition is truly an experience of a lifetime.

**Note:** You may get wet, so dress appropriately and bring a towel. Ride may be rough at times and we recommend you take sea sickness medication. Open-air powerboat is used. Whale sightings are not guaranteed.

Tour Code: SAM\_15

Whale Watching & Beach Escape

Approximate Duration: 5 hours

Level 1, Family Recommended

Available only January 15th through March 15th

Humpback whales have been wintering near Samana for centuries and thousands of these whales from the North Atlantic migrate to savor the warm, clear waters and to mate. Cave drawings made by Aboriginal inhabitants near the Samana Peninsula depict the spouting whales long before the arrival of Columbus. Our Whale Watching



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Expedition is truly an experience of a lifetime. After whale watching, this excursion ends on the beautiful private island of Cayo Levantado. Here, you're on your own to explore the gentle hills, swim in the turquoise sea or relax on the beautiful white-sand beach. Take a moment to browse the quaint gift shops featuring locally made art, crafts and souvenir items. Try some meringue dancing or play a game of beach volleyball. Kayaks, pedal boats, sun floats and snorkeling equipment will be available for rent. Return to the ship as per tender schedules.

**Note:** On the whale watching part of the tour, you may get wet, so dress appropriately and bring a towel. Ride may be rough at times and we recommend you take sea sickness medication. Open-air powerboat is used. Whale sightings are not guaranteed. At the beach, a barbeque and a tropical lunch is available at an additional charge. Credit card or cash is required for water sport rentals. Wear your swimsuit and bring a towel.

Tour Code: SAM\_19

Caves & Mangroves Exploration & Beach Escape

Approximate Duration: 4 hours

Level 3, Age Requirements, Family Recommended

Departing from the pier you'll cross the bay by open-air speedboat to Los Haitises National Park. Stop to circle the small Birds Kay which provides a home and nesting site for 110 species of birds including the brown pelican and magnificent frigate bird. Afterwards, sail to the mangroves and discover the impressive roots covered by shells and caves with stalagmites and stalactites. Another major attraction of the park is its extensive cave system, and you'll visit the La Arena and La Linea Caves. If time permits enjoy a dip in the fresh water that flow through this reserve.

**Note:** Participants must be at least 4 years of age and able to navigate on uneven surfaces. This tour is not recommended for pregnant women. Wear your swimsuit and comfortable clothing, closed-toe footwear or Teva®-type sandals. Credit card or cash is required at the beach for water sport rentals and BBQ. Bring a towel.

Tour Code: SAM\_20

Bike, Hike & Kayak

Approximate Duration: 4 ½ hours

Level 2, Age & Weight Requirements

At the pier, you'll board open-air safari truck on unpaved roads for a scenic, coastal ride to the marble mines area. Then, mount your bike and ride beside a 300-foot-high cliff that stretches for miles. Your guide brings to life the story of this abandoned mine. Then, leave your bike at the marble mines and take a walk among the unique flora at the Boca Del Diablo blow hole. Next, board your transportation and head for La Playita Beach to kayak in the turquoise waters or relax under the Caribbean sun before boarding the safari truck and returning to the pier. This is a rugged outing with amazing sights.

**Note:** Participants must be at least 8 years of age, weigh no more than 250 lbs. and in good physical condition. This tour is not recommended for those with back or leg problems.

Tour Code: SAM\_21

Mangrove Exploration by Kayak

Approximate Duration: 4 hours

Level 2, Age Requirements

Known for having one the lushest rainforests and mangrove reserves in the Caribbean, Los Haitises National Park is a spectacular sanctuary. You'll circle in a speedboat around the beautiful islands of Los Haitises and visit one of the caves. Cave drawings representing the gods and the daily life of the Taino Indians gives you a glimpse into the life of these ancient people. After the cave visit, begin your kayak adventure in the hidden river canals of the mangrove forest.

**Note:** Participants must be at least 8 years of age and must be able to navigate slightly uneven surfaces. This tour is not recommended for pregnant women.

Tour Code: SAM\_24

Catamaran Sail & Beach Escape

Approximate Duration: 3 ¼ hours

Level 2, Age Requirements, Family Recommended

This 46-foot catamaran takes you on a leisurely trip around Samana Bay for approximately two hours. Then, head to Cayo Levantado, the private island, to enjoy the white-sand beach and to relax. There are quaint little shops to explore, time to swim or just stroll for two hours. Then, you'll return to your ship via regular tender service.

**Note:** Participants must be at least 2 years of age. At the beach, a barbeque and a tropical lunch is available at



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an additional charge. Credit card or cash is required for water sport rentals. Wear your swimsuit and bring a towel.

Tour Code: SAM\_25

Safari Adventure

Approximate Duration: 4 hours

Level 2, Age Requirements

Board a specially equipped, open-air truck safari vehicle and make your way to an unpaved road that takes you through small, colorful villages. Your guide provides information on Dominican life and culture as well as pointing out areas of interest. Your first stop will be a typical Dominican farm featuring native fruits, coconut, coffee and chocolate. Then travel to El Valle Beach, a white-sand beach fringed with palm trees. Reboard your safari vehicle for the trip to La Cascada El Valle, a beautiful waterfall. From the falls take the Loma de la Pina Trail through lush vegetation before returning to the Samana Pier.

**Note:** Participants must be at least 12 years of age. Not recommended for people who have back or leg problems. There is no swimming at El Valle Beach.

Tour Code: SAM\_26

Sea Lion Encounter

Approximate Duration: 3 ½ hours

Level 1, Age Requirements, Family Recommended

Leave your ship by boat to the small island of Cayo Levantado where you'll be greeted by your guide and receive a complimentary welcome drink. Then you'll be guided to the sea lion pool to meet your playful hosts and receive a briefing about the origins, lifestyles, eating habits and abilities of these interesting mammals. The briefing will end with you being able to feed the sea lions. Next you are off to the beach where you will have the chance to go swimming with the sea lions in the open ocean to witness their swimming skills and you'll be able to touch and caress them. The interaction ends at the beach where you'll receive a kiss from the sea lions. The remainder of your time is at leisure on the beautiful island of Cayo Levantado.

**Note:** Participants must be at least 6 years of age. Actual time with the sea lions is approximately 30 minutes. Order of tour may be reversed with beach time first. Open water swimming is limited to good weather conditions and other variables. If it's not possible to perform in the ocean then the interaction will be limited to the sea lion pool area. At the beach, a barbeque and a tropical lunch is available at an additional charge. Credit card or cash is required for water sport rentals. Wear your swimsuit and bring a towel.

Tour Code: SAM\_27

Retreat to Grand Paradise Resort

Approximate Duration: 6 hours

Level 1, Meal, Family Recommended, Ultimate Touring

Depart from the tender pier ashore for a drive to the Grand Paradise Resort Samana. There you'll have time to enjoy the facilities of the resort, use the various pools. A buffet lunch is included along with national alcoholic and non-alcoholic drinks.

**Note:** Drive time to the resort is approximately one hour. No hotel room or beach towels are included in the package. Wear your swimsuit and bring a towel.

Tour Code: SAM\_29

Sail, Snorkel & Cayena Del Mar Beach

Approximate Duration: 3 ¾ hours

Level 2, Age Requirements, Family Recommended

Sail the blue waters of Samana Bay aboard your comfortable catamaran. You'll board the catamaran and then set sail with the Caribbean breeze and stunning scenery. You'll drop anchor at Cayo Farola and snorkel among tropical fish and the coral reef. Then make the short sail to Cayena Del Mar, where you may use the fresh water showers, relax on a beach chair or under a coconut tree, play a game of volleyball or browse the gift shop. Beverages and a full menu are available at an additional charge.

**Note:** Participants must be at least 5 years of age and able to swim. Wear your swimsuit and bring a towel. Not recommended for people who have respiratory problems. All participants must wear snorkel vests while in the water.



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Tour Code: SAM\_30

#### Mini Speedboat Adventure

Approximate Duration: 2 ¾ hours

Level 2, Age & Weight Requirements

This tour not only satisfies your need for speed but also provides a thrilling way to experience and learn about Samana and the Dominican Republic. You'll be greeted ship-side by your boat crew who will take you to the briefing center, located about 5-10 minutes from your ship. Once at the center pier, you'll be provided with important safety information as well as instructions on the safe operation of your two-man speedboat. You'll then board your boat and take a few practice spins in the bay before following your guide, caravan-style, off across the water! Make stops along the way to watch pelicans swoop for breakfast or lunch and see the many varieties of birds on Bird Island. You'll also hear the story of Arrow Island as well as learn about the battle with the Spaniards. Your group will then make a stop at a sandbar located in a very scenic area. Here you can walk out on the sandbar or take a dip in the blue waters. Reboard your boat and head towards the harbor passing under a historic bridge before returning to your start point. You'll have time to relax on the beach or browse the gift shop before boarding the transfer boat for the return to your ship.

**Note:** Participants must be at least 12 years of age, weigh no more than 250 lbs. and be at least 18 years of age to drive and provide a valid driver's license. Wear your swimsuit and bring a towel.

Tour Code: SAM\_32

#### Journey to Playa Rincon

Approximate Duration: 5 ¼ hours

Level 2, Age Requirements, Family Recommended

Join us for an off-the-beaten path adventure. Board your safari-type vehicle for an around the peninsula of Samana. Along the way your guide will share interesting information regarding the history and culture of the Dominican Republic. You'll stop at a typical Dominican farm where you'll have the opportunity to see how local fruits grow, taste tropical fruits and enjoy the beautiful scenery. You'll have the opportunity to take photos before returning to your transport for the off-road drive to magnificent, secluded Playa Rincon. Along the way, stop at Rubi's El Rincon beach restaurant famous for their grilled lobster. You may use the restroom facilities and if you wish, order food and specialty beverages (not included). You may use the restroom facilities and if you wish, order food and specialty beverages (not included) that will be served. Playa Rincon has won praise from top travel magazines as one of the world's best beaches. Located at the base of 2,000-foot mountains, Rincon offers nearly three miles of uninterrupted white sand and lush palm groves as well as a fresh-water area lined with mangroves. Upon arrival you'll be offered a complimentary beverage as well as a light fruit salad. You are then free to relax, swim or explore. After your time at Playa Rincon, you'll re-board your transport for the return to the port.

**Note:** Participants must be at least 5 years of age. Wear your swimsuit and bring a towel, sunscreen, sunglasses and cash for purchases. We recommend you wear sensible clothing and closed-toe shoes or sport-type sandals. The driving portion of this tour is mostly 'off-road' type conditions. Roads are very bumpy with holes. There are limited beach chairs and some water toys such as kayaks available for rent at Playa Rincon.

Tour Code: SAM\_35

#### Waterfall Hike

Approximate Duration: 4 hours

Level 2, Age Requirements

Upon arrival your guide will provide you with important safety information before starting off along the trail. You'll soon discover Samana in all its natural beauty and diversity. Stops are made along the way as your guide points out areas of interest. Arrive at an area hidden from view of the path that opens to a beautiful cascade which falls to a clear, natural pool. Located in a secluded area, the falls are pristine and visited only by a lucky few. You'll have plenty of time to relax with a cool beverage and swim in the pool of fresh, mountain water before making the return along a path to your waiting transport. A short stop at a ranch house will be made where you may use the restrooms or purchase a beverage before returning to your ship's tender port.

**Note:** Participants must be at least 12 years of age and must be able to navigate uneven surfaces. Wear comfortable clothing, closed-toe footwear or Teva®-type sandals. Trail is muddy, you'll get dirty. Please dress appropriately. Wear your swimsuit and bring a towel.



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Tour Code: SAM\_39

Cayena Beach Party

Approximate Duration: 4 hours

Level 1, Family Recommended

Spend the day at a tropical beach club nestled in the mountainside with breathtaking views and surrounded by majestic coconut trees. Feel free to relax on a complimentary beach chair or take a walk along the golden sand beach as you enjoy the sounds of local music. A wide selection of delicious local cuisine and international fare is available as well as beverages. An array of local artisans will be on hand with a display of the best craftsmanship Samana has to offer. You may choose to visit the small but well appointed Taino Museum, or participate in beach games or Merengue lessons.

**Note:** A welcome drink is included. Fresh water showers, changing rooms and a gift shop are also available. Credit card or cash is required at the beach for water sport rentals and BBQ. Bring a towel.

## Tortola, British Virgin Islands

Tour Code: TOV\_02

Coast to Coast Scenic Drive

Approximate Duration: 4 hours

Level 1, Family Recommended

This scenic drive is designed for those interested in seeing most of the island while seated for most of the excursion. You'll board an open-sided bus, county deluxe bus or mini van as your driver/guide welcomes you to the island. Some places seen en route are the Administration Complex, Sunny Caribbe Art Gallery, various banks, communities, beaches and schools. You'll also enjoy a stop at Cane Garden Bay. This tour includes two separate islands – Beef Island and Tortola, and photo stops are made along the way.

Tour Code: TOV\_03

Best of Tortola

Approximate Duration: 4 ½ hours

Level 1, Meal, Age Requirements, Family Recommended

This picturesque excursion focuses on Tortola's mountainous terrain and offers many spectacular panoramic views. There'll be photo stops on the Ridge Road between the Atlantic Ocean and the Caribbean Sea. You'll have two hours for lunch, swimming, relaxing and shopping at the Cane Garden Bay Beach.

**Note:** Participants must be at least 10 years of age. Wear your swimsuit and bring a towel. Wheelchair access may be limited – for details, please consult your Shore Excursion staff before booking.

Tour Code: TOV\_06

Catamaran Cruise

Approximate Duration: 4 hours

Level 2, Age Requirements, Family Recommended

Take a leisurely cruise along the south coast of the British Virgin Islands and enjoy breathtaking scenery. Moving smoothly through the crystal waters of the Caribbean Sea you'll view some of the other Virgin Islands such as Peter, Salt, and Cooper before your snorkeling experience. You'll see dramatic coral formations, an abundance of brightly colored tropical fish and on occasion a sea turtle or graceful ray. Your excursion then continues to a beautiful beach for swimming. On your return sail, relax on the deck as you enjoy a complimentary fruit punch.

**Note:** Participants must be at least 2 years of age, able to get in and out of the water and must know how to swim. Wear your swimsuit and bring a towel.

Tour Code: TOV\_07

Tortola Highlights

Approximate Duration: 3 hours

Level 1, Family Recommended

Board an open-air safari bus for a scenic island tour of beautiful Tortola. Your tour takes you up Fort Hill along the Ridge Road, passing the local villages of Long Trench and Fahie Hill. As you descend Ross Path to beautiful Cane Garden Bay, several stops are made for photo opportunities. Here, you can swim in the crystal-clear water and relax on the white-sand beach. After your swim, the tour continues along the north shore and over Zion Hill for a scenic drive along the Sir Francis Drake Highway.

**Note:** Wear your swimsuit and bring a towel.



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Tour Code: TOV\_09

#### Dolphin Encounter

Approximate Duration: 2 hours

Level 2, Age Requirements, Family Recommended

After check-in and a brief orientation, taxis will pick you up for a short transfer to the Prospect Reef Facility. You'll descend a set of stairs into the beautiful Caribbean Sea on a submerged platform in waist-deep water, and have the chance to interact with the dolphins, including the swim-by and a kiss for a wonderful photo opportunity. The fast swim allows the dolphin to demonstrate their incredible speed and power, and you'll see several other behaviors designed to educate and fascinate you as you share an approximately 30-minute visit with these beautiful marine mammals. After the encounter, you'll be able to view the photos and video that was taken during the program.

**Note:** Participants must be at least 4 years of age. You'll enter the water and stand on a submerged platform (4 feet in depth) while the dolphin interacts at the command of the trainers. Wear your swimsuit and bring a towel. Not recommended for pregnant women or those who suspect they are pregnant.

Tour Code: TOV\_10

#### Dolphin Swim

Approximate Duration: 2 hours

Level 2, Age Requirements, Family Recommended

Travel through Road Town in a tour bus to the Dolphin Lagoon at Prospect Reef Resort. An approximately 30-minute introductory talk about the dolphins and procedures is given before you join the dolphin trainer's poolside to receive your life vests. Then, enter the water and interact with the dolphins as they go through their 20-to 30-minute swim session.

**Note:** Participants must be at least 8 years of age. You'll enter the water to stand on the submerged platform (4 feet in depth) where you'll get to give the dolphin a hand rub, tummy rub and kiss as well as swim in the open pool with the dolphins. Wear your swimsuit and bring a towel. Not recommended for pregnant women or those who suspect they are pregnant.

Tour Code: TOV\_11

#### Virgin Gorda Highlights

Approximate Duration: 4 ½ hours

Level 2, Family Recommended

Take an approximately 40-minute cruise along the Sir Francis Drake Channel to Spanish Town, Virgin Gorda. Open safari buses take you on a 20-minute drive through Spanish Town to The Baths for swimming in the unique atmosphere of mammoth boulders, palms, and sea caves. Travel along the trails and boulders to discover hidden caves and sea pools.

**Note:** Wear your swimsuit and bring a towel. The footpath to The Baths is rough, consists of uneven terrain and goes through small spaces. Snorkel gear can be rented on the beach.

Tour Code: TOV\_17

#### Sage Mountain Hike & Beach

Approximate Duration: 3 ½ hours

Level 3, Age Requirements

Sage Mountain towers 1,760 feet above sea level and is the highest peak on the Virgin Islands. Mahogany trees with complex roots cling on to the rock face, and lianas, moss and numerous orchids drain moisture from tree trunks and hollows. You'll have approximately one hour with your guide to hike along a mile of one of the nature trails with spectacular views of the neighboring islands. Continue to a picturesque white-sand beach with sheltering palms. Here you have approximately one hour to swim, snorkel, sunbathe, or simply relax. Restroom facilities and several beach shops are available for your convenience. We also stop for a short visit to the Callwood Distilleries, where you can see the rum process from the past and present.

**Note:** Participants must be at least 8 years of age and in good physical condition. Wear your swimsuit and bring a towel. Beach chairs are available at an additional cost.

Tour Code: TOV\_18

#### Landrover Jeep® Tour

Approximate Duration: 3 ½ hours

Level 2, Age Requirements

Take a fun and exciting drive in a Landrover safari Jeep®, on off-road, virgin trails and island roads. Enjoy wonderful views of Tortola and the surrounding islands from viewpoints not accessed by the general public.



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Departing the cruise port, the Landrover convoy quickly passes through Road Town before following a trail up to Ridge Road. Stops are made for picture-taking and at a beach where a refreshing drink is served. Rinse the 'dust of the trail' off with a swim, or just relax on the white-sand beach.

**Note:** Participants must be at least 5 years of age. Road is bumpy. This tour is not recommended for pregnant women or those with back and neck problems. Wear your swimsuit and bring a towel.

Tour Code: TOV\_20

Beach Break

Approximate Duration: 4 hours

Level 1, Family Recommended

Start with a scenic drive and photo stop on your way to enjoy one of Tortola's beautiful beaches, and experience total relaxation. Swim in the crystal-clear waters or just relax. Choice of beach is subject to change depending on sea and weather conditions. We'll bring you back to your ship or drop you off at the downtown area.

**Note:** Wear your swimsuit and bring a towel. Beach chairs and umbrellas are available at an additional cost. One complimentary local snack and bottle of cold water is included. Time spent at beach is approximately 3 hours.

Tour Code: TOV\_21

Tortola Pub Crawl

Approximate Duration: 4 hours

Level 2, Meal, Age Requirements

Join the party on this fun-filled tour and groove to the beat of the irresistible tunes of the Caribbean. Tease your tongue with a taste of the local cuisine. Along the way, listen to the island rhythms and see some spectacular views.

**Note:** Participants must be at least 21 years of age and present a valid ID. This tour is not recommended for pregnant women.

Tour Code: TOV\_23

Virgin Gorda Baths & Snorkel

Approximate Duration: 4 hours

Level 3, Age Requirements, Family Recommended

Cruise to The Baths and swim in the crystal-clear waters of the Caribbean. Snorkel and discover the abundant marine life, relax on the beautiful white-sand beach or just rest on the sun deck of the boat. Listen to Caribbean music on the way back to shore.

**Note:** Participants must be at least 5 years of age and able to swim 50-100 yards from the boat to the beach as the boat does not pull up to land at Virgin Gorda. The footpath to The Baths is rough, consists of uneven terrain and goes through small spaces. Wear your swimsuit and bring a towel. Alternate destinations may be used if sea conditions prohibit stop at the Baths.

Tour Code: TOV\_40

Island Secrets

Approximate Duration: 3 hours

Level 1

Discover the charms of Tortola along the coastal road towards the east of the island. Upon arrival in East End, ascend the hills and follow the Ridge Road. Stops are made en route for photos before arriving at Mountain View on Sage Mountain. After 20 minutes, the tour continues to the north shore, past the famous Bombas Shack – home of the infamous Full Moon Parties. Finally, the tour crosses the island at its narrowest point before arriving at Pussers Landing at the West End. The marina provides an opportunity for souvenir shopping.

Tour Code: TOV\_41

See & Sea Island Tour

Approximate Duration: 4 hours

Level 1, Family Recommended

Cruise among the beautiful islands of this unique archipelago. View the shoreline of Tortola and the surrounding islands of Virgin Gorda, Salt, Peter and Norman, made famous as hideaways for pirates and buccaneers. Your journey takes you past uninhabited islands which are preserved for posterity by Laurence Rockefeller as a nature reserve. At Sopher's Hole, stroll through the interesting boutiques and souvenir shops. The journey continues along the north shore of Tortola before ascending to the Ridge Road, which twists its way along the ridge of the island offering spectacular views of the surrounding islands.



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Tour Code: TOV\_42

North Shore & Pussers Landing

Approximate Duration: 3 hours

Level 2

Travel from Road Town, along some of Tortola's most scenic roads to Sky World, perched some 1,500 feet above sea level. Sky World's observation platform offers panoramic views of Tortola and the surrounding British and U.S. Virgin Islands. Head to Cane Garden Bay, a beautiful white-sand beach, where you can take a brief stroll or simply enjoy the tropical scenery. Continue along the coast, passing many fantastic bays, stopping at the Bomba Shack, a beach bar that has to be seen to be believed! Next, it's off to Pussers Landing, a quaint seaside village, complete with mega yachts and sailing boats. You'll have ample time to browse the quaint shops and boutiques before returning to your ship along the scenic coastal road.

Tour Code: TOV\_45

Deluxe Beach Retreat at Long Bay Resort

Approximate Duration: 4 hours

Level 1, Family Recommended

Escape the crowds and enjoy exclusive access to the facilities of Long Bay Resort, considered to be one of the finest oceanfront properties in Tortola. Enjoy the lounge chairs and pool as well as the beautiful beach. The resort features the newest restaurant/bar on the island for fresh-from-the-reef seafood. And, you'll love the resort's attentive service.

**Note:** Food and beverages are available for purchase. Wear your swimsuit and bring a towel.

Tour Code: TOV\_50

Clear Waters of White Bay, Jost Van Dyke

Approximate Duration: 5 ½ hours

Level 2

Board a comfortable and fast two-deck motor catamaran at a nearby marina and enjoy an approximately 45-minute cruise to Jost Van Dyke, passing Peter Island, Norman Island and St. John (USVI). Arrive at White Bay, one of the BVI's most magnificent beaches, and swim ashore to find yourself in paradise – crystal-clear blue waters lapping at a picture-perfect white-sand beach fringed by palm trees. Once ashore, visit the world-famous Soggy Dollar Bar, voted Best Beach Bar in the Caribbean for the third year running. Here you can enjoy a refreshing 'Painkiller', a famous BVI cocktail invented here at the Soggy Dollar Bar. Stroll along the beach, swim in the turquoise warm waters or simply sit back and soak up some sun before heading back to the boat and returning to Tortola.

**Note:** Wear your swimsuit and bring a towel. Participants must be in good physical condition and able to swim as there is no dock at White Bay. A kayak will be available to transport your personal belongings to shore.

Tour Code: TOV\_51

Mystique VIP Sailing

Approximate Duration: 4 hours

Level 1, Family Recommended, Ultimate Touring

Board an air-conditioned bus and drive across Road Town and alongside the Sir Francis Drake Channel to Soper's Hole Marina. There, you'll be welcomed by a friendly and professional crew onboard the stunning sailing catamaran 'Mystique' – a spacious sailing catamaran, with a large shaded cockpit and seating for everyone. After the safety briefing, the crew will set sail. Sit back and relax while you experience these world-famous cruising waters and keep your eyes open for turtles or dolphins along the way. The British Virgin Islands are truly blessed to lay claim to the enchanting Sandy Spit, your sailing destination. Enjoy excellent swimming, snorkeling and sunbathing, and explore this little island before returning to Mystique's comfortable trampolines for an exhilarating sail back to Tortola.

**Note:** Price is for groups of 10 and not per person, so only one person in the party needs to book. Availability is extremely limited, so guests are encouraged to secure their private boat reservation as early as possible. Your private party may be of any size up to the maximum capacity. Two restrooms, private changing rooms and hot/cold showers are also available onboard.

Tour Code: TOV\_53

Day at Oceans 7 Beach Club

Approximate Duration: 4 hours

Level 1, Family Recommended, Meal, Ultimate Touring

Get away from the crowds and take a scenic boat ride on a luxury launch to a quiet and secluded beach on Peter Island – one of Tortola's newly discovered secrets. Relax on the beach, swim in the clear waters, snorkel over the



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nearby reef or use the inflatable water park. A freshly prepared lunch is provided in the waterside restaurant overlooking the bay towards Tortola where your ship is berthed. Enjoy the ambiance of being 'away from the crowds' as you relax on the beach chairs and swim and snorkel before returning in your private launch to the marina and back to your ship.

**Note:** Price is for groups of 10 and not per person, so only one person in the party needs to book. Availability is extremely limited, so guests are encouraged to secure their private boat reservation as early as possible. Your private party may be of any size up to the maximum capacity.

Tour Code: TOV\_54

Town & Country Scenic Drive

Approximate Duration: 3 ½ hours Level 1

Open-air safari buses will be standing by for your scenic drive through the capital of Tortola. Your driver/guide will provide you with insights about the island's history and its foliage as you journey your way to Great Mountain where you'll be given the opportunity to disembark for photos. Your tour continues as you leisurely drive along the Ridge Road offering great panoramic views of the neighboring islands and cays and on to Turtle Restaurant where you'll receive a complimentary beverage of your choice. As you ebb the time away, stroll along the white-sand beach or enjoy the cool breeze as it streams through the coconut branches. On your return to the capital, you'll pass villages such as Vanterpools, Fat Hogs Bay, Paraquita Bay, Brandy Wine Bay, Fish Bay and Port Purcell. Shopping at Paraquita Bay and in the capital is a must as you secure your herbs and spices, and souvenirs etc. before returning to your ship.

### TORTOLA DIVE IN™ TO ADVENTURE

Tour Code: TOV\_34

Wreck of the Rhone Certified Scuba

Approximate Duration: 4 hours Level 2, Age Requirements, C-Card

This is a two-tank dive at the most famous wreck dive in the Caribbean, the RMS Rhone. The first dive is an exploration of the bow, which lies mostly intact in 80 feet of water. The second dive is a tour of the stern, passing by several historical points of interest. Abundant marine life and encrusting coral make this excursion unforgettable.

**Note:** Participants must be at least 15 years of age and be comfortable walking approximately one mile. Alternate sites may be chosen due to weather and sea conditions. All equipment is provided.

Tour Code: TOV\_36

Norman Island Snorkel

Approximate Duration: 3 hours Level 2

Your boat will take you across the Sir Francis Drake Channel to Norman Island where you will snorkel The Caves or The Indians. You are guaranteed to see beautiful corals and sponges, plentiful fish, perhaps a turtle or ray will swim by and visit. After your snorkel, we stop ashore on Norman Island. Snorkel on a smaller nearby reef, wander ashore & explore the beach or hunt for treasure. Cooper Island, Chromis Reef is another popular site and often more conducive to snorkeling when sea conditions are not ideal. At Chromis Reef you can expect to see hundreds of fish, hard & soft corals, lobster, barracuda and maybe even a nurse shark! Access to the sites is right off the boat and snorkel lessons are available for beginners.

**Note:** Participants must be good swimmers. Due to weather conditions, the snorkeling site may be changed. A beach stop on Cooper Island is optional depending on conditions.

Tour Code: TOV\_55

Treasure Island Snorkel Safari

Approximate Duration: 3 hours Level 2

Board a comfortable motor catamaran at the nearby marina for an exhilarating cruise across the Sir Francis Drake Channel to Norman Island, on which Robert Lewis Stevenson based his book "Treasure Island". See Angel Reef's beautiful coral formations with its abundant marine life and myriad of brightly colored fish and enjoy spectacular snorkeling in the Caves at Treasure Point, where pirate treasures are known to have been hidden. Who knows, maybe there is some treasure for you to find there too?



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**Note:** Participants must be good swimmers. Due to weather conditions, the snorkeling site may be changed. Wear your bathing suit and bring a towel

## St. John's, Antigua

Tour Code: ANU\_01

Island Safari 4 x 4 & Beach

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements, Family Recommended

Step into a Safari Land Rover® and prepare to see the most beautiful places on the island. Sites that are usually inaccessible are no problem for a 4 x 4 Land Rover®. Drive up through the picturesque village of Buckleys, viewing the scenic valley of Body Pond. Then, it's off-roading time, to see some rare and amazing tropical plant life. Travel along Fig Tree Drive, home of Antigua's lush rainforest. As you come to the end of the rainforest, you'll tour along the southwest coast, an area of the island famous for pineapple plantations. Your knowledgeable guide will entertain you with tales of Antigua past and present. Then, it's on to the beach for a cool, refreshing dip.

**Note:** Participants must be at least 4 years of age and weigh no more than 250 lbs. Not recommended for pregnant women or those with back or neck problems. Wear your swimsuit and bring a towel.

Tour Code: ANU\_04

Antigua Highlights & Lobster Lunch

Approximate Duration: 6 hours

Level 2, Meal, Age Requirements, Family Recommended

Your tour begins with a scenic drive across the heart of Antigua onboard an air-conditioned coach with commentary from your local tour guide. Learn about Antigua's historic past, vibrant present and bright future. Visit English Harbour for panoramic photo stops at two ancient fortifications; Shirley's Heights and Block House. Next is a visit to the prestigious Nelson's Dockyard, named after the famous English Admiral, Horatio Nelson. Now refurbished as a Colonial style village, it's the only remaining Georgian ship yard still in operation. A delicious lunch of fresh grilled Caribbean lobster will be served at the Copper & Lumber Restaurant inside Nelson's Dockyard. After lunch, sit back for a picturesque drive along the island's volcanic south coast on the way to Turner's Beach. Feel free to enjoy a tropical drink at the beach then go for a dip in the warm waters before we head back to your ship.

**Note:** Participants must be at least 4 years of age. Wear your swimsuit and bring a towel.

Tour Code: ANU\_05

Historical Tour

Approximate Duration: 3 ½ hours

Level 2, Family Recommended

Drive through St. John's to Antigua's national park, home of Nelson's Dockyard, the only working Georgian naval dockyard in the world. You'll see the Admiral's House, the bakery, the officers' quarters and other historic buildings on this guided tour. Next, the tour moves on to Dow's Hill Interpretation Center for a sight-and-sound show that illustrates 2,000 years of Antigua's history. Continue on to Shirley Heights, a large military complex built on a cliff top to protect the naval yard, explore the ruins and see the guardhouse, built in 1791. Finally, enjoy a complimentary drink as you take pleasure in your surroundings and then enjoy the charm of the countryside on the return trip to your ship.

Tour Code: ANU\_06

Fort James & Beach

Approximate Duration: 5 ½ hours

Level 2, Meal, Family Recommended

Ride through the charming countryside on an air-conditioned bus on the way to Nelson's Dockyard, full of history and interesting architecture. Visit the Admiral's House and have a guided tour of the naval headquarters of Lord Nelson. Continue on to Shirley Heights, where you can explore the ruins and fort and take in spectacular views of English Harbor and Nelson's Dockyard. Then, stop at one of Antigua's lovely beaches for a barbeque lunch and a beverage. There will be time to relax in a beach chair to work on your tan, swim in the sparkling waters or take a lazy stroll down the beach.

**Note:** Wear your swimsuit and bring a towel.



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Tour Code: ANU\_07

#### Catamaran Sail

Approximate Duration: 5 ½ hours

Level 2, Meal, Family Recommended

As your sleek catamaran slips away from the mainland, enjoy the thrill of sailing on the Caribbean Sea. Feel the sun on your skin and the wind in your hair as you sail along the reef-protected northwest coast of Antigua. Anchor and snorkel in crystal-clear waters among the colorful fish and living coral of this impressive barrier reef. Next, glide into one of Antigua's beautiful beaches and enjoy a West Indian-style buffet lunch served on board and an open bar with rum mixed drinks, beer and sodas. After lunch, disembark to explore, swim or just soak up some rays on the lovely beach. Enjoy more of Antigua's picturesque coastline on the return sail back to your ship.

**Note:** No alcohol is served until after snorkeling on the reef. Wear your swimsuit and bring a towel.

Tour Code: ANU\_08

#### Antigua Beach Escape

Approximate Duration: 5 hours

Level 1, Meal, Family Recommended

You'll be taken to a beautiful white-sand beach, fringed by coconut palms and sea grape trees. Enjoy a rum or fruit cocktail before being escorted to your complimentary lounge chair, reserved for you on the beach. Enjoy a delicious lunch, including a refreshing beverage (rum or fruit punch drink). There are mouth-watering meals to choose from; West Indian curried chicken, and a barbeque chicken and rib combo. Each choice is served with coconut rice and peas, coleslaw, baked potato, sweet corn and a green salad. A pasta dish will also be available for vegetarians. Relax on the beach; take a leisurely walk along the secluded beach; swim in the sea; go for a horseback ride or rent a jet ski. Changing facilities, restrooms, water sports, freshwater showers as well as a beach bar and restaurant are available.

**Note:** Umbrellas and hammocks are available for a nominal fee. Children under 12 years of age will be served a choice of chicken nuggets, hot dogs or hamburgers with fries and fruit punch. Wear your swimsuit and bring a towel.

Tour Code: ANU\_10

#### Kayak & Snorkel Adventure

Approximate Duration: 4 ½ hours

Level 2, Age & Weight Requirements

A fantastic adventure for everyone... 'paddle in paradise' with excellent guides. A 30 minute scenic drive from the port through villages and countryside brings you to beautiful Mercer's Creek overlooking the North Sound Marine Park and 12 uninhabited islands. Fast motorboats transfer you from the kayak clubhouse to a remote lagoon where, after instruction, guides will lead a 45 minute route thru mangroves and tiny islands. Look for shy turtles, skimming ballahoo and starfish in the inlets. Reboarding your boat, an exhilarating 20 minute ride will bring you to an uninhabited island, the habitat of small wildlife and birds. Take an 8 minute guided nature walk to the top and be rewarded with stunning vistas on the 20 acre 'jewel in the ocean'. Bring your camera! After the short descent to the beach, relax under a coconut tree, explore the island or soak in the crystal shallows off the beach. Keen snorkelers can reboard the boat and head to an offshore reef; guides will assist with gear and show the best spot to seek amazing marine life. Heading back to the clubhouse by boat, discover more islands and lovely coastline along the way; look out for endangered ducks near Guana Island as you skim through 'The Narrows'. The clubhouse is a charming fisherman's cottage featuring Caribbean art, artifacts, tropical birds and exotic plants. Here you will be treated to chilled aromatherapy face towels, warm hospitality and delicious refreshment, before returning to the ship.

An Eco adventure not to be missed!

**Note:** Participants must be at least 7 years of age and know how to swim. Maximum combined weight per kayak is 400 lbs. Kayaks are for two people. This tour is not recommended for pregnant women or those with back or neck injuries respiratory or heart conditions and walking difficulties. We recommend you wear your swimsuit, bring a towel, water shoes and sunscreen.

Tour Code: ANU\_12

#### ATV Adventure

Approximate Duration: 2 ¾ hours

Level 3, Age & Weight Requirements

Take an adventurous, all terrain vehicle guided tour off-road, as you travel from northeast Antigua on old cane roads, through old estates and rural farmlands to arrive at Potworks Estate. Enjoy two hours of the ultimate riding experience. Travel on dirt tracks where few people venture, enjoy the natural beauty of the island and experience the best time of your life in Antigua.



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**Note:** Participants must be at least 18 years of age, in good health and provide a valid driver's license and weigh no more than 260 lbs. Those wishing to be a passenger/rider on the ATV must be accompanied by a driver and must book on board the ship at the Shore Excursion Desk. This tour is not recommended for pregnant women and people with neck or back injuries.

Tour Code: ANU\_17

Cedar Valley Golf

Approximate Duration: 6 hours

Level 1

The Cedar Valley Golf Course was designed and built by Ralph Aldridge and opened with 9 holes in 1970. The completely constructed 18-hole course opened to the public in 1977, as Antigua's only 18-hole championship Golf Course. This beautiful par 70, 6,157 yard golf course lies amidst mature tropical trees with vistas from hills, and the Caribbean Sea which all provide an enjoyable, inspiring and very challenging golf game. The golf club accommodates players of all skills levels. This magnificent golf course is located on the northern end of the Island, minutes away from major resorts and hotels and within three miles from the capital St. John's and the cruise ship port, making it easily accessible to cruise ship passengers.

**Note:** Price includes roundtrip transfer, two-person golf cart and greens fees. Golf clubs may be rented at an additional fee.

Tour Code: ANU\_19

Mini Boats & Beach

Approximate Duration: 3 ½ hours

Level 2, Age & Weight Requirements

This is not your average tour. Visit a beautiful beach on an uninhabited island, swim in the emerald waters of the Caribbean Sea, and experience being the captain of your own boat. This exciting escape begins with a brief bus ride to where your guides and boat await you. With a brief orientation and after life jackets are handed out, you'll start to cruise through the North Sound Marine Reserve coasting between uninhabited islands getting chances to see turtles, stingrays, star fish, and pelicans just to name a few, to end up on an island for a refreshing swim and to then captain your boat back to the beach club house.

**Note:** Participants must be at least 6 years of age and weigh no more than 250 lbs. You must be at least 18 years of age to drive the boat. Not recommended for pregnant women and people with neck or back injuries. Wear your swimsuit and bring a towel and adequate sun protection.

Tour Code: ANU\_20

Stingray Swim & Snorkel

Approximate Duration: 3 hours

Level 1

You'll be greeted by the staff at the Stingray City dive shop and given a safety briefing before a fun interaction with the rays. Protected by the fringing reef, the calm crystal-clear waters are home to many southern stingrays. You'll be assisted and supervised by the qualified staff into the stingray habitat where you'll be able to play with, pet, and perhaps even feed the stingrays. Entry into the 3-8-foot deep water is an easy step from the large swim platform. Even non-swimmers can enjoy the rays. These amazing animals will surprise you with their gentleness and with the informative briefing you receive, these once-feared 'beasts' will find a special new place in your heart and provide you with an unforgettable memory.

**Note:** The dive shop has a changing room, restroom, and locker facilities for your convenience. All snorkel equipment is provided. Wear your swimsuit and bring a towel.

Tour Code: ANU\_21

Nelson's Dockyard & Island Drive

Approximate Duration: 3 hours

Level 1, Age Requirements

Travel through Antigua's rolling countryside on an air-conditioned bus to historic Nelson's Dockyard. Built in 1725, the dockyard was the base for the English naval squadron. Take a short, informative walking tour through the dockyard with its restored buildings. You'll also have free time to explore the museum, art gallery, gift shop, and boutiques. Enjoy a complimentary beverage before continuing on to Blockhouse Ruins. View the remains of the powder magazine, gun platforms, cisterns and officer's barracks atop this sheer cliff. Your final stop is Fort Lookout overlooking English Harbor and Nelson's Dockyard.



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**Note:** Participants must be at least 3 years of age. We recommend you wear comfortable walking shoes. Order of tour may vary.

Tour Code: ANU\_25

Antigua by Sea

Approximate Duration: 5 ¼ hours

Level 1, Meal, Age Requirements, Family Recommended

See areas such as Jumby Bay, Bird Island and the natural spectacle of Devil's Bridge up-close-and personal. Be at peace with the world as you gaze at slender coconut palms waving in the breeze and listen to rhythmic calypso and reggae music. Then, you'll be whisked away to Green Island to relax on the beach or explore the nearby reef. Back on board, the crew will cook a delicious lunch. Next, cruise across English Harbor, to Nelson's Dockyard, one of the most prestigious and renowned dockyards in the world. Finally, journey past the exotic western coast of Antigua where virgin white-sand beaches and pristine bays can still be found.

**Note:** Participants must be at least 4 years of age. Wear your swimsuit and bring a towel.

Tour Code: ANU\_26

Canopy Tour

Approximate Duration: 3 hours

Level 2, Weight & Height Requirements, Family Recommended

In total, there are a series of nine ziplines, one vertical descent, one tree house, and two suspension bridges, which are of 52-328 feet in length. Travel along short trails into the gorge and then on a series of connecting Ziplines and bridges, which crisscross the gorge at tree canopy level. Take a break in the tree house, hidden from the rest of the world. Within the gorge there is a series of large trees, prominent boulders, a rock pool and a small waterfall. The gorge offers a shaded area with interesting plants with a range of wild fruits, vines, mosses and lichens.

**Note:** Participants must be at least 4 feet tall and weigh no more than 265 lbs. Wear closed-toe shoes, shorts or long pants. This tour is not recommended for pregnant women or those who are afraid of heights or have health conditions.

Tour Code: ANU\_28

Bottom Fishing

Approximate Duration: 3 ½ hours

Level 1, Age Requirements, Family Recommended

Your tour guide will escort you to the 36-foot Twin Vee Power Catamaran. From here, you'll be taken to Paradise Reef just off the north-west coast, one of Antigua's best locations for fishing. You'll be given your fishing rod, reel and bait to 'catch and release' the fish.

**Note:** Participants must be at least 8 years of age. There is an open bar where you can enjoy rum punch, beers, water and soft drinks. Wear your swimsuit and bring a towel.

Tour Code: ANU\_29

Antigua National Park & Tropical Drive

Approximate Duration: 3 ½ hours

Level 2, Age Requirements, Family Recommended

Your courteous and knowledgeable guides will teach you about the magnificent history of Antigua, once the Naval Base for the British in the Caribbean. Antigua's strategic location and excellent natural harbors create an island haven for both ships and sun seekers alike. Enjoy the views from the most scenic route on the island as you cruise through beautiful Fig Tree Rain Reserve. You will visit Shirley Heights Lookout, 487 feet above sea level, offering a commanding cliff-top view over the Atlantic Ocean and English Harbor. On a clear day, the volcanic island of Montserrat can be seen. Discover Nelson's Dockyard, the world's last remaining Georgian naval dockyard still in use today.

**Note:** Participants must be at least 4 years of age. We recommend you wear comfortable walking shoes.

Tour Code: ANU\_30

Antiguan Experience

Approximate Duration: 4 hours

Level 1, Meal

Take a glorious ride through tropical gardens, fishing villages, and historic sites. At the Antiguan Home, see artifacts dating as far back as the 16th century. Enjoy breathtaking views, historic sights, and more. Then it's off to Valley Church Beach for swimming, water activities and a fantastic lunch. During lunch, Mamma Nancy entertains you with stories of the past as you enjoy vegetables freshly picked from the backyard and other scrumptious Caribbean dishes.



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During lunch you'll also be entertained with the latest island music on steel pan or Reggae Band.

**Note:** We recommend you wear comfortable walking shoes. Wear your swimsuit and bring a towel.

Tour Code: ANU\_31

Pirates of Antigua – Black Swan

Approximate Duration: 3 hours

Level 2, Age Requirements, Family Recommended

Step back in time and don your eye patch to become a buccaneer and weigh anchor with us to party with the pirates of Antigua aboard the pirate ship, Black Swan. Relive the swashbuckling days of long ago and experience an exchange of canon fire as the Black Swan sails out of the harbor and cruises away into the fantasy world of spirited and friendly pirates. Take a spectacular voyage filled with adventure and fun, along the west coast of Antigua and anchor in a quiet bay where the fun really begins. Try walking the plank, rope swing, swim, snorkel on a wreck or soak up the sun on the beautiful beach. Enjoy dancing and a limbo competition as you party hearty with festive music all the way back to the dock.

**Note:** Participants must be at least 4 years of age. No alcohol will be served until after snorkeling. Snorkeling on the wreck depends on sea conditions. Bring a towel.

Tour Code: ANU\_33

Best of Antigua Adventure Trek

Approximate Duration: 7 ½ hours

Level 3, Meal, Weight & Height Requirements

Drive through Antigua's countryside to the beautiful rainforest area of Fig Tree Drive in Wallings. Explore the Antigua rainforest by canopy tour; 12 wonderfully exciting Ziplines and suspension bridges. Then hike through the rainforest, through tall lemon grass and the undergrowth to Carlisle Bay. From there, you'll sail out to sea on a state-of-the-art catamaran and enjoy a lunch prepared by Caribbean chefs. You'll head to Cades Reef for some snorkeling and after your snorkel fun, the bar is open, to sample Caribbean rum. If rum is not for you, then enjoy other drinks from the open bar. Sit back and relax as the catamaran takes you on a wonderful sailing experience along the southwest coast en route to St. John's.

**Note:** Participants must be at least 4 feet tall and weigh no more than 250 lbs. This tour is not recommended for pregnant women, persons with a history of heart conditions, seizures, back, knee or shoulder problems or other pre-existing health problems. Participants should wear good walking shoes, shorts or pants.

Tour Code: ANU\_55

Trident Submarine Adventure

Approximate Duration: 3 hours

Level 1, Family Recommended

It's a catamaran....it's a submarine....it's the SubCat! It's a real submarine and the only fully submersible catamaran in the world. SubCat Antigua embarks on underwater excursions through spectacular coral reefs at depths of up to 100 feet. The submarine is fully air-conditioned and boasts comfortable cushioned seating. While underwater at the SubCat Marine Reserve, a knowledgeable tour guide will provide educational tidbits about the marine life encountered and answer any questions you may have. Regular inhabitants of the reef include angelfish, groupers, snappers, stingrays, barracudas, moray eels and literally thousands of colourful tropical fish. Watch the SubCat SCUBA diver dance around the coral reefs before heading back for shore. Each dive is a unique adventure with something new to discover. Your journey begins as you take a bus through the bustling capital city of St. John's followed by a scenic coastal drive to Old Road, a quaint fishing village on the south west coast of the island. A 15-minute guided ferry above water aboard the SubCat takes you to the SubCat Marine Reserve where the underwater adventure begins. No need to climb down a ladder to enter the cabin of the SubCat – just walk through the large entrance at the aft of the vessel. It is easily accessible to persons of all ages, from infants to the elderly and persons of limited mobility. Catch a glimpse of Montserrat with its constantly erupting volcano before the SubCat disappears beneath the surface. Back on the beach at the Sub Shack, don't forget to enjoy a complimentary beverage and collect your dive certificate – testament that you've journeyed to the bottom of the sea. For those of you who always wanted to experience the fascinating underwater world without getting your feet wet, SubCat Antigua offers a once in a lifetime opportunity.



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## ANTIGUA DIVE IN™ TO ADVENTURE

Tour Code: ANU\_53

Prickly Pear Island Snorkel

Approximate Duration: 3 hours

Level 2, Age Requirements

Prickly Pear Island hideaway is one of Antigua's best-kept secrets. Come and enjoy snorkeling on a Robinson Crusoe island off of Antigua's north coast. Terrence and his team from Miguel's Holiday Adventure will take you for a wonderful snorkel experience on coral reefs. Walk along soft white sand, swim in crystal-clear waters, snorkel through the reefs on a mesmerizing underwater tour or simply relax at the water's edge and work on your tan, as time stands still on this idyllic island.

**Note:** Participants must be at least 4 years of age, able to swim and in good health. Wear your swimsuit and bring a towel and adequate sun protection.

Tour Code: ANU\_56

Barrier Reef Catamaran & Snorkel

Approximate Duration: 6 hours

Level 2, Meal, Family Recommended

This tour is ideal for the person who wants to get away from it all. Come experience pure sailing in a relaxed atmosphere on a sailing catamaran and see Antigua's famous coastline. Your Captain will brief you on places of interest along the way. Specifically designed for the serious snorkel enthusiast, the catamaran will take you to Antigua's best underwater scenery, the National Park of Cades Reef. Protected by law, this reef is home to rare and beautiful species of fish and coral. Anchored at the reef, you'll enjoy a sumptuous meal prepared by a Caribbean chef. After lunch you'll cruise over to one of Antigua's magnificent 365 beaches for a lovely swim or you can just relax and enjoy the view.

**Note:** Wear your swimsuit and bring a towel.

## Bridgetown, Barbados

Tour Code: BGI\_01

Atlantis Submarine

Approximate Duration: 2 ½ hours

Level 1, Height Requirements, Family Recommended

Imagine yourself in a real submarine, with big view ports all around, fully submerged in the aquamarine Caribbean Sea, as curious exotic fish peek in at you. This fully narrated undersea voyage, takes you to depths of 150 feet, in air-conditioned comfort. Create amazing memories as you are piloted by a professional crew among colorful coral formations, and tropical marine life.

**Note:** Participants must be at least 3 feet tall and be able to safely climb an 11-step ladder.

Tour Code: BGI\_05

Natural Wonders of Barbados

Approximate Duration: 3 ¾ hours

Level 2, Age Requirements

Drive along the coastline and view the lush green hills before stopping at the botanical gardens, where you'll have some time to explore. Just a short drive from here, are the famous Bathsheba rock formations. Another highlight of your tour is a drive through the Whim Gully, part of an island-wide system of gullies.

**Note:** Participants must be at least 4 years of age. We recommend you wear comfortable walking shoes. There will be some walking and inclines at the gardens. A complimentary beverage will be provided. Food and additional beverages are available for purchase.

Tour Code: BGI\_06

Best of Barbados

Approximate Duration: 4 hours

Level 2

Visit the historical Tyrol Cot House & Heritage Village, take in the views from historic Gun Signal Hill Station, and stroll the paths at Orchid World. Your tour begins with a scenic drive through the city and suburbs to Tyrol Cot. The house itself, constructed in 1854, was the residence of Sir Grantley Adams, First Premier of Barbados and the only Prime Minister of the West Indies Federation, and his son, 'Tom' Adams – the second Prime Minister of an independent



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Barbados. It's an architectural gem with an interesting mixture of Palladian and tropical vernacular. Tyrol Cot is considered to be the birthplace of Barbadian Democracy and is filled with the lifetime collection of the Adam's antique furniture and memorabilia. Then drive to historic Gun Hill Signal Station, centrally located in the parish of St. George for a magnificent and captivating view of much of the island. At Orchid World, the final stop on your tour, enjoy a leisurely stroll and view the displays of orchids, ferns, heliconias, hibiscus, begonias, cacti and bearded fig trees before returning to your ship.

**Note:** We recommend you wear comfortable walking shoes.

Tour Code: BGI\_07

Coast-to-Coast

Approximate Duration: 3 ½ hours

Level 1, Family Recommended

This scenic drive was especially designed for passengers who want to take in the island's highlights with little or no walking. Discover many scenic island sights, such as the National Heroes Square and the Parliament buildings in Bridgetown. Passing Gun Hill, you'll see the carved stone lion, a landmark dating from 1868. As you drive across the island, you'll pass through peaceful villages, eventually reaching St. John's Church, which offers spectacular views of the east and southeast coasts. After St. John's Church, continue to the craggy and scenic area on the east coast called Bathsheba, a photographer's paradise. From here, you'll have an incredible panoramic view of the hills, gentle slopes and sweeping bays. The rustic Edgewater Inn has a nine mile coastline view of the Atlantic Ocean side and the cool and calming waters of the Joe's River on the western side of the property. One may relax in the outdoor area which overlooks the Atlantic Ocean, or sit inside and enjoy the cool fresh breeze of the ocean. Dramatic views from here create excellent photo opportunities! On the way back to your ship, you'll pass through Hometown, with its monument commemorating the landing of the first settlers in 1625.

Tour Code: BGI\_08

Barbados Beach Break

Approximate Duration: 3 ¼ hours

Level 1, Family Recommended

The beach location is a beautiful, white-sand beach on the Caribbean Sea. Warm, calm waters invite swimming, while beach chairs and umbrellas invite lounging. Just simply sun worship!

**Note:** Changing rooms and showers are available. Wear your swimsuit and bring towel and a dry set of clothing to reboard the coach.

Tour Code: BGI\_15

Tiami Five Star Catamaran

Approximate Duration: 5 ½ hours

Level 2, Meal, Age Requirements, Family Recommended

From the moment you step aboard this sleek catamaran you know you are in for something special! After being greeted by our friendly and outgoing crew, enjoy fresh-baked sweet breads, fruit and juice, tea or coffee. Sail along Barbados' scenic coastline to a secluded bay where you'll have the opportunity to swim with groups of wild sea turtles. At another stop you can opt to swim in the crystal waters, relax on the beach or join our professional instructors for an optional tour of beautiful reefs teeming with tropical fish. Afterwards, feast on a sumptuous hot and cold buffet lunch featuring tasty local dishes along with cool refreshments from the open bar. Let your cares drift away as you sail with us, basking in the sunshine or relaxing in the shade of the comfortable cabin as you enjoy the beautiful scenery and tranquil ambiance.

**Note:** Participants must be at least 21 years of age, provide a valid ID to consume alcohol, and be in good physical condition. All activities, including snorkeling and the turtle encounter, are subject to sea and weather conditions. Snorkeling equipment and instruction are provided. No alcohol will be served until after snorkeling is completed. Wear your swimsuit and bring a towel.

Tour Code: BGI\_17

English Tea at Sunbury Plantation

Approximate Duration: 3 hours

Level 1

Step back in time and enjoy English Tea in a Great House full of tradition. Take a scenic drive along the south coast, passing through Oistins, a little fishing village famous for its nightly fish fry, and the Barbados Golf Club, before arriving at the Sunbury Plantation House and Museum. The main house of this once-thriving plantation was built over 300 year ago and is magnificently furnished. The cellar houses the Caribbean's finest collection of antique carriages.



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Tea will be served (weather permitting) in the gardens. Enjoy freshly baked scones served with butter, fresh cream and jam; tuna and cheese finger sandwiches; and chocolate, vanilla or fruitcake, while sipping on a freshly brewed cup of tea.

Tour Code: BGI\_18

Barbados Golf Club

Approximate Duration: 5 hours

Level 1

This course was designed by world-renowned architect Ron Kirby to be fair, yet challenging and a pleasurable walk in the tropical surroundings. It boasts 6,905 yards and is a par 72 course that has hosted many different tournaments in the past years. Two lakes enhance play on five holes and create a dramatic 'Amen Corner' on holes 15 and 16. A series of coral waste bunkers running through four holes add to the excitement and personality of the course.

Tour Code: BGI\_19

Malibu Beach Break

Approximate Duration: 4 hours

Level 1, Family Recommended

The newly renovated Malibu Beach Club and Visitor Centre is waiting for you. Come and enjoy some time on one of Barbados' most beautiful beaches and escape the hustle and bustle of the rest of the island. Your chair and umbrella will await you in your comfortable environment. Changing and shower facilities are at hand and a snack bar will satisfy any appetite. The facilities offer you anything you need and of course Malibu drinks are available. After enjoying your complimentary drink, you will surely ask for more. For those interested, you can also educate yourselves on the process of rum making, so don't miss this unique opportunity.

**Note:** There are changing facilities and restrooms. Wear your swimsuit and bring a towel.

Tour Code: BGI\_22

4x4 Adventure & Green Monkey Encounter

Approximate Duration: 3 ½ hours

Level 2, Age & Weight Requirements, Family Recommended

Once you enter the Wildlife Reserve you are in the animal's world. The monkeys are free to travel where they please and you may find them anywhere as they go about their daily lives. Take a walk along the shady paths and discover for yourself the mystery of the world-renowned green monkey. A rare sight outside of West Africa the Barbados green monkey has saved hundreds of thousands lives and is responsible for 70% of the world's Polio vaccine. To see this charming, funny and fascinating animal take the adventure safari into the interior to the most beautiful locations in Barbados many of which are only accessible by 4x4 vehicles, especially the Scotland District on the east coast where the views and scenery will leave you breathless.

**Note:** Participants must be at least 4 years of age and in good health. Maximum weight is 260 lbs. Tour departs in the afternoon only, in order to be in the reserve at feeding time for the monkey encounter. During breeding season the green monkeys may enter the wildlife reserve later than normal. To counter this behavioral pattern, the tour itinerary is reversed. Monkey sightings are not guaranteed.

Tour Code: BGI\_23

4 x 4 Safari & Paradise Beach

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements, Family Recommended

Discover the natural beauty of the Barbados countryside on a 4x4 convoy. Wind your way through the Fisherpond Sugar Cane Estate and Coffee Gully to see panoramic views of the coastline. After Bathsheba, the convoy heads off-road again traveling downhill into Cattlewash. Pass Holetown and many of the west coast mansions before arriving at Paradise Beach for a 45-minute stop. Enjoy a drink and take a cool dip in the Caribbean waters. This quiet retreat is the perfect stop for swimming, sunbathing and enjoying the peaceful surroundings.

**Note:** Participants must be at least 4 years of age, in good physical condition and weigh no more than 260 lbs. This tour is not recommended for those with back, neck or heart conditions. Wear your swimsuit and bring a towel.

Tour Code: BGI\_39

Scenic Bike Ride & Swim

Approximate Duration: 4 hours

Level 3, Age & Weight Requirements

A scenic half hour transfer takes you from the port to Highland Center, located on one of the highest ridges at 1,004 feet above sea level. Enjoy the picturesque landscape and east coast views before commencing a primarily downhill



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countryside bike ride through sugar estates and through Sandy Lane down to the west coast. Your ride will conclude in Holetown, where the original settlers first landed in 1625. From here, you'll take a short drive along the beautiful west coast to a beautiful white-sand beach near the port for a refreshing swim.

**Note:** Participants must be at least 12 years of age and in good physical condition. Maximum weight is 250 lbs. Wear your swimsuit and bring a towel.

Tour Code: BGI\_40

A Flavor of Barbados

Approximate Duration: 3 ½ hours

Level 2

Drive through the historic area of Garrison Savannah and the beautiful south coast en route to the Rum Factory and Heritage Park. Learn how rum is made in the most modern rum distillery in the western hemisphere. Next, it's on to explore the 300-year-old Sunbury Plantation House, the only Great House on the island with all rooms open for viewing. The guided tour of the house showcases memorabilia of bygone days and beautifully maintained antique furniture. Depart for Medford Mahogany Creations for an interactive tour of the only mahogany carving factory on the island.

Tour Code: BGI\_42

Monkey Encounter

Approximate Duration: 3 hours

Level 2, Family Recommended

Drive along the west coast past Holetown to Speightstown, which is characteristically West Indian with its 19th-century architecture. Today, it is home to quaint shops and restaurants. Then, your drive heads inland to the Wildlife Reserve for the 'Green Monkey Experience.' You are now in the animal's world – the monkeys and other animals are free to roam as they please and you may see them anywhere. Walk quietly along the shady paths and discover the mystery of the green monkey. Remember that these timid animals are wild and sudden movements and loud noises may frighten them away.

**Note:** Monkey sightings are not guaranteed.

Tour Code: BGI\_44

Barbados Concorde Experience & Island Drive

Approximate Duration: 3 ½ hours

Level 1, Family Recommended

Don't miss this brand new world-class attraction. The Barbados Concorde Experience is one-of-a-kind in the Caribbean and very few places in the entire world can call themselves home to a Concorde. However, thanks to its close links with Barbados during its flight operation, this is exactly where you can find G-BOAE now. A leisurely drive along the lively south coast of Barbados will take you to this state-of-the-art facility. Learn about the history of flight and particularly supersonic flight. 'Engineered for Speed', a visual show with sound and light effects, will leave you breathless and feeling that you have just witnessed a spectacular takeoff. A visit into the interior of this amazing aircraft will give you a chance to experience how passengers felt traveling on it. When exiting you 'land' right back in Barbados and now it's time to explore some of the island. Leaving Alpha-Echo you'll enjoy incredible views of the picturesque east coast as you drive through the countryside passing many quaint villages with their friendly locals.

Your final stop will be at a local 'rum shop', where you'll have the opportunity to take in some 'Bajan' culture and enjoy a refreshing drink before departing for the port. To guarantee a smooth flow through the Barbados Concorde Experience this tour might sometimes be done in reverse. The tour content will however not change

Tour Code: BGI\_49

Aerial Trek Zipline Adventure

Approximate Duration: 3 hours

Level 3, Age & Weight Requirements

Your adventure will begin when you leave your ship with a scenic ride to the home base. For those interested in experiencing the adrenaline rush of zipping through one of Barbados's most beautiful sites, your wish is our command. Upon arrival at Aerial Trek, you'll be given your safety briefing and outfitted with safety gear that will include your harness system for use on the tour, helmets and gloves. Your tour takes you over eight platforms each with our experienced guides who will provide you with information on different areas of the ecosystem you are experiencing as well as ensure your safety as you move from platform to platform. After your time of fun you'll take a short walk on the gravel trail back to the base camp where you can enjoy a refreshing drink or browse our souvenir shop before you board the bus to take you back to your ship.



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**Note:** Participants must be at least 12 years of age and weigh no more than 250 lbs. Closed and comfortable footwear is required for this tour. This tour is not recommended for pregnant woman or persons with back, neck or heart problems.

Tour Code: BGI\_50

4x4 Safari & Shipwreck Snorkel

Approximate Duration: 4 hours

Level 2, Age & Weight Requirements

Explore Barbados on land and by sea. Enjoy a snorkel experience on a unique power boat and an exploration of the island's beauty on a specially rigged 4x4 vehicle. Snorkel over a shallow shipwreck and view tropical fish, sea horses and more. Afterwards, discover the natural beauty of Barbados hidden in the countryside. Your driver will take you into the interior of Barbados winding your way through the greenery of sugar cane estates and the Scotland district with breathtaking views of the Atlantic pounding the coastline. Drive through Hometown where the first settlers landed in 1627 and have the opportunity to view many of the west coast mansions before returning to your ship.

**Note:** Participants must be at least 4 years of age and in good physical condition. Maximum weight allowed is 260 lbs. This tour is not recommended for pregnant women or those who are afraid of heights or have health conditions. Wear your swimsuit, closed-toe shoes, shorts or long pants and bring a towel. Sea conditions may cause snorkel location to change.

Tour Code: BGI\_51

Private Safari

Approximate Duration: 6 hours Level 1, Meal, Age & Weight Requirements, Family Recommended, Ultimate Touring

This expedition will take you into the interior of the island to view the scenery of the Barbados countryside which will leave you breathless. Over on the east coast, discover the beautiful bays and enjoy a delicious hot Bajan buffet which will be served in a unique setting at the Bathsheba Beach Cabin. Free from the hustle and bustle of the commercial area, the private safari shows you the heart and soul of Barbados and its people.

**Note:** Participants must be at least 4 years of age and in good physical condition. Maximum weight allowed is 260 lbs. This tour is not recommended for pregnant women or those who are afraid of heights or have health conditions. Wear your swimsuit and bring a towel. Price is for groups of 10 and not per person, so only one person in the party needs to book. Availability is extremely limited, so guests are encouraged to secure their private safari reservation as early as possible. Your private party may be of any size up to the maximum capacity. Maximum passenger total is 10.

Tour Code: BGI\_52

George Washington House & Gun Hill Station

Approximate Duration: 3 ½ hours

Level 2

Drive through the center of Bridgetown, with National Heroes Square and the statue of Lord Nelson before turning onto the south coast and into the historic area of Garrison Savannah. Your first stop is the George Washington House. The Barbados National Trust has lovingly restored this historic building where the famous statesman stayed during his only trip abroad. Learn all about this fateful visit and life in Barbados in the 18th century. Departing Bush Hill you'll take a leisurely drive along the Garrison Savannah to learn more about this historic area before you turn inland to Gun Hill Signal Station. This Signal Station is strategically placed on the highland of St. George. It commands a magnificent view from east through south to west. It was built in 1818 and was part of a chain of stations used to signal the approach of enemy ships. The Statue of the Lion was carved out of a single piece of rock in 1868 by an officer at the signal station and contains an interesting collection of military memorabilia.

Tour Code: BGI\_53

Segway Adventure

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements

Come and enjoy the incredible scenery of Barbados's interior with its gullies and fantastic ecosystem – on a battery operated Segway. A scenic drive will take you to the starting point where you'll be given instructions on the use of your off-road Segway. Don't worry, it's easy and anyone can do it after just a few brief instructions. After fitting your helmet, you're off on your off-road adventure. The views are fantastic, the ride is easy and you'll enjoy every moment of it.

**Note:** Participants must be at least 15 years of age and weigh a minimum of 90 lbs. Maximum weight is 270 lbs.



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We recommend you wear closed-toe shoes and long pants. This tour is not recommended for those with back and neck problems or pregnant women.

Tour Code: BGI\_57

Hike & Cave Adventure

Approximate Duration: 3 hours

Level 3, Age & Height Requirements

This tour takes on a mildly challenging hike through one of the most natural and interesting environs on the island, Formed thousands of years ago as a result of collapsed caves and now naturally vegetated by numerous tree and plant species, gullies represent the last areas of mature forest vegetation and refuge for wildlife in Barbados. They are some of the most beautiful places one can visit and support unique and rare plant life unseen elsewhere on the island. Our experienced local tour guides will take you through Harris or Jack-in-the-Box Gully, where towering trees, hanging vines, rare palms and unusual rock formations will be the highlights on an eco experience through Barbados' best kept secrets. After a thrilling yet relaxing hike, you'll be able to gain a deeper experience of the island as you make a descent into Coles Cave. You'll be issued helmets and head lamps and given a safety briefing and a short history of the area and the cave. After this, the adventure begins with a rope-assisted descent into the cavern which houses the entrance of the cave. This underground expedition takes you into the depths of the island. Once inside, you can marvel at the naturally formed sculptures within the walls of this underground wonder. Trek through streams of refreshing spring water as you listen to the therapeutic sounds of the waterfalls filling the naturally formed pools that are formed at intervals along the corridor of the system. After this unforgettable experience, return to the surface for a refreshing snack of locally made breads and a cool drink.

**Note:** Participants must be at least 12 years of age or at least 4 feet 4 inches tall. The hike is an approximate 900 to 1,200 feet on uneven forested floor and the trail is muddy so you'll get dirty. Please dress appropriately. We recommend you wear comfortable closed-toe shoes and bring insect repellent. This tour is not recommended for pregnant women or guests with back or neck injuries. There is an approximate 20 foot descent on a guided and controlled downward rope access to the Coles Cave entrance and back to the nature trail. Helmets will be supplied and must be worn during this portion of the tour. You may be required to fit through relatively close spaces.

### BARBADOS DIVE IN™ TO ADVENTURE

Tour Code: BGI\_24

Turtle & Shipwreck Snorkel

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements, Family Recommended

Take a sleek, powerboat or pontoon cat to the snorkel site, home to the endangered hawksbill and green turtles. After snorkeling with the turtles, explore the hidden bays along the west coast as your guide regales you with local folklore. Then, head to the south coast to visit the Berwyn shipwreck in Carlisle Bay. A final stop is made at one of Barbados' most beautiful beaches where you can swim or relax before returning to your ship.

**Note:** Participants must be at least 4 years of age, in good health and must be able to walk and swim unassisted. Maximum weight is 260 lbs. Sea conditions may determine changes to the tour stops. Snorkels, masks and snorkel vests are provided. Life vests must be worn at all times. Wear your swimsuit and bring a towel.

Tour Code: BGI\_31

Discover Scuba

Approximate Duration: 5 hours

Level 2, Age Requirements

The wreck sits on a sand patch and is surrounded by coral and some large coral heads. See the corals and fish that live on the reefs. Your PADI instructor will guide you through your introduction and then accompany you on your journey to this magnificent hidden world.

**Note:** Participants must be at least 10 years of age. No prior Scuba certification is necessary. Equipment is included. This is not a certification program. You must sign a waiver in order to participate. Bring a towel.



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Tour Code: BGI\_32

Certified Scuba

Approximate Duration: 2 hours

Level 2, C-Card

The first dive takes you 60-70 feet for 35-40 minutes on an outer reef. The second dive, on an inner reef, is at approximately 40-60 feet and a duration of 40 minutes. This reef is known for hard and soft corals, big barrel sponges as well as tube and vase sponges.

**Note:** Participants must sign a waiver. You must present a certification card and have dived within the last 12 months. You must sign a waiver in order to participate. Bring a towel.

## Castries, St. Lucia

**\*\*The following tours in St. Lucia are only available for guests on the December 4, 2009 sailing\*\***

Tour Code: SLU\_03

Island Splendor

Approximate Duration: 3 ½ hours

Level 2, Family Recommended

This delightful drive encompasses scenic views of banana plantations, vibrant tropical foliage, silk-screen production and an insight into St. Lucia's historical past. Winding up the hills, your first stop is at Bagshaws Art Studio, known for its exquisite tropical designs on hand-made silk-screened fabrics. Learn about the silk screen-printing process, and then take a few moments to relax on the verandah with lovely vistas. Traveling on, you'll pass historic Morne Fortune, and see beautiful banana plantations set between hills before stopping for a brief visit at Anse la Raye, a typical fishing village with colorful dug-out canoes and tiny wooden houses. Wander along the waterfront before heading off to view the exotic Marigot Bay, a beautiful yachting anchorage, and then head to a local restaurant for a rum or fruit punch.

**Note:** There are several steps at Green Parrot Restaurant. Passengers with walking difficulties are asked to take this into consideration.

Tour Code: SLU\_04

Between The Pitons Catamaran Cruise

Approximate Duration: 5 hours

Level 1, Meal, Family Recommended

A trip to St. Lucia is not complete without seeing the Pitons, majestic twin peaks on the island's south end. Travel there and back in a custom-designed catamaran equipped with shower, restrooms, sun deck and limited shade. Coastal cruising leads to the base of the Pitons for a brief stop. See the quaint town of Soufriere, a colorful historical town of French flavor and character. Then head to the deserted cove of Anse Cochon while savoring a tasty Creole-style buffet lunch and if conditions permit, you'll have a chance to swim.

**Note:** Buffet lunch is served on board. Complimentary fruit juice, soft drinks and water are served. Rum punch is served only after swimming. Wear your swimsuit and bring a towel.

Tour Code: SLU\_05

Pigeon Island Sea Kayak

Approximate Duration: 3 hours

Level 3, Age & Weight Requirements

After a brief transfer to Rodney Bay, a safety briefing and kayaking lesson will be provided prior to your approximately 30-minute paddle on a two-person kayak. Because of the calm water and the relatively short distance to paddle, this tour is ideal for novices. Your guide narrates the interesting history of the area, from the days of the pirates to the occupation of Rodney Bay. Upon arrival at the island, you'll have ample time to enjoy the small beach, swim and kayak and explore the ruins of 18th-century British fortifications and the small museum and interpretive center. A beverage and light snack will be served, and there is a restaurant/bar for your convenience.

**Note:** Participants must be at least 12 years of age and in good physical condition. Maximum weight is 200 lbs. Safety vest, kayaks and paddles are included. Wear your swimsuit and bring a towel and adequate sun protection.



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Tour Code: SLU\_07

Volcanic Expressions & Beach Escape

Approximate Duration: 6 ½ hours

Level 2, Meal, Age Requirements, Family Recommended

Travel by land or sea to view the magnificent Pitons; visit the Sulphur Springs, Botanical Gardens and Diamond Mineral Waterfall. Continue along a winding road near the rainforest bypassing the villages of Anse La Raye and Canaries before coming to Soufriere, where the dramatic towering twin pinnacles "The Pitons" majestically rise more than 2,500-feet. Visit the Sulphur Springs the world's only drive-in volcano, the lush Botanical Gardens and Diamond Mineral Waterfall, before continuing to Soufriere Bay where you'll board a catamaran/boat for the sea portion of your tour. Enjoy a delicious buffet lunch while cruising to the tranquil cove of Anse Cochon.

**Note:** Participants must be at least 5 years of age, in moderate physical condition and must be able to walk, climb and/or manage several steps. The swimming location may change due to weather conditions. There is limited shaded and sheltered area on board. Order of tour may vary.

Tour Code: SLU\_09

Caribbean Pirates Extravaganza

Approximate Duration: 4 hours

Level 1, Age & Weight Requirements, Family Recommended

Experience the ultimate Caribbean adventure aboard the 140-foot, 19th-century tall ship, Brig Unicorn (this actual ship has been used in Disney's movie Pirates of the Caribbean and the epic Roots). Enjoy the billowing sails and tropical sounds as you sail along the coast northward to historic Pigeon Island and famous Fort Rodney. Hold on to your punch as the Brig's cannons thunder in a mock pirate attack. Disembark and be taken ashore in a small boat for your pick of swimming, hiking or sightseeing and engage in a real pirate's treasure hunt! Back onboard, enjoy an array of delicious snacks, along with rum punch and sodas.

**Note:** Participants must be at least 6 years of age. Minimum weight is 30 lbs. Maximum weight is 300 lbs. Wear your swimsuit and bring a towel and rubber-sole shoes.

Tour Code: SLU\_12

St. Lucia Beach Break

Approximate Duration: 4 hours

Level 2, Family Recommended

Board an air-conditioned bus for a short drive to Rodney Bay – known as the island's most popular tourist area. Reduit Beach is one of St. Lucia's popular beaches with one mile of golden sand. At the beach, your guide gives a brief orientation of the beach facilities. Relax in a complimentary beach chair in a specially designated area and enjoy three hours of fun in the sun. There are several beach bars to purchase drinks and snacks. Umbrellas are available at an additional charge.

**Note:** Participants must be able to climb steps and walk over cobblestone and relatively even surfaces with a few stairs to negotiate. An alternative beach will be used depending on weather and sea conditions. All beaches in St. Lucia are public and can be crowded at times. Water sports equipment is available for rental. Restroom facilities at the nearby hotel may be used as changing rooms. Wear your swimsuit and bring a towel.

Tour Code: SLU\_15

Horseback Beach Adventure

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements

Upon arrival at the stables you'll be given a briefing and issued a protective helmet. Then, you'll be assigned a horse according to your skill and size. Your tour will head east at a gentle pace for about 20 minutes, until you reach a beautiful secluded beach of Cas En Bas, overlooking the Atlantic Ocean. Riding along the beach is everyone's dream and your guides will help you take photos at each picturesque spot. Experienced riders need only ask and the guides will take you for a canter along the beach. After this delightful tour you'll head back to the stables with fond memories.

**Note:** Participants must be at least 10 years of age and in good health. Minimum weight is 60 lbs. Maximum weight is 250 lbs. This tour is not recommended for those with back, leg, neck and hip problems. Pregnant women are not allowed to participate. Waivers are signed prior to riding. Wear your swimsuit, long pants and bring a towel.



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Tour Code: SLU\_18

Deep Sea Fishing

Approximate Duration: 4 hours

Level 2, Age Requirements

Leaving the Castries harbor in a fully-equipped Bertram Boat, you'll cruise three to four miles off the west coast of St. Lucia from the north to the south of the island. Although the tour is a fishing expedition, there are over 40 different species of whales and dolphins here, and the sighting of one of these species is a possibility. Nevertheless, the main thing on your mind is a catch, and the variety of fish in these waters include marlin, sailfish, king fish, mackerel, jack fish, yellow fin tuna, Dorado, Wahoo and barracuda.

**Note:** Participants must be at least 10 years of age and in good physical condition. Passengers prone to motion sickness are advised to take medication prior to the tour.

Tour Code: SLU\_20

Dolphin & Whale Watch

Approximate Duration: 3 hours

Level 1, Age Requirements, Family Recommended

Join us in the excitement of searching for some of the world's greatest mammals. You may spot sperm whales, dwarf sperm whales, pilot whales, and humpback whales, spinner dolphins, spotted dolphins, bottlenose dolphins, and Fraser dolphins. Relax in a fast hydrophone-equipped boat and keep your eyes peeled and listen closely to hear the cry of the whales.

**Note:** Participants must be at least 4 years of age and must be able to negotiate a few steps. Those suffering from motion sickness are advised to take medication prior to this trip. While every effort is made to locate the dolphins and whales, actual sightings cannot be guaranteed.

Tour Code: SLU\_24

Soufriere & Piton Falls

Approximate Duration: 4 ½ hours

Level 2, Age Requirements

After ascending Morne Fortune, with its dramatic views and historic ruins, you'll travel down the west coast road to Soufriere. Drive through the outskirts of the rainforest and stop at lookout points for scenic photographs as your guide provides a narrative of the island's rich history, flora and fauna. In Soufriere, you'll visit the warm Piton Falls. The 60-foot falls, a natural blend of two rich springs, one very hot and one very cold, are the closest thing to a hot shower the island's rainforest can provide. The water, fed by the nearby Sulphur Springs, is said by locals to have curative powers, tackling everything from arthritis to eczema. A short walk along a concrete and gravel path with natural and hand-made steps takes you to a pool with steamy mineral-rich water surrounded by a luxuriant rainforest. Soak your cares away as you relax in the natural hot tub, complete with underwater chairs, for half an hour. Finally, you'll stop at the Beacon, a hilltop restaurant for breathtaking views of the town as well as the majestic Pitons.

**Note:** Participants must be at least 8 years of age, moderately fit and able to walk and climb approximately 100 natural and hand-made steps, inclines and uneven surfaces. Guests who suffer from motion sickness should take medication prior to this tour. Roads are winding and bumpy.

Tour Code: SLU\_25

Rainforest Aerial Tram

Approximate Duration: 3 hours

Level 1, Family Recommended

The Rainforest Sky Ride in St. Lucia provides you with a bird's eye view of a truly mature oceanic rainforest. Nurtured by warm, gentle rains and rich volcanic soils, St. Lucia's forests have achieved a state of ancient majesty. Gondolas safely glide you through and over the tree tops, where knotted and twisting woody vines wind to the tops of old growth rainforest trees. Dense thickets of surreal vegetation merge with cascades of flowers. Lavender stars, orange bursts, yellow berries and white lace thrive on the branches of fragrant flowering trees. Giant 'Chatannier,' magnolia, and gommier trees tower over the landscape and provide food and shelter for St. Lucia's endemic and endangered parrot. Experience St. Lucia's forest and witness this ancient celebration of color and life.

**Note:** Restaurant facilities and a snack bar are available for an additional charge at the premises for your convenience.



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Tour Code: SLU\_28

Deluxe Pitons at Ladera Resort

Approximate Duration: 6 hours

Level 1, Meal, Age Requirements

Your one-hour and 20 minute journey from Castries takes you to the best view of the Piton Mountains from Ladera, the first Caribbean hotel to be rated #1 by Conde Nast Traveler. This little paradise offers an intimate experience and commanding view of the twin peaks. Ladera has opened its doors to Oprah, Bill Gates and many other celebrities like Harrison Ford and Denzel Washington. Renowned chef Orlando Satchell and his staff will prepare lunch for you including his delicious combinations of freshly caught fish and locally-grown, freshly picked products presented in a style of casual elegance. On your return journey, a brief stop at Marigot Bay allows for a final photo opportunity before returning to your ship.

**Note:** Participants must be at least 12 years of age.

Tour Code: SLU\_30

Sky Canopy & Aerial Tram

Approximate Duration: 5 hours

Level 2, Age & Weight Requirements

Travel through St. Lucia's countryside and the communities of Babonneau, Fond Assau and Chassin. Upon arrival at the Rain Forest Sky Rides Eco Park you'll gear up as your naturalist tour guide gives a safety introduction and then accompanies a group of no more than eight persons to the training cable for a trial run. After successfully completing the training cable, board the Aerial Tram which will transfer you through the wonders of the rainforest to the top station where you disembark. Continue on a trail descending through the thicket of the rainforest and after a hike of approximately 30 minutes you reach the first sky canopy platform. The first zip cable is only the beginning of an exhilarating experience. In all, you'll glide along 10 zip cables. Fly among the high rainforest trees and enjoy great views of the north of the island, Atlantic Ocean and the Caribbean Sea. After this exhilarating experience, board the aerial tram and relax in the comfort of your gondola while you enjoy fantastic views and the nature around you.

**Note:** Participants must be at least 12 years of age and weigh no more than 300 lbs.

Tour Code: SLU\_32

ATV Adventure & Beach

Approximate Duration: 3 hours

Level 2, Age & Weight Requirements

This tour will introduce you to an area of the island which is off the beaten track. After a short drive, you'll arrive at the orientation center and be outfitted with helmets, safety goggles and safety instructions. The ride takes you to Esperance Beach where you'll stop for a cool refreshing drink and a light snack. Conditions permitting, you may swim, explore the surroundings or simply relax and enjoy the beauty of nature.

**Note:** Participants must be at least 12 years of age and 18 years of age to drive ATV. Maximum combined weight on ATV is 400 lbs. ATV accommodates two. Guests must wear long pants and closed-toe shoes or sneakers, swimsuit and bring a towel. A waiver must be signed. Helmets and goggles must be worn at all times on the bike.

Tour Code: SLU\_33

Natures Wonders

Approximate Duration: 3 ½ hours

Level 2, Family Recommended

A scenic drive through the countryside and mountainous region takes you along the outskirts of the rainforest to the Mabouya Valley and the beautiful Fond D'Or National Park. Upon arrival at Fond D'Or, you're greeted by a knowledgeable guide who'll walk with you through this awe-inspiring area. Walk through the local herb garden where you'll learn the medicinal and cooking powers of the local herbs grown here. A pathway through the trees leads you to the area of the secrets of the La Sorcerer (The Sorceress) Mountain, the mother of all mountains believed to have supernatural powers, which was worshipped by the Amerindian Indians. Next to the La Sorcerer is the Mabouya Man, lying in the ocean, believed to grant all favors if asked. He was worshipped by the Amerindians and it is believed that much of their treasure lies buried at his feet. Also meet the famous 'Bird Whisperer' who will use his talents to bring some of the rarest tropical birds nearer for an up-close-and-personal experience. Drive through the quaint fishing village of Dennery for a glimpse of the fisher folk as they go about their daily lives. Then it's onwards to the rainforest area where a knowledgeable guide from the Forestry Division will greet you. Enjoy a brief walk through the forest as your guide explains the various plants and points out any rare or beautiful birds that inhabit the area.



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Tour Code: SLU\_35

Historical Island Tour

Approximate Duration: 3 hours

Level 1, Age Requirements, Family Recommended

Your tour begins with a drive through the capital, Castries, up along the La Toc road to the La Toc Battery. Here many stories will be told of how the British defended the island against the French. Continue on your journey bypassing the official residence of the Governor General before driving through the historic Morne complex to view the Inniskilling Monument which was erected in honor of the 27th Inniskilling Regiment who captured the Morne from the French for the British in 1796. Traveling on, you'll pass banana plantations in the valley before stopping in the village of Anse la Raye – a typical fishing village. Stroll along the waterfront and visit the Roman Catholic Church or the vendors to pick up an item as a memory of your visit to the island. A stop is made at the Marigot Bay viewpoint to capture the tranquil blue lagoon surrounded by the green hills. Heading up from the valley, visit St. Mark's – an old colonial style house which is strategically placed high up in the hills and offers a panoramic view. Capture the magnificence of Castries harbor and your cruise ship as a backdrop amidst the deep blue sea.

**Note:** Participants must be at least 5 years of age.

Tour Code: SLU\_36

Tree Top Canopy Adventure

Approximate Duration: 4 hours

Level 2, Age & Weight Requirements, Family Recommended

Your adventure begins as you venture on a scenic drive down the valley and along the east coast to the welcome centre in the heart of the rainforest at Errard Estate. Upon arrival at the site, you'll be given a safety briefing and outfitted with safety gear that will include a harness system, helmets and gloves. Your tour takes you over nine platforms, each with two experienced guides who will provide information on different areas of the eco-system as well as to ensure your safety as you move from one platform to another. The wonderful views will take your breath away. There is a short walk to platform 3 and the walk to platform 8 is a little long – but not too difficult – with steps going upwards but with rope railings to assist. After this fun-filled, thrilling experience, take a short walk along a natural trail, and back to the welcome center for a cool refreshment.

**Note:** Participants must be at least 8 years of age and in good physical condition. Maximum weight is 275 lbs. pregnant women, persons with pre-existing or recurrent medical conditions, and/or persons with fear of heights should not participate. We recommend you wear long or pants or shorts, closed-toe footwear or Teva®-type sandals.

Tour Code: SLU-40

4 x 4 Waterfall Safari

Approximate Duration: 3 ½ hours

Level 2, Age Requirements

Explore the northwest of St. Lucia by jeep. You'll be picked up from the harbor in an open-top all-terrain land rover jeep and then drive down to the west coast road, right through Roseau Valley, St. Lucia's largest banana plantation and through small villages in the countryside. When you arrive at the outskirts of the rainforest, you'll pause on a high mountain ridge, catch your breath and refresh your senses. You'll continue your journey passing through the fishing village of Anse La Raye, before arriving at the River Rock waterfall. After walking a short distance, you can take a refreshing swim in the natural swimming pool.

**Note:** Participants must be at least 8 years of age. Wear your swimsuit and bring a towel. This tour is not recommend for pregnant women or persons with heart or back problems or other ailments or disabilities.

### ST. LUCIA DIVE IN™ TO ADVENTURE

Tour Code: SLU\_52

Scuba Diving at Marine Reserve

Approximate Duration: 4 ½ hours

Level 2, C-Card, Age & Weight Requirements

Depart the ship on a PADI-qualified, professional diving boat and take a leisurely cruise along the west coast, past a few resorts and fishing villages before arriving at your destination for diving. After your first dive, return to the boat for refreshments and a light snack before heading out for your second dive which could include a wreck, wall dive or reef dive.

**Note:** Participants must be at least 15 years of age, present a certification card and have dived within the last 12



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months, and must sign a waiver. Maximum weight is 280 lbs. As this is a two-tank dive tour, there is a one-hour rest period between the first and second dive and the depth ranges between 40-75 feet. Depending on qualification level and skill of the diver, a deeper depth is possible. Bring a towel.

## Basseterre, St. Kitts

Tour Code: BAS\_01

Best of St. Kitts

Approximate Duration: 3 ½ hours

Level 1

Your tour guide will take you through Basseterre, the oldest town in the Eastern Caribbean where elements of French and British colonization have been carefully preserved – Berkeley Memorial, Independence Square (a former slave market) and the impressive architecture of the buildings surrounding them both. Highlights of your tour will include Brimstone Hill Fortress and National Park, known as the Gibraltar of the West Indies; it protected British interests in this part of the Caribbean during the 18th and 19th centuries. Visit Caribelle Batic and watch as local artists transform Sea Island cotton into stunning Batik fabrics. Romney Manor set in extensive and meticulously maintained grounds, is a 12-acre botanical paradise and a wonder to behold. Your final stop will be at the top of Timothy Hill. Prepare to feast your eyes on absolutely breathtaking scenes.

Tour Code: BAS\_04

Plantation Tour – Off the Beaten Path

Approximate Duration: 3 ½ hours

Level 2

Travel off-road into the heart of the island in specially modified British-made Land Rovers, and discover the real beauty of exotic St. Kitts. Drive through quaint country villages, before traveling up into cool mountain forests, to later re-emerge on the islands opposite coast to return along the windswept Atlantic coastline. Stop at a number of sugar plantations and revel in the history of sugar cane cultivation on St. Kitts as you travel off the beaten track. Your experienced naturalist guide will give fascinating insights into the sugar plantation heritage of St. Kitts as well as the evolution of the sugar industry. The route takes you into parts of the lush rainforest, where you may catch a glimpse of shy green Vervet monkeys, and other tropical flora and fauna. Be sure to bring your camera for exquisite nature photos. Enjoy a light refreshment of exotic Caribbean fruit in season, home-made island juice drinks and local rum. Mmmm!

**Note:** We recommend you wear comfortable walking shoes.

Tour Code: BAS\_06

Island Adventure 4x4 Safari

Approximate Duration: 3 ½ hours

Level 2, Age Requirements

Imagine being on board a 4x4 ex-British Army troop truck in the Caribbean, being taken on an island adventure across the crest of a panoramic peninsula mountain range. Imagine stopping at strategic lookouts for breathtaking views of the turbulent Atlantic Ocean and the sleepy Caribbean Sea – all at the same time! After boarding the 4x4 troop truck, proceed along the outskirts of Basseterre, the capital, passing through the resort area of Frigate Bay, with its 18-hole championship golf course. Upon reaching the crest of Timothy Hill, a brief photo stop is made to experience awesome views of this pristine area. From there, drive across this winding mountain highway, before stopping at another photo locale with excellent views of the rugged coastline and Basseterre, the capital in the distance. Proceeding onwards, you arrive at a scenic lookout to hear stories of the Overseer's House and be entertained by tales of this environmentally protected area, which was once a thriving village. Upon returning from your leisurely wander, you climb into the truck and continue to the extreme tip of St. Kitts to Cockleshell Bay where you can take a plunge in the warm Caribbean Sea, explore for seashells and enjoy the views of Nevis our sister Island, across The Narrows, the channel separating the Federation. Then enjoy local island snacks, fruits in season and fruit juices, which are served to excite your taste buds. After this exhilarating excursion, you return to your ship via the same route.

**Note:** Participants must be at least 6 years of age. This tour is not recommended for the physically challenged.



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Tour Code: BAS\_07

Sail & Snorkel Adventure

Approximate Duration: 3 ½ hours

Level 2, Age Requirements

After boarding a custom designed 'Maxi-Cat', a brief orientation to familiarize you with safety procedures and an introduction to the crew is given. The sails unfurl and the leisurely cruise proceeds along the leeward coast of St. Kitts, passing the Frigate Bay resort area and the palm-fringed Friars Bay, on your way to your snorkeling destination, the secluded cove of Shittens Bay. This calm, unspoiled location is only accessible by sea and shelters an abundance of marine life, with several varieties of reef fish and beautiful coral formations. After this snorkeling adventure, the sails are hoisted for the final tranquil trip back to your ship. Enjoy an open bar serving ice-cold beer, rum punch and a variety of full premium liquors and soft drinks.

**Note:** Participants must be at least 6 years of age. Wear your bathing suit and bring a towel and sunscreen.

Tour Code: BAS\_10

Rainforest & Gardens

Approximate Duration: 4 hours

Level 2, Family Recommended

Visit the picturesque Romney Gardens at Wingfield Estate. This 12-acre setting is also the site of the Caribelle Batik Studios. During this brief stop you'll find time to enjoy the stunning, manicured grounds as well as take a brief studio tour and orientation. Time will facilitate purchases of the world-renowned wall hangings and apparels for which Caribelle Batik is justifiably famous. Then journey into a lush St. Kitts tropical rainforest for an exhilarating nature walk. Meander along a flat, looped trail deep into the cool green chambers of our rare, bio-diversity rich rainforest. Enjoy fresh home-made Caribbean juices, fruits in season, pastries and spring water, which are offered before and after the hike. Sample fresh, tropical fruit juices, as you listen to ole tales of years gone by.

**Note:** We recommend you wear comfortable walking shoes.

Tour Code: BAS\_12

Caribbean Scenic Rail

Approximate Duration: 3 hours

Level 1, Family Recommended

This unique 'island tour' runs in a complete circle around St. Kitts allowing visitors the opportunity to see the entire country by rail and highway in only three hours. No trip to this two-island federation is complete without the experience of traveling on the St. Kitts Scenic Railway, one of the most beautiful train rides in the world. This one-of-a-kind narrow gauge railroad was built almost a century ago to deliver sugar cane from the fields to the sugar mill in the capital city of Basseterre. The railway now provides a fascinating way to see the island from the comfort of double-decked railcars built specifically for touring the island of St. Kitts. All guests have a seat on both levels of the railcar. The upper level features a spacious open-air observation deck with panoramic views of the surrounding countryside. The lower level provides air-conditioned comfort with expansive six-foot vaulted windows. Island ambiance is evoked with comfortable rattan furniture, complimentary specialty drinks, island music sung by the Scenic Railway Choir, and a colorful narrative history of the Caribbean. On this memorable journey, the railway hugs the northeastern coastline where rippling fields of sugarcane stretch from the shoreline up to the mountains. The high volcanic peaks rise nearly 4,000 feet above sea level, coated with lush green rainforests. The train rolls across tall steel bridges spanning deep 'ghuts', or canyons, and winds through small villages and farms. Your railway tour narrator will point out abandoned sugar estates with overgrown chimneys and windmills, and provide insight into the island's unique history. Your experience is complimented by a scenic drive on board the Scenic Railway's sightseeing buses along the southwestern coast. Enjoy excellent vistas of Brimstone Hill Fortress, the British 'Gibraltar of the West Indies'; Middle Island where Thomas Jefferson's great-grandfather is buried, and the neighboring island of Nevis, birthplace of American statesman Alexander Hamilton, the first Secretary of the U.S. Treasury.

**Note:** Order of tour may vary.

Tour Code: BAS\_13

City Tour & Beach

Approximate Duration: 4 ½ hours

Level 1, Family Recommended

Join us for a city tour and beach transfer second to no other. Indulge deep into Kittitian culture as your guide provides colorful and detailed commentary on St. Kitts and its capital city Basseterre. Basseterre seized from the



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French in the battles of the 1600s provides a unique backdrop to many landmarks of local and international significance namely the Old Treasury Building, the Berkeley Memorial, the Public Market, the War Memorial and the Anglican Church. The tour takes you through the Frigate Bay area a haven for sun seekers, golfers and developers alike. Though located on the arid eastern side of the island, Frigate Bay is home to the St. Kitts Marriott Resort, Royal St. Kitts Golf Course and a cadre of traditional Caribbean hotel and homes washed by the Atlantic Ocean, the Caribbean Sea or perched high atop one of its mountainous ridges. Perhaps the best way of enjoying "St. Kitts, the Next Caribbean Adventure" is by spending a few hours at Monkey Bar on Frigate Bay Beach. Monkey Bar, set directly on the sands, is an airy, sun-flooded restaurant and one of the most popular beach and lunch stops on the island. Menu specialties of grilled lobster, pasta salads and BBQ ribs are familiar, but extremely flavorful. Spend time swimming, snorkeling the offshore reef, relaxing on the verandas, laying in a hammock or testing your buying power in the gift shop. Ocean kayaking, sun fish rental and volleyball are available.

Tour Code: BAS\_15

Fortress National Park & Gardens

Approximate Duration: 3 hours

Level 2, Family Recommended

Your excursion gets off to a start with a driving tour of the French built, capital city of Basseterre founded in 1625. Within the confines of the city lie many landmarks of its undaunted past. The concentration of the two story buildings are dominated by Georgian architecture, cut stone work, cobblestone streets, squares, forts and monuments, all gentle reminders of the many cultures that once coincided on these beautiful shores. Your first stop is at Romney Manor, home of the world-famous Caribelle Batik. Visit the demonstration room, where the acclaimed artists illustrate the wax and dye process of Batik making. The Romney Manor Estate encompasses eight acres of historical ruins, ancient Carib Indian Rock drawings and a beautiful botanical garden. The tour then continues along the coastal road through remnants of sugar cane plantations to Brimstone Hill Fortress. At Brimstone Hill a video presentation on the fortress is shown for approximately seven minutes. This magnificent fortress, sitting impressively atop 38 acres of limestone and sulphur composites, is the result of 100 years of slave labor and has endured many wars fought between English, French and Spanish troops, for its control. From the fortress the tour returns to your ship via Basseterre's Caribbean Sea coastal road.

Tour Code: BAS\_16

Panoramic St. Kitts

Approximate Duration: 2 hours

Level 1, Family Recommended

From Basseterre, you'll travel across the coastal roadway of the island dominated by a lush rolling landscape and distinct remnants of old chimneys and steeples – perhaps reminders of the islands humble beginnings. Your first stop is Romney Manor, home of Caribelle Batik affording shopping opportunities and a quite escape for those who want to relax in the comfort of their botanical gardens. Next en route is the Frigate Bay basin which provides a panorama of views inclusive of the St. Kitts Marriott and Royal Beach Casino, the Royal St. Kitts Golf Course and many of the island's boutique hotels and inns emphasizing Caribbean elegance, style and charm. The Marriott provides an opportunity for shopping and refreshments. A grand finale to this experience is the elevated views from Timothy Hill in the Frigate Bay Basin, the virgin landscape of the south eastern peninsula and that of the Caribbean Sea and Atlantic Ocean at one glance across the half mile narrow of South Friars Bay. The tour returns to your ship immediately after Timothy Hill. Do come and join in for a wonderfully relaxing experience.

Tour Code: BAS\_18

Caribbean Scenic Rail & Sail

Approximate Duration: 4 hours

Level 1, Age Requirements, Family Recommended

This scenic rail and sail tour runs in a complete circle around the island allowing you the opportunity to see the entire country by train and then by catamaran. The St. Kitts Scenic Railway is one of the most beautiful train rides in the world. This one-of-a-kind narrow gauge railroad was built almost a century ago to deliver sugar cane from the fields to the sugar mill in the capital city of Basseterre. The railway now provides a fascinating way to see the island from the comfort of double-deck railcars built specifically for touring the island of St. Kitts. After arriving at La Valle Railway Station, you'll be transferred the short distance to Pump Bay to board your state-of-the-art catamaran. Sailing along the southwestern coastline of St. Kitts is one of the most spectacular voyages in the Caribbean. Enjoy excellent vistas of Brimstone Hill Fortress, the British 'Gibraltar of the West Indies', and the



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many sugar plantations that dot the coast. Small fishing villages nestle among the sugar cane fields at the foot of the lush green slopes of Mount Liamuiga. Pass Old Road, the first British settlement, founded by Sir Thomas Warner on the 28th of January 1624. You will sail around Bloody Point, where in 1626 the French and British came together to destroy the power of the Carib Indians. During the cruise back to Basseterre, you can enjoy the open bar for light refreshments.

**Note:** Participants must be at least 6 years of age. Tour may run in reverse order.

Tour Code: BAS\_19

4 x 4 Eco Safari Experience

Approximate Duration: 4 hours

Level 2, Weight Requirements

The driving eco-safari tour has been tailored for people who love outdoor adventure and have a genuine concern for preserving nature. Join us from the comfort of your outback safari as you visit some of the islands most naturally inviting places. An experienced naturalist guide points out local species of flora and fauna as the tour weaves its way through lush sugarcane fields and dense mountain forests. Enter the 'Land of the Giants' rainforest and explore the rich culture and history of St. Kitts.

**Note:** Participants must weigh no more than 250 lbs. to fit comfortably in the seat of the safari vehicle and must be able to handle the thin air of the rainforest. Trail may have declines/inclines in some areas. Safari vehicles are open-air.

### ST. KITTS DIVE IN™ TO ADVENTURE

Tour Code: BAS\_17

Snorkel St. Kitts

Approximate Duration: 3 hours

Level 1

Enchanting, impressive and breathtaking, are just few words to describe this snorkel safari. Your excursion gets off to a start from Port Zante Marina, where you'll board one of three snorkel boats. Cruise along the pristine and unspoiled south east Peninsula of St. Kitts. The snorkel stops will be as follows: White House Bay, Ballast Bay and Green Point. All of these sites are abundantly alive with a wide array of tropical fish and coral life. Fish life varies from day to day, but large turtles, eagle rays, stingrays, schools of salt water chub, snapper, angel, parrotfish, squirrel fish and sand sharks may be sighted. Many virgin reefs, volcanic and extensive soft corals, fans and sponges make up the reef life. Refreshments of local non-alcoholic drinks and water will be provided. Why not join us for an experience of a lifetime.

**Note:** Snorkel equipment is provided. Life vests must be worn at all times. Snorkel location may change due to weather.

## Miami, Florida

Tour Code: MIA\_01

Miami City Tour

Approximate Duration: 1 ½ hours

Level 1, Family Recommended, Debarck

View the metropolitan Miami area from the comfort of an air-conditioned motorcoach as your guide points out some of the most popular historic sights. Cruise along the trendy South Beach district, boasting the highest concentration of Art Deco buildings in the world. On nearby Star Island are the homes of Gloria Estefan and other celebrities. Drive along Brickell Avenue, the nation's second-largest banking center. Then, it's on to charming Coconut Grove. Finally, visit Coral Gables and see why this upscale area's diverse architectural styles and lavish landscaping have earned the title 'The City Beautiful.'

**Note:** This tour is only available for guests with flights after 2:00 pm out of Miami International Airport. Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debark tours.



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Tour Code: MIA\_02

Everglades Tour to Miami International Airport

Approximate Duration: 3 ½ hours

Level 1, Family Recommended, Debar

Explore the natural wonder of the Everglades from the comfort of your specially designed airboat. Informative, fun and exciting, this tour takes you deep into one of America's largest National Parks – the Everglades. Here you'll come face to face with alligators, exotic birds and native fish while gliding over an endless river of grass. Throughout the approximately 30-minute journey, your experienced guide will introduce you to the unique ecosystem of the park as you experience the vast expanse of this saw grass wilderness passing by lush vegetation, mangrove swamps and hardwood hammocks. Known for its rich bird life, particularly large wading birds, be on the look out for the roseate spoonbill, white ibis, wood stork, great blue heron and a variety of egrets. It's also the only place in the world where alligators and crocodiles exist side by side. Following your airboat ride you'll be able to explore the park on your own. The Reptile Show will provide you with an informative, interactive opportunity to become familiar with the features of the American alligators. You may also choose to take the Jungle Trail, which leads to an area featuring American alligators, and a crocodile exhibit, including various species from around the world.

**Note:** Participants must be able negotiate one large step to board the airboat. This tour is only for guests with flights departing after 3:30 pm from Miami International Airport. Guests are responsible for ensuring their debar tours are compatible with their departure flight times. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debar tours.

Tour Code: MIA\_03

Everglades Tour to Ft. Lauderdale International Airport

Approximate Duration: 4 ½ hours

Level 1, Family Recommended, Debar

Explore the natural wonder of the Everglades from the comfort of your specially designed airboat. Informative, fun and exciting, this tour takes you deep into one of America's largest National Parks – the Everglades. Here you'll come face to face with alligators, exotic birds and native fish while gliding over an endless river of grass. Throughout the approximately 30-minute journey, your experienced guide will introduce you to the unique ecosystem of the park as you experience the vast expanse of this saw grass wilderness passing by lush vegetation, mangrove swamps and hardwood hammocks. Known for its rich bird life, particularly large wading birds, be on the look out for the roseate spoonbill, white ibis, wood stork, great blue heron and a variety of egrets. It's also the only place in the world where alligators and crocodiles exist side by side. Following your airboat ride you'll be able to explore the park on your own. The Reptile Show will provide you with an informative, interactive opportunity to become familiar with the features of the American alligators. You may also choose to take the Jungle Trail, which leads to an area featuring American alligators, and a crocodile exhibit, including various species from around the world.

**Note:** Participants must be able negotiate one large step to board the airboat. This tour is only for guests with flights departing after 4:30 pm from Ft. Lauderdale International Airport. Guests are responsible for ensuring their debar tours are compatible with their departure flight times. Guests have the option to book their flights through our Premium Air Department to ensure that flight departure times do not interfere with debar tours.



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